

KEEP IT NEAT

LEARNING OUTCOMES

Having completed this badge the Adventurers/Sunbeams will be able to:

- demonstrate how to keep their homes tidy;
- look after their own belongings and clothes;
- help in the household.

BADGE REQUIREMENTS

1. Explain why it is necessary to keep their home and its surrounds neat and clean.
2. Display knowledge of how to properly clean a bathroom basin and a bath or a shower recess.
3. Demonstrate how to keep their bedroom clean and tidy, including making the bed and putting clothes and toys away each day and dusting and vacuuming weekly.
4. Know how to wash and care for clothes.
5. Sort items for recycling from other rubbish by placing into correct bins.
6. Contribute to one of the following tasks with other family members: washing and drying the dishes or loading and unloading the dishwasher and then placing items away in their appropriate cupboards.

ADVENTURERS
SUNBEAMS

keep it neat



CATEGORY

Life To The
Max

TIME FRAME

Four weeks

AIM

To help the
Adventurers/
Sunbeams
become
contributing
members
of their
households.





Teaching ideas

This is a very practical badge needing discussion and demonstration of each requirement. This may be done by a SAGALA leader, helper, parent or other responsible adult. Some ways to do this would be to:

- organise to visit a home where a presenter can demonstrate some of these skills. (Make sure you follow the necessary safety and care procedures for taking your group away from the hall.)

Or

- Use your corps building – the kitchen, cupboards, grounds – to demonstrate these skills.


Keep it neat checklist

Use this checklist as the various tasks are explained and assessed.

	Date Completed
1. Explain why it is necessary to keep their home and its surrounds neat and clean.	
2. Clean a bathroom basin and a bath OR shower recess.	
3. Keep bedroom clean and tidy. 7-8s for 2 weeks 9-10s for 4 weeks	
4. Wash and care for clothes.	
5. Environmentally friendly rubbish sorting.	
6. Wash/dry dishes and put away OR load/unload dishwasher and put away.	

-  1. Explain why it is necessary to keep their home and its surrounds neat and clean.

Handout 1 may be used to help teach this requirement.

-  2. Display knowledge of how to properly clean a bathroom basin and a bath or a shower recess.

You may need rubber gloves, scourers and cleaning products.

Game

One member mimes, in as much detail as possible, a simple household cleaning job, e.g. washing the hand basin, cleaning a shower recess, taking out the rubbish, and so on. The others must try to guess what he/she is doing.

Teaching ideas



TEACHING
IDEAS



3. Demonstrate how to keep their bedroom clean and tidy, including making the bed and putting clothes and toys away each day and dusting and vacuuming weekly.

Photocopy the note 'Tidying my room' and explain to the children that they need to take it home and ask their parents/carers to help them.

Game

Play the concentration game on Handout 2 by matching similar cards AND/OR matching a cleaning product with a dirty house problem. Discuss how a clean home helps to keep its occupants healthy by reducing conditions that breed germs and insect pests.

Discussion

Use Handout 3 to discuss how to tidy a wardrobe.



4. Know how to wash and care for clothes.

Learning these skills helps the child realise that it is important to treat dirty marks on an article before putting it into the washing machine. Socks may even have to be soaked in a stain remover for some time! They should know how to place the washing powder or liquid in the machine, how to select the water temperature and water level on the machine, turn on the taps and power, take the clothes out of the machine and hang them out to dry. Show them how to remove the clothes from the line or drier and fold them neatly.

Send home a copy of the 'Washing my clothes' note for the parent/carer to sign that these tasks have been completed.

Game - Wash day relay

Play in teams with each team given 10 pegs and 5 pairs of socks. Teams compete to peg the socks (in pairs and by the toes) on a line you have set up. They are then unpegged, brought back and folded together ready to be put away. Whenever you give a signal the member doing the task must run back to the team and touch the next member who runs up to continue the task. The winning team will be the first to have 5 pairs of socks rolled together neatly.



5. Sort items for recycling from other rubbish by placing into correct bins.

Some of your group may have learned about this process at school and may know how to do this.

