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WARCRY

CULTURE & SPIRITUALITY



**Turning the
tide on fast
fashion**

Smart shopping at
Salvos Stores

Do not judge me by my
successes, judge me by the
times I fell and got back up.

Nelson Mandela





The Salvation Army is about giving hope where it's needed most.

What is The Salvation Army?

The Salvation Army, an international movement, is an evangelical part of the universal Christian Church.

Vision Statement

Wherever there is hardship or injustice, Salvos will live, love and fight alongside others to transform Australia one life at a time with the love of Jesus.

Mission Statement

The Salvation Army is a Christian movement dedicated to sharing the love of Jesus by:

- Caring for people
- Creating faith pathways
- Building healthy communities
- Working for justice

WARCRY

Founder William Booth

General Brian Peddle

Territorial Commander

Commissioner Robert Donaldson

Secretary for Communications

Lieut-Colonel Neil Venables

Editor-In-Chief

Lieut-Colonel Laurie Robertson

Assistant Editor-In-Chief Scott Simpson

Assistant Editor Faye Michelson

Contributors Samantha Eberhart, Bill Simpson

Proofreader Dawn Volz

Designer Ryan Harrison

Editorial ph. (03) 8541 4564

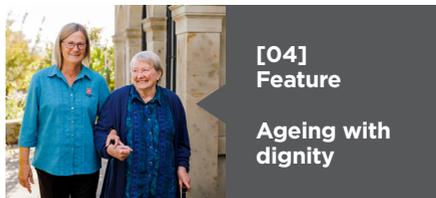
Enquiry email warcry@salvationarmy.org.au

All other Salvation Army enquiries 13 72 58

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A chip off the
old block

From the editor

Do you like a bit of retail therapy?

Do you like browsing in boutiques and scrolling through online fashion sites? Maybe you love the challenge of finding treasures in shops such as Salvos Stores or Salvation Army thrift shops?

Fashion, bric-a-brac and furniture are some of the pre-loved goods for sale in 340 Salvos Stores around the nation — items that are not going to landfill and are ready for someone else to use.

It's a good investment to shop in your local Salvos Stores. It's good fun, good for the environment, good for the wallet and good to think about holding material things lightly.

It's also good for those in our community who are disadvantaged. In the last financial year, Salvos Stores raised \$39 million for the work of The Salvation Army, providing funds for programs to support those struggling with hardships such as homelessness, family violence, unemployment and addiction.

You certainly get more for your money when you shop at Salvos Stores.

Faye Michelson **Assistant Editor**

Ageing with dignity

Vulnerable elderly are the focus of the Salvos' new national aged care agenda.

BY BILL SIMPSON

Hundreds of additional individual-living units for older people vulnerable to homelessness are the centrepiece of The Salvation Army's new national agenda for aged care. The new agenda, says The Salvation Army's Colonel Mark Campbell, provides "... renewed focus on serving the most vulnerable people in our society — ageing Australians who find themselves homeless or financially vulnerable".

Four new residential centres will be established to provide up to 200 individual units for older people identified as homeless or in danger of homelessness. The new centres will be built in capital cities or large regional centres, depending on identified need. Two existing centres in Sydney and Melbourne already provide residential aged care living for 160 people.

The number of low-cost rental accommodation units for older Australians will increase from the current 360 units to 700, as well as a substantial increase in the number of people who will receive





in-home care, from 480 to 2000.

The new initiatives are in addition to 20 residential aged care centres (nursing homes), seven retirement villages (independent housing, often within nursing home complexes) and one respite (recovery) centre already operating.

The agenda is being driven by a new-look Salvation Army Aged Care unit, led by national director Richard de Haast. Richard started in the role in last year, bringing many years of experience in international hotel management, recruitment and aged care management in South Africa, New Zealand and Australia.

“The role with The Salvation Army continues my lifelong experience of working in customer service,” he says. “I would say that I have definitely had a calling. It’s a calling to serve people.

“With The Salvation Army, I have been given an opportunity to change the way we serve our customers, especially the homeless and vulnerable. I call it muscular Christianity. It’s a call to action. It’s at the heart of what we are as a Salvation Army.”

His personal goal is “to make a difference”.

“In The Salvation Army, we have the ability and opportunity to make a difference for elderly people. Providing a home and a community for older Australians is more than just giving them a bed. It’s about giving them belonging.

“In aged care, your customers actually live with you. Our job is to go on the journey with them; to show them that they are unique and that we want to provide the best care possible for them.”

Salvos Stores' electric vehicle a first for charity retailers

Salvos Stores are the first charity retailer in Australia to have an electric vehicle in their distribution fleet, thanks to a generous donation by Australian automotive technology company SEA Electric.

As part of SEA Electric's philanthropic activities, the SEA Foundation has donated an electric vehicle to Salvos Stores with an estimated value of \$50,000.

