



WARCRY

CULTURE & SPIRITUALITY

**Bringing hope where
it's needed most**

How you can help





*“I have found that among its other benefits,
giving liberates the soul of the giver.”*

MAYA ANGELOU



The Salvation Army is about giving hope where it's needed most.

What is The Salvation Army?

The Salvation Army, an international movement, is an evangelical part of the universal Christian Church.

Vision Statement

Wherever there is hardship or injustice, Salvos will live, love and fight alongside others to transform Australia one life at a time with the love of Jesus.

Mission Statement

The Salvation Army is a Christian movement dedicated to sharing the love of Jesus by:

- Caring for people
- Creating faith pathways
- Building healthy communities
- Working for justice

WARCRY

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From the editor

The Salvation Army is in the business of transformation — bringing hope to needy Australians when they need it most. Every year, tens of thousands of people are helped by the Salvos through the many and varied services we provide.

You, too, can play your part in helping the Salvos help others.

The annual Red Shield Appeal is a major fundraiser for The Salvation Army. It provides much of the income required to offer these services. The appeal is on again this weekend (25–26 May).

In this issue of *Warcry* we focus on the Red Shield Appeal, with stories of lives transformed as a direct result of money raised through the appeal, and reflections from long-time supporters of the campaign.

Your generous support of the Red Shield Appeal, whether it be a donation, volunteering to collect, or both, will have an impact far beyond what you will likely ever know. A little bit of your time can make a lifetime of difference.

Scott Simpson, **Assistant Editor-in-Chief**

The phone call that saved a dad's life

Fly-in fly-out worker Daniel never struggled to provide for his family until he left his job to care for his youngest child. The Salvos offered the family help, and just as importantly, hope.

BY LAUREN MARTIN

Daniel, his wife Fern and their five children live on a beautiful bush property in Western Australia, grow their own vegetables and run chickens for eggs. It sounds idyllic, but the pressures of work and family life started to mount.

Daniel was away from home for long periods of time because of work and this was impacting on his mental health. "Dads need to be at home [more]," he says. "There was a significant amount of pressure on me. I was suffering from anxiety and I couldn't sleep. I knew it needed to change."

Daniel and Fern's youngest daughter has Down syndrome and needs full-time care. With his mental health suffering as a result of his job, Daniel decided to take the plunge and leave work to become a full-time carer, so that his wife could follow her dream and train to become a midwife. Despite living on acreage

and being somewhat self-supporting, it wasn't long before the family's savings dwindled and the bills started to pile up.

"I started selling everything just to make ends meet," Daniel remembers. "I grow my own greens, but I don't have a whole lot of variety. The kids would say, 'What have we got?' and I'd say, 'Well, we've got eggplant and spinach again for lunches for school.' Then they started saying, 'Dad, are we poor?' And that just added to the day-to-day stresses."

"I've got a degree in banking and economics. I keep meticulous budgets, to the cent. At the end of the day, [I realised] I'm \$10,000 short a year on expenses, just to keep my head above water."

Desperate and not knowing what else to do, Daniel started sorting through neighbouring farm bins [containing vegetables not sold at markets but still fit for animals]



Daniel, with his wife and daughter, stand with Swan View Salvation Army volunteers. "We feel like we've gained a family," Daniel says of the love and support given when they were going through a hard time.

to feed his family. "It was significantly time-consuming to source and wash and process. It was so stressful; I was a wreck. I thought, 'I can't do this anymore.'"

Eventually, Daniel swallowed his pride and started calling agencies for help. He didn't want a handout, and told them that. He was just looking for somewhere that he could buy day-old bread, or discounted groceries. "I called up loads of places and they said things like, 'You live in the wrong postcode.' They all basically said: 'We can't help you.'"

Daniel was at a low ebb by the time he called The Salvation Army. After explaining his situation, he was referred to Swan

View Salvos, in outer north-west Perth, close to where he lived. The woman on the phone was kind and welcoming. That phone call, Daniel now admits, probably saved his life.

"I'm going to get quite emotional thinking about this ... I was at the point of thinking that it's better for me to commit suicide so that my family get the payout and my kids can live a good life. And The Salvation Army lady, Carol, said to me: 'Come in straight away.'"

That 'Carol' is Swan View Salvos Corps Officer (minister) Captain Carol O'Leary. She invited Daniel to the corps (church) cafe that runs in connection with its ►

weekly emergency support services. The cafe provides not only physical support for families in crisis, but emotional and spiritual support as well. "It meets people where they are at," she says.

"The people who come feel totally loved and cared for and heard ... it's about pointing people to the reality of Jesus by experiencing his love."