Activity

Sit your group on the floor in a large circle. Have a big bag of 'clean' rubbish – containing cans, cartons, newspapers, bottles etc that you can tip in the middle of the floor. Have chairs labelled as the various bins. Choose a member to pick up one item and place it on the correct chair and give a reason for his/her decision. The rest of the group can show their approval of the decision with a thumbs up sign.

OR

With the group sitting in a circle take turns describing some rubbish and where it should be placed, e.g. 'I had to take an egg carton out to the bin and I put it in the _____ bin.'



Teaching ideas



6. Contribute to one of the following tasks with other family members:

Washing and drying the dishes or loading and unloading the dishwasher and then placing items away in their appropriate cupboards.

The best way to teach and test this requirement is to demonstrate it and then do an activity where the members try it for themselves. There are two different Handouts provided to use as teaching tools if you want to use them. (Handouts 4 and 5.)

examples, that everything good comes from God. He gives them to us and He wants us to remember to thank Him especially for the things we enjoy.

Brainstorming: Have a large tree drawn on a board or chart. Call it *The Thanksgiving Tree*.

Give to each group about 12 leaf or fruit shapes and allow 60 - 90 seconds for them to write down one thing on each leaf or fruit that they want to thank God for. Then have each child bring out one leaf/fruit to pin onto the tree after they have said, 'I would like to thank God for _____. ' The other members of the group can indicate if they agree that it is a something that they want to remember to say thanks for.

Other ways we say 'Thank You God': Explain that from the beginning of time, people have always had reasons to say 'Thank you' to God.

The children may be able to tell you a grace that is said or prayed before a meal in their home/school. Talk about why we say a thank you prayer before we eat and take the time to teach a simple grace to your group.

Ask the children to sit quietly and thank God for one thing, you have talked about in this session that they have never thought of thanking God for – telling Him why they appreciate it.

Conclude the prayer time with a summary prayer. For example, 'God, you have given us so many good things. Thank you for all of them. Amen.'

CONCLUSION

God wants to hear about the things we enjoy and appreciate. When we tell friends about these sorts of things, we usually just talk. And you can do exactly the same with God, because He wants to be your friend.

GAME

Adapt the 'I went shopping game' to list things to thank God for. A child begins: 'We can thank God for water.' Each subsequent child repeats what has already been listed and adds another item: 'We can thank God for water and holidays ...' 'We can thank God for water, holidays and grandparents ...'.

e do? (*Beat his chest [which was a sign of great sorrow in those days] and*)

Badge Requirement 3

Adventurer/sunbeams - Tidying my room



Dear Parent/Carer

As part of your child's **Keep it neat** badge he/she needs to demonstrate how to clean and keep a room tidy.

Please help your child with the following tasks and sign on the line near the task when he/she has completed it.

- Make the bed _____
- Put away clothes and toys each day _____
- Dust and vacuum weekly _____

7 - 8s do these tasks for 2 weeks.

9 - 10s do these tasks for 4 weeks.

Please return this completed note to your SAGALA leader.

Badge Requirement 4

Adventurer/sunbeams - Washing my clothes



Dear Parent/Carer

As part of your child's **Keep it neat** badge he/she needs to demonstrate how to wash and care for clothes.

Please help your child with the following tasks and sign on the line near the task when he/she has completed it.

- Sort and prepare clothes for washing _____
- Load and use the washing machine _____
- Dry and put away clean clothes _____

7 - 8s do these tasks for 2 weeks.

9 - 10s do these tasks for 4 weeks.

Please return this completed note to your SAGALA leader.

