



LEARNING OUTCOMES

At the conclusion of the badge members will be able to:

- assess an emergency situation;
- understand the need for CPR (Cardiopulmonary Resuscitation);
- demonstrate CPR on a mannequin.

BADGE REQUIREMENTS

1. Explain DRABCD principles in an emergency situation.
2. Understand the need for CPR.
3. Demonstrate CPR on a dummy.





Teaching Ideas

There is only one teaching idea for this badge and that is to use a **qualified trainer**. It is vital that the instructor has current knowledge in CPR as these processes can change frequently.

There are several suggestions to engage an instructor:

Red Cross	www.redcross.org.au
St Johns	www.stjohns.org.au

Both Red Cross and St Johns have courses designed for teenagers and present successful participants with a recognised certificate. There will be an associated cost, which may be reduced if you can meet the trainings minimum group numbers and/or if you use the name of The Salvation Army. You may need to consider some fund raising activities to help offset the cost of this training.

The training will probably be conducted at their site over half or one day. Training of 6 hours or more will meet the requirements of this badge.

Other trainers such as a nurse or paramedic may be available to provide instruction and revision over several weeks. You will need to discuss this with the trainer.

Remember that only a qualified person should provide instruction in CPR.

At the end of the badge work we want members to be proficient and confident in CPR skills so that they could save someone using these skills if required. This is the level that you should aim for when choosing an instructor.

Epsilon Star – a certificate from a recognised organisation (e.g. Red Cross or St. John's) can be credited toward the Epsilon Star.

Devotional ideas



1. **Title:** Life!
Bible: John 10:10 - 11, 14 - 15
Thought: Being of service means putting others before ourselves
Supplies: A Bible (CEV)

Divide the group into two's or threes and give each group a Bible. Each group is to read the Bible verse and discuss:

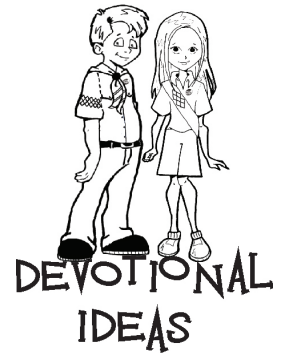
- According to the passage, what is the difference between a thief and the speaker (Jesus)?
- What do you think Jesus meant when He said that He 'came so that everyone would have life and have it in its fullness' (verse 10)?
- How does Jesus give life? (verse 15 may help)

Allow up to 10 minutes for discussion and then ask groups to share their answers.

Explain that for Jesus 'life' referred to a relationship with God. Jesus believed that the only true way to enjoy life and to experience the best of life is to know God. Before we can know God, the sin that keeps us from God must be dealt with. Because God is so holy, so perfectly good, no sin (that is lying, cheating, disrespect, disobedience and so on) can be near Him. Jesus explains how he dealt with our sin by laying down His life – taking our sin as His own and enduring God's punishment that we deserved – so that we can have a relationship with God. Jesus laid down His life so that we could have the kind of life He was talking about.

Jesus thought of others, i.e. our happiness and well-being, before His own. He was a true servant. We are also servants when we put the needs of others before ourselves.

Allow members a few minutes to think about how knowledge of CPR can be a way to serve others when needed in an emergency.





Devotional ideas



2. Title:

Others first

Bible:

2 Kings 4: 25-37

Thought:

Sometimes we have to perform unpleasant tasks in order to help others.

Supplies:

A Bible (CEV or GNB), flipchart or board, markers

Read the Bible verse from a contemporary version (CEV or GNB). Ask members to describe or retell the story in their own words.

Ask members if there is any part of the story they find unusual or would find uncomfortable doing (if members don't identify Elisha's action in verses 34 and 35 then direct their attention to this).

Ask members how they might feel if they had to do what Elisha did.

This task might inhibit us from helping someone in need. Ask members to think of other examples and list them on a chart or board, e.g. someone's age, weight or appearance.

Make the point that in the service of others we have to put aside our likes and dislikes, our prejudices and biases, to be ready and willing to assist anyone in need. We need to be prepared to do what ever it takes to help someone.