For the next few months Daniel came into Swan View Salvos every week. It was a relief for him to buy discounted groceries, fruit and vegetables, but he also now had the time to tackle other issues like refinancing, applying for disability support for his daughter and getting mental health support for himself.

"Besides the general sense of relief, I felt like a good dad again," he says. "I felt confident again, that I had personal value. Instead of being stressed and trying to fight every day to provide for my kids, I could actually spend quality time with my family."

The connection with the Salvos also encouraged Daniel to reconsider his faith. He grew up in an impoverished household, with his mother a sole parent who struggled to make ends meet. She would take Daniel to church several times a week.

"I was very religious growing up. I believe in God and I believe in a higher divine being and spiritual-self, but I'm personally not entirely 'there' yet as to what that is, because I stepped away from it."

But something about Swan View Salvos has him thinking about God again.

"There's so many occasions where I say to my wife, 'Every time I come to Swan View Salvos I feel unconditional love. I see it and I feel it.' I actually feel like I've gained a family. There's nothing I wouldn't do for them now. There's just genuine love, that's the only way I can describe it."

"Maybe that is Christlike love?" Daniel says and laughs. "Maybe."

Red Shield Appeal — how you can help

Daniel and his family are just a handful of the tens of thousands of needy Australians that The Salvation Army helps every year, providing hope where it's needed most.

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Jaycob's focus on others

National Volunteer Week (20–26 May) encourages us to look beyond ourselves.

BY BARRY GITTINS

Jaycob McCormick lives, eats and breathes numbers, in his work and his study in accountancy at the North Sydney campus of the Australian Catholic University. His creative passion, however — what he laughs and refers to as his “side hustle” — is filmmaking and video.

Jaycob knows the visual image, like the humble numerals he tallies, has the power to shape the world.

Jaycob was getting off the train one day when he saw a Salvo collecting money. He stopped, introduced himself and asked if he could take some photos. The Salvo, Major Paul Moulds, a well-known Salvation Army officer (minister), was happy for the company and the help.

“I didn’t know who Paul was then,” Jaycob explains, “or how much he’s helped so many people, and how loved he is. I posted the photos on Instagram and the Salvos asked to repost the pics. That led us on.”

As part of Jaycob’s studies he needed to complete a compulsory unit of community engagement, spreading some love around to make the world a better place. That made good sense to Jaycob, who offered to use his skills to help the Salvos by making a video for them.



Jaycob McCormick with Michael, the son of one of his close friends.

Jaycob had the initial idea of following Paul around. But the short film he made, as part of his studies and as the fulfilment of Jaycob’s desire to help people by volunteering, ended up focusing on some of the other people who volunteer their time and talents to help Australians through the Salvos.

Jaycob filmed people from all walks of life, with all kinds of experiences, doing all sorts of things to help as volunteers out of concern for their fellow human beings.

“I just wanted to shine some light on the good work the Salvos were doing,” Jaycob recalls.

Jaycob’s video for the Salvos is online: salvationarmy.org.au/get-involved/volunteer-with-us. He has graciously offered to provide future support for the Salvos, with video production and photography.

Heart of goals

Teenager Luka-Angel Cairns puts her heart into tackling homelessness.

BY HOLLY REED

Luka-Angel Cairns has not lived the life of a typical 15-year-old. Diagnosed at the age of six with a serious heart condition known as restrictive cardiomyopathy, she was left with little choice but to have a heart transplant. So when a donor heart became available when Luka was 13 she took the brave step into the operating theatre, undergoing hours of surgery and months of rehab for the chance at a normal life.

Of life before the transplant, Luka says, "I always had very low energy. I struggled to do daily life with a failing heart, even though I am truly grateful for my beautiful old heart. I would get so tired walking around and going upstairs; it was a really difficult thing to have to live with. I guess I thought it was just the normal thing for me, and I never really realised what I missed out on until now that I can do everything."

The daughter of Salvation Army envoys (ministers) from Newcastle Worship and Community Centre, Angela and Lucas Cairns (who also has the heart condition along with Luka's younger brother), Luka



has a heart of gold. Now that her new heart can keep up with her many goals there's no stopping her as she works to improve the lives of those experiencing homelessness.

As a collector for the Red Shield Appeal every year, Luka has a personal conviction to never walk past someone who is homeless without giving them food or money and telling them Jesus loves them. She has also started her own jewellery business to raise funds to help those in need.

