

## Faith

How is your faith walk?

What has God been saying to you and how will you respond?

What have you been learning from the Bible?

What is one area of your life you need Jesus to bring freedom in?

How have you been sharing your faith?

Who are you discipling and how is it going?

## Family

How is family life?

How has your family been getting along?

What can you do to help your family's well-being?

## Your Choice

What is one other thing you would like to talk about?

# Simple Mentoring Guide

Use the **G.R.O.W.** model for each section.

## **G.R.O.W. model**

**Goals** what goals will you set?

**Reality** what is your present reality?

**Options** what are the options?

**Will** what will you do?

See [salvos.org.au/MORE/mentoring](https://salvos.org.au/MORE/mentoring) for FAQs about Mentoring

## **Relationships**

How are your key relationships going?

How are you keeping these relationships healthy and Jesus-centred?

## **Community**

How is school/work/uni?

What have been some challenges for you at school/work/uni?

How can you better reflect Jesus there?



Mission Resources Department