This electric vehicle emits zero carbon emissions and will help reduce Salvos Stores emissions of carbon dioxide by

approximately two tonnes each year (per SEA Electric).

"The foundation was created by the shareholders of SEA Electric, which has commercialised 100 per cent electric power-system technology for the urban delivery vehicle sector," SEA Electric Group Managing Director, Tony Fairweather said.

"In doing so, we are removing many diesel polluting vans and trucks from around the globe and replacing them with zero emission alternatives.

"We're excited to donate this vehicle to The Salvation Army, which will assist them in their future charitable endeavours."

Salvos Stores is focusing on sustainability by continuously striving for new ways to reduce impact on the environment. Introducing the first electric vehicle into its fleet of trucks is a step to a more sustainable future and a new way of operating a large logistics network.

"We really appreciate the generosity of SEA in providing us with this amazing electric vehicle," National Director, Salvos Stores, Matt Davis said.

"It's a great opportunity for Salvos Stores to be the first charity retailer with an electric vehicle in its fleet and as we focus on finding ways to continue to reduce our environmental impact, this is a big step in the right direction.

"Our corporate partners are a vital part of what we are able to do as a charity retailer and this donation opens so many doors for us to be more responsive and agile to our community's needs."



Showing fashion sense



Dress \$12
Cover Dress \$8

Buy Nothing New Month isn't about going without, it's about taking one month — October — to think about what we consume.

It's a reminder to ask ourselves, "Do I really need it?" and, if I do, "Can I get it secondhand/borrow it/rent it?" It's about cutting back on the stuff we don't really need, and thinking about where it goes when we've finished with it — usually landfill.

Samantha Eberhart (pictured) has gone a step further. The Melbourne communications consultant set herself the challenge of not buying any new clothes for a year, and 10 months in she's still going strong.

Samantha says she's had no problems sourcing her corporate wardrobe from Salvos Stores, Salvation Army thrift shops and other recycled clothes outlets. Finding casual wear has been a breeze and formal events have been no problem — she wore a stunning (\$12) off-the-shoulder designer dress to a friend's wedding.

It's a certainly a change of direction for her. She worked as an assistant international buyer for a large Australian fashion house for several years, where she dealt daily with expensive labels and constantly changing trends.

Now Samantha and husband Brad (also a recycled clothing enthusiast) are working towards a sustainable lifestyle. They see choosing recycled clothes over 'fast' fashion and growing a vast edible urban garden as practical ways to achieve this.

Read Samantha's tips on building a sustainable wardrobe on page 9. ▶

A little outlay for a lot of style

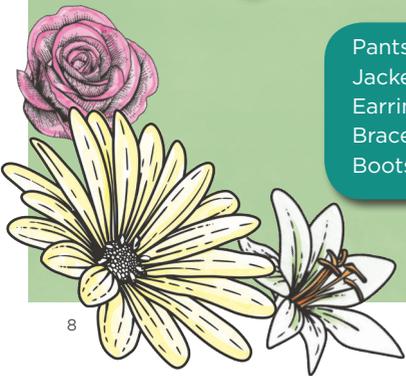
We sourced our spring outfits from Salvos Stores in Williamstown and Footscray, in Melbourne's west.



Dress: \$6
Belt: \$5
Earrings: \$5
Boots: \$15



Pantsuit: \$9
Jacket: \$15
Earrings: \$5
Bracelet: \$5
Boots: \$15





Jacket: \$7.50
 Top: \$5
 Skirt: \$6
 Accessories: \$5 ea
 Shoes: \$15



Samantha's top tips

DO YOU GO 'OP SHOPPING' WITH AN IDEA OF WHAT YOU WANT TO BUY?

I usually have an idea of what kind of item I am looking for, but it's important to keep an open mind because you don't know what will be available. A great tip is to look ahead in your calendar and flag important events early so if you see a great formal outfit you can get it ahead of time.

WHAT DO YOU ASK YOURSELF BEFORE BUYING A GARMENT?

Does it fit perfectly? Avoid buying something that isn't a great fit because you won't end up wearing it, even if you love the colour or brand.

What will I wear this with? Knowing your style and what you would pair items with is helpful.

Does this item excite me? Don't compromise on feeling great about an outfit.

DO YOU SET YOURSELF A PRICE LIMIT?

I don't because the truth is sometimes you find heaps of items that you love and you want them all and sometimes you can't find a single thing. I buy the items I love when I find them.

WHAT DO YOU LOVE ABOUT SUSTAINABLE FASHION?

Buying from op shops has allowed me to play with my style and build confidence whilst not adding to landfill or breaking the bank. I love being able to take a playful approach to fashion and more often than not people ask where I got my outfit!

WHY IS SUSTAINABLE LIVING IMPORTANT TO YOU?

As part of my faith, I try to hold material things lightly, not be wasteful and do my best to have a light footprint on the world.

See Samantha's sustainable living ideas on her instagram page @samanthaeberhart

Giving back



In the last financial year, Salvos Stores raised \$39 million for the work of The Salvation Army.