HANDOUT 1

Adventurers/sunbeams

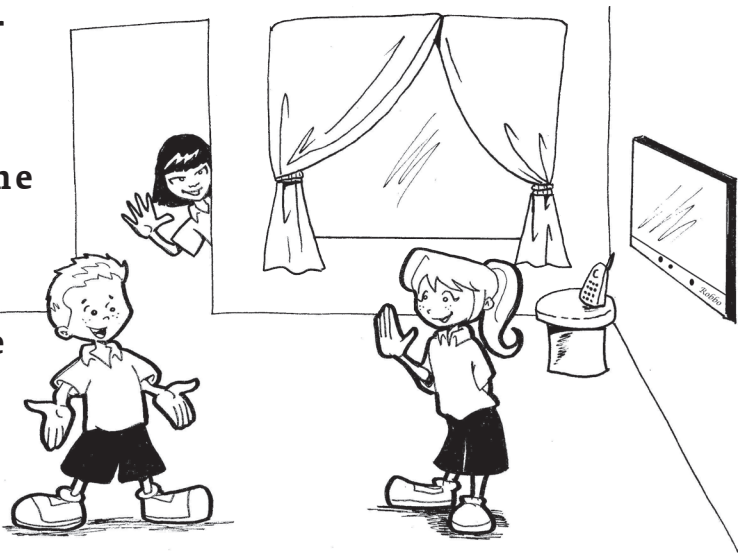
Point 1

Write down 3 other reasons why you should keep your home neat and clean.



Listed below are a number of things you should do to keep your home neat and clean. There are also some things that you should not do. Tick the things you should do to keep your home looking good.

- a) Sweep the dirt under the bed or mat so that it will not be seen.
- b) Dust the furniture, shelves and ornaments.
- c) Put toys, clothes and other articles away neatly in their correct places.
- d) Sprinkle dirt all over the floor.
- d) Sweep the floor and put the dirt in the garbage bin.
- f) Vacuum the carpet.
- g) Hide toys behind the door.





HANDOUT 2

Adventurers/ sunbeams

Point 2

Photocopy onto card and then cut out the squares. Place all the cards face down on a table. Members take turns to turn over one card then choose another card to turn over trying to match the picture. They can try to match in two ways:

- Identical pictures e.g. two rat cards.
- A dirty house/a cleaning method.

mop & broom & vacuum		washing dishes
	dust	
		
dust	dust mite	

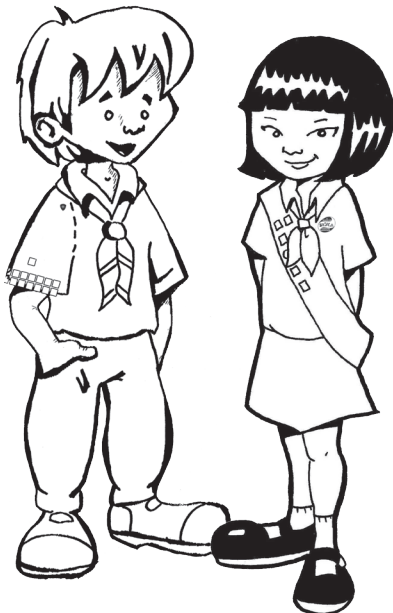
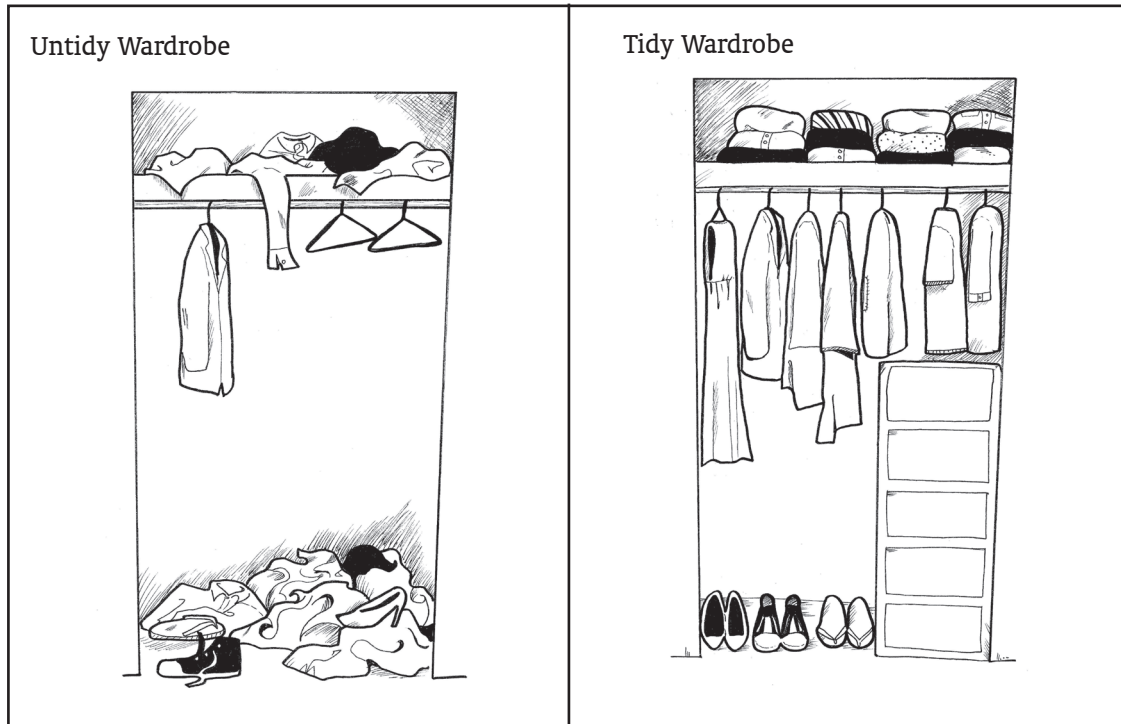
HANDOUT 3