"Lighthouse Jewellery is my personal business where all profits go directly to the homeless or directly to the future homeless accommodation I plan to set up. With my mum's support and help, I spend a lot of time making necklaces and earrings, which we sell at stalls or at Salvation Army events and raise money for the homeless.

The Light House is the name for a future home (or multiple homes) Luka plans to set up.

"I want to create a safe, educational, healthy, Christian environment for the people who currently have 'homes' on the street or in cars. I want to have free education, life skills, accommodation, food and medical treatment for homeless people."

On top of all this Luka is an active teenager living her dream as a dancer (something she was unable to do before the surgery) and was recently guest speaker at a girls conference hosted

by a Sunshine Coast Anglican Church. There she talked about gratitude and living life to the full regardless of the circumstances.

Reflecting on her attitude towards her illness and surgery, Luka draws strength from her Christian upbringing.

"I can promise you that if you go into a big surgery (or any other life challenge) with a positive and strong attitude and you stay in that mindset all the way through, you will find it so much easier and you will make it through! Mum always recites my life verse, Isaiah 41:10: "So do not fear for I am with you, do not be dismayed for I am your God. I will strengthen you and help you, I will uphold you with my righteous right hand."

Luka's attitude is one that is sure to bring her both strength and purpose as she keeps working towards her goal of helping many, many people transform their lives.





Part of the solution

Everyone can help others — sometimes in unique ways.

BY MAL DAVIES

I was born and raised in The Salvation Army, so collecting in the annual Red Shield Appeal has long been part of my yearly calendar — as regular as the leaves changing colour come autumn or the sound of bat on ball when summer arrives.

For most of my life, I've participated in going from door to door seeking donations to support the work of the

Salvos across Australia and, as most long-time collectors will tell you, this leads to stories of weird and wonderful things I've been given.

Some years ago I was about 15 minutes into a doorknocking shift and one lady said to me: "Oh, wonderful, I have something very special for you — just a moment." She closed the door slightly

and returned a few minutes later to give me a Milo tin full of coins!

She said: "I've been saving up my five cent pieces for you all year. You do a wonderful job. God bless you." And she closed the door, leaving me with, suddenly, one arm about 20cm longer than the other. The tin was so heavy!

Another year, I came to a corner house that looked quite dilapidated and the garden was very overgrown. I was undecided if I should knock at the door or not but then thought I might as well — no harm in trying. I knocked, waited 30 seconds, knocked again and then got moving.

I was already in front of the next house when I heard someone calling me: "Oh, is that the Salvos?"

I turned around and saw a man in his sixties with a grey beard and ragged clothing. I said that I was collecting for the Red Shield Appeal but, quickly (and judgmentally) summing up his financial status, I said there was no need to give and I would just keep going.

He said: "Oh, oh dear. Um, well, no, I do want to give. Could you wait for a moment?" He headed into his house and I wandered back to his front door, feeling quite poorly about embarrassing someone who was obviously doing life tough.

He emerged a moment later and he said: "I haven't got much, but I can give you these" — and he held up two shiny, red apples.

Well, that threw me. I'd never been given food before as a donation to the Red Shield Appeal and I considered that I

would be carrying them in my collection bag for another hour or so.

I'll never forget the look in his eye; it was like a 10-year-old presenting an adult with a present he'd made especially for them. There was such a sense of humility about the man that I received the apples graciously and thanked him for his generous gift.

It reminded me of a lesson in the Bible (the book of Mark, chapter 12) when Jesus observes a poor widow place two small coins into the temple offering while other, richer folks are throwing in bigger donations.

Jesus points out to the disciples that she gave more because "she, out of her poverty, put in everything — all she had to live on" (verse 44).

As I took the apples, the man smiled at me, so thrilled that he could give; that he could participate. He wasn't someone who sought help; he was someone who helped others.

The Red Shield Appeal is a time when Australians can participate in helping others. It's a time when everyone can become part of the solution.

It's a time when you can think of your neighbour and your community and especially those in need and say: "Hang on, I can help there."

It was just two apples and it was long ago, but I can still see the look in that man's eyes.

Mal Davies is a Salvation Army officer serving in Geelong

Overwhelmed by a generous God

The Salvos help Mr Han find new hope in life.

BY LAUREN MARTIN

When Mr Han arrived at The Salvation Army, he had nothing. At the age of 78, he had been living in a garage, had limited access to even a toilet and his health was deteriorating. His only possessions were the clothes he was wearing.

"I felt like I had hit rock-bottom," he told *Warcry* through a translator. "I felt very hopeless and I felt like there wasn't much for me to live for."

