



Session 2 - Appendix 2

LIST OF FEELINGS WORDS

accepted	dependent	involved	supported
adventurous	depressed	irresponsible	suspicious
affectionate	discontented	jealous	tense
aggressive	embarrassed	joyful	tired
ambitious	energetic	lonely	trusting
angry	envious	loved	unambitious
anxious	excitable	loving	unappreciated
apathetic	fit	optimistic	unassertive
appreciated	free	outgoing	unattractive
assertive	friendly	pessimistic	underconfident
attractive	frightened	powerful	uneasy
bored	grieving	powerless	unfit
carefree	guilt-free	rejected	unfree
cautious	guilty	relaxed	unfriendly
cheerful	happy	resentful	unloved
competitive	humiliated	responsible	unsupported
confident	hurt	sad	unwanted
confused	indecisive	secure	uptight
contented	independent	shy	vulnerable
cooperative	inferior	stressed	wanted
daring	insecure	strong	weak
decisive	interested	superior	worried