Adventurers/Sunbeams

Point 3

Before

After



Look at the before and after drawings of Tom and Jane's wardrobes.

Discuss the differences between the wardrobes.

List four ways the wardrobe has been tidied.

Discuss these questions with your leader.

- How often do we need to go through and remove things we no longer wear or play with? How can we recycle them?
- Would it help if we labelled the different drawers or shelves?
- What do we do with dirty clothes?
- What happens if we throw dirty clothes into our wardrobe?

HANDOUT 4

Adventurers/Sunbeams

Point 4

USING THE DISHWASHER

Photocopy enough pages to have one for each patrol/team. Cut along the lines so that you have 10 strips for each group. Give the 10 strips in a jumbled order to each patrol/team. On a signal the team spreads them out so that they can read them all. They then begin to place them in the correct order for loading a dishwasher. The first team with them all in sequential order wins.

Scrape off food scraps before you place the dishes in the dishwasher. It is not necessary to rinse before putting them in, unless you do not turn the dishwasher on every day.

Position large trays and plates along the outside so that they do not stop the water from washing other dishes.

Keep the top rack of the dishwasher for plastic (dishwasher safe) items, glasses and mugs. Depending on the style of dishwasher, stack large plates and bowls in the bottom rack.

Make sure that glassware is secure. If glasses are left loose, they may break during the wash.

Pots and pans should be placed facing down on the bottom rack.

Place utensils standing up in the utensil basket – except for knives which should be handles up in order to be safe.

Fill the dishwasher dispenser with dishwasher powder (or alternative) and rinse agent in the rinse dispenser when needed.

Close the door securely and choose a wash setting that is appropriate for the load.

Press the start button and away you go!

Unload the dishwasher and place clean items in their appropriate places.

HANDOUT 5

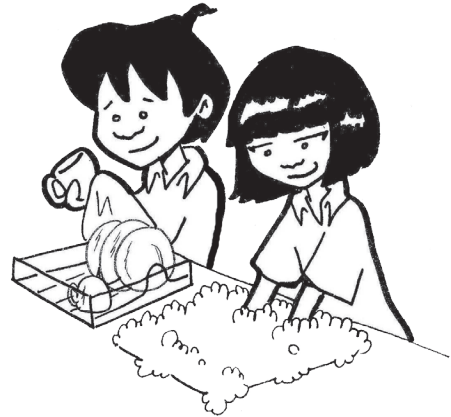
Adventurers/sunbeams

Point 5

Washing Up

Washing up is a task you can learn to do well. Even if you have a dishwasher, there are often times when you need to wash up by hand.

Unjumble these sentences to make good washing up rules. Write them on the line and tick the ones you keep.