Lieutenant Lydia Hong and her husband, Lieutenant Sean Li, had only recently been appointed to Sydney's Hurstville Corps (church) as Associate Officers (ministers), focusing on Chinese Ministries, when they came across Mr Han. He'd been told that The Salvation Army might be able to help.

"He ended up staying in a motel for three weeks," Lieut Hong said. "After that he was given government housing, but it had nothing in it ... he didn't even have a mattress or anything."

The Hurstville Corps rallied around Mr Han, with members sourcing furniture and

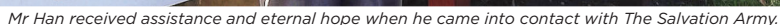
driving many kilometres to collect and deliver various items to his new home.

"We got the word out in the community that he needed certain things because there was nothing in the house to begin with," Lieut Hong said. "He needed a microwave and a washing machine and things like that. Gradually they all appeared in the house!"

Mr Han, now 83, is from China, where welfare and charity is not prevalent, so it was overwhelming for him to experience strangers caring for him and being so generous. "I feel very touched when I think about it," he said.

Through his connection with The Salvation Army, Mr Han began attending Hurstville Corps. "Meeting the Salvos has given me a purpose," he said. "I have come to know the Lord through The Salvation Army.

"Coming to know the Lord, especially through the love and care expressed by the brothers and sisters [at Hurstville Salvation Army] has changed my internal life. I now understand that there is



**Mr Han now attends a church closer to where he is living.*

Brownie ice-cream cake

½ cup melted butter, 1 tbsp oil, 1 cup caster sugar, 2 eggs, 2 tsp vanilla extract, ½ cup flour, ½ cup cocoa powder, pinch of salt, 2 flavours of ice-cream, icing sugar, raspberries

Preheat oven to 170°C and line a 20cm x 20cm slice tin. Whisk together melted butter, oil and sugar until well combined. Add eggs and vanilla and beat until light in colour and fluffy. Sift in flour, cocoa and salt and gently fold through.

Pour batter into slice tin and bake for around 20 minutes or until the batter is no longer loose when shaken — don't overcook, as you want it a fudgy consistency. Leave brownie to cool completely.

Remove ice-cream containers from freezer and leave to soften slightly. Completely line a loaf tin with baking paper. Once cool, cut brownie into three sections to fit the loaf tin.



Place first layer of brownie into base of loaf tin. If needed, add extra bits of brownie to fit. Spoon over first layer of ice-cream to about 3 cm thick. Top ice-cream with the next layer of brownie, then spoon over the second flavour of ice-cream to 3 cm thickness. Finish with final layer of ice-cream, press down gently, cover with plastic wrap and return to freezer for at least two hours.

To serve, remove plastic wrap and turn cake out onto a plate so that the bottom is now the top. Dust with icing sugar and serve with fresh raspberries.

Have a laugh

An English teacher gave her class an assignment to write a couple of paragraphs on what they would do if they had a million dollars.

One student completed the task almost instantaneously, handing his teacher his work. She glanced at the blank sheet of paper and frowned. "You've done absolutely nothing!"

Her student looked surprised at her reaction. "But that's exactly what I'd do if I had a million dollars."

Tip for the race of life

**"Finally, be strong
in the Lord and in
his mighty power."
(Ephesians
chapter 6, verse 10)**

			7		9		1	
8								7
2				8		6		
	9			1				
			8				6	3
5				4	6	7		
				2				5
					8	9	3	
	3	4						

Sudoku

Fill in the grid so that every row, every column and every 3x3 box contains the digits 1 to 9.

Tum-Tum

On which page of this week's *Warcry* is Tum-Tum hiding?



Answers: 1. Red 2. Cricket 3. The Kryptonian symbol for hope 4. Vikings 5. Faith
Tum-Tum: Is jumping in the bouncy castle on page 7

6	3	5	7	1	9	2	6
1	8	9	6	9	7	5	4
1	8	9	6	9	7	5	4
5	8	1	3	4	6	7	9
4	2	7	8	9	5	1	6
9	6	2	1	2	7	1	8
4	9	6	2	1	2	7	1
5	9	9	1	6	1	5	8
6	1	9	6	5	2	3	4
6	4	5	7	3	5	8	1

Quick quiz

1. What colour is The Salvation Army shield?
2. The Sheffield Shield is a competition in which sport?
3. The 'S' on Superman's shield is said to be what?
4. Which ancient warriors used a round wooden shield with an iron dome in the centre?
5. The Bible tells us to put on the full armour of God, which includes the shield of what (Ephesians chapter 6, verse 16)?



Want to know more?

Visit warcry.org.au/want-to-know-more or return the coupon to Warcry, PO Box 479, Blackburn VIC 3130.

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