<input type="checkbox"/> 4. as hot water that is Use you can as stand	<div style="display: flex; justify-content: space-between;"> <div style="width: 45%;"> <input type="checkbox"/> 1. rubbish the plates off all the Scrape _____ </div> <div style="width: 45%;"> <input type="checkbox"/> 2. very dirty is anything Rinse that </div> </div> <div style="display: flex; justify-content: space-between; margin-top: 20px;"> <div style="width: 45%;"> <input type="checkbox"/> 5. detergent small amount of Add a _____ </div> <div style="width: 45%;"> <input type="checkbox"/> 6. first the cutlery Wash glasses and </div> </div> <div style="display: flex; justify-content: space-between; margin-top: 20px;"> <div style="width: 45%;"> <input type="checkbox"/> 8. utensils Next all wash the </div> <div style="width: 45%;"> <input type="checkbox"/> 9. well If necessary everything rinse _____ </div> </div> <div style="border: 1px solid black; padding: 10px; margin: 10px auto; width: 80%; text-align: center;"> <p>10 Ticks – You're a super duper dish washer!</p> <p>7-9 Ticks – Pretty cool!</p> <p>Less than 4 – How come you're not ill?</p> </div> <div style="display: flex; justify-content: space-between; margin-top: 20px;"> <div style="width: 45%;"> <input type="checkbox"/> 7. saucers and cups and plates the all Wash _____ </div> <div style="width: 45%;"> <input type="checkbox"/> 10. leave the Before you kitchen sink down the wipe </div> </div>	<input type="checkbox"/> 3. of the sink on one side dishes all the Stack
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DEVOTIONAL IDEAS



1. **Title:** Staying Clean
Bible: Philippians 4:8
Thought: Think, say and do good things
Supplies: Soap, water, basin, towel, Bible

One of our laws talks about what we think, say and do. Which one is it? (I will think, say, and do good things.) Is it easy to keep this law all the time?

We have all probably broken this law at some time. Maybe we feel sad when that happens. Perhaps we feel that we've let someone down when we break a law – a leader, our friends, God, or ourselves. We can be sorry – and maybe we need to say sorry to someone for thinking, saying or doing something that hurt them – and we can ask to be forgiven.

The Bible has some words to help us think, say and do good things. Read Philippians 4:8.

'Continue to think about the things that are good and worthy of praise. Think about the things that are true and honourable and right and pure and beautiful and respected.' (NCV) Ask the group for examples of 'things that are good ... right ... worthy of praise'.

Let's do something to show that we're sorry for the times we've broken this law, and to show that we will try harder to keep the law. Washing our hands might help – by washing we get rid of the dirt and grime, and when they are dried our hands are clean and ready for a new activity. In the same way we are getting rid of any bad feelings we feel when we break the law and show that we have decided to do better to keep the law from now on.



DEVOTIONAL
IDEAS



DEVOTIONAL IDEAS



2. Title: Doing my best
Bible: 2 Kings 5:2-4
Thought: We can do our best at home

The Bible tells a story about a brave soldier called Naaman who became very sick. He was a very important soldier who commanded many troops and would have been used to giving instructions to his soldiers.

But he took advice from a servant girl in his household which resulted in him being healed and believing in God.

Why do you think Naaman took advice from this young girl? What sort of a worker in his household might she have been? When children try their best at their household chores, the household becomes a happier place. Maybe Naaman's servant girl was trusted and believed because she was a cheerful worker who contributed to that household. She certainly believed that God could heal her sick master.

How can we be helpful and do our best at home? (Let some children give some suggestions.) Pray with the children that they will have chances to do good things in the coming week and be helpful at home.

DEVOTIONAL IDEAS



- 3. Title:** Soaking in God's love
Bible: Psalm 16:11 'You make me glad by being near to me.'
(CEV)
Thought: Be like a sponge and soak up God's love
Supplies: A sponge, some paper towelling

Have you ever made a mess just after Mum's cleaned up?

She isn't very pleased is she? What do you do? You run to get a cloth or sponge or paper towelling and try to mop it up as quickly as you can.

Sometimes a sink might overflow if we don't turn a tap off correctly and once again we have to grab something to soak up the mess.

Sometimes Dad uses a sponge to spread out water when cleaning the car. How does he do this? He puts the sponge into the bucket of water and then spreads it over the car.

Sponges and paper towelling are specially made to soak up fluids.

If a sponge is dry do you know what happens? It is useless. It has to be soaked and become wet before it can do its job.

Even though God wants each of us to be filled with His love, sometimes we don't want to know about Him and we become like the dry sponge.

All around us are signs of God's presence and his goodness to us. The sun, the flowers, trees, birds all remind us of God's love and care.

God wants us to soak that up and feel good. He wants us to know about his love for us each.

There is a verse in Psalm 16 that reminds us how good this can make us feel. Read it together.



DEVOTIONAL
IDEAS