These funds provide vital help for the disadvantaged in our community, including those experiencing homelessness, escaping family violence and recovering from addiction. Wherever there is hardship or injustice, the Salvos will live, love and fight alongside others to transform Australia one life at a time with the love of Jesus.

Salvos Stores has a dedicated army of 10,000 volunteers who work in 340 stores around the nation. Donna (above) explains

why she loves working at Salvos Stores:

“I’ve been volunteering at Salvos Stores for two years.

“The Salvos have been fantastic, they’ve helped me out. When my children were younger, we went through some struggle times and I had to get food vouchers, clothes and toys for my children. They were just lovely, very friendly and very helpful.

“I feel like it’s a full circle now — I can pay back and do a little bit for the community. The girls here at Salvos Stores are great, the customers are great, and it’s a very good environment. It’s like a little family in here; everybody gets on so well. It’s just a very friendly place.”

Watch Donna’s story at others.org.au/ **video**



Offers and specials

Half-price coloured tags

Every week, selected clothing is 50% off. Just ask which colour tag is 50% off that week.

\$2 Monday madness

On Mondays, a rack of clothing at the front of the store will be on sale for just \$2.

Seniors discount day

Come into store on Thursday, show your health care, pension, veterans or seniors card to save 20%.

Student discount day

Every Wednesday, show your student card to save 20%.

www.salvosstores.com.au



Promotions available in Salvos Stores across Victoria, Tasmania, Western Australia, South Australia and Northern Territory only.

A chip off the old block

BY FAYE MICHELSON



I confess. I'm a 'Blockhead', a fan of Channel 9's renovation show *The Block*.

I'm not much interested in the personalities, tears and dramas that come with each episode. What draws me in is watching a decaying building being restored to its former glory. In this season, the former Oslo Hotel in St Kilda is being renovated into five luxury apartments.

The Oslo was originally a row of five, three-storey Neo-Georgian terrace houses built around 1859. In the early 20th century it was converted into a boarding house, with an ugly façade added at some stage, and enclosed to make it look even uglier a decade or two later.

By the time Channel 9 acquired the building to turn it into a Block project

it was a derelict, filthy, crumbling mess. In short, perfect for the contestants to transform.

It's fascinating to see the process of taking an interior space from shabby to stylish, from dilapidated to luxurious. It's interesting to note that it takes much more than dressing up a room with a coat of new paint, expensive curtains and trendy furniture. So much of the transformation involves work that is unseen — the replastering, rewiring, the new floors and ceilings and the replaced plumbing.

That's the challenge with deciding to improve something, whether it's our home's décor, our garden, or attitudes, behaviour or characteristics we fear are destructive or negative ... it takes more than just prettying up the surface. If you don't prepare the walls before you apply paint, it will peel off; if you don't pull out the weeds properly they'll grow back, and it's the same with us.

Profound changes need to come from deep within and God promises his divine touch if we believe in him. "When someone becomes a Christian, he becomes a brand new person inside. He is not the same anymore. A new life has begun" (2 Corinthians chapter 5, verse 17).

Kicking goals

For 20 years, the Salvo Hawks have given people a sporting chance at life.

BY FAYE MICHELSON

It was a significant moment for the Salvo Hawks football team when they ran onto the oval to contest their AFL ReLink grand final against the Cardinia Tigers earlier this month.

While the Hawks took out a thrilling win by a margin of just three points, another important achievement was also being celebrated. This year marks the 20-year anniversary of The Salvation Army establishing its ReLink program in the Eastern Metro Region of Melbourne. The initial aim was to field a team in the ReLink football competition, which later expanded to include a cricket program.

Peter McGrath, SalvoCare Eastern homelessness and support manager, says that over the past two decades the Salvo Hawks have provided a drug- and alcohol-free environment for men and women to play sport.

“Sadly in society there are not many teams that encourage and nurture a culture of

abstinence in sport,” Peter observes.

“The Tigers is a team of recovering addicts who are currently in treatment and many of the Hawks are recovering addicts who have completed treatment and are striving to live a clean life in society.

“This is a safe environment for them to play sport and the primary focus of our program is inclusion, fun and participation, rather than competition and outcomes.”

ReLink Australia operates nationally, providing a range of sporting and art activities for disadvantaged Australians. In the past year, more than 80 people took part in around 500 Salvo Hawks recreational sessions, including participants recovering from drug addiction, experiencing mental health challenges, homelessness, physical disability and financial disadvantage.

“We are funded by The Salvation Army





and recently we have developed a great partnership with Rotary Hawthorn, and thanks to this support there are no costs involved for our participants,” Peter says.

“Rotary has helped fund new jumpers for the team and supported the program with team lunches and other volunteering support, which has been much appreciated by the players.”

The grand final was played at Peanut Farm Oval in St Kilda. The competition plays modified rules, which enables men and women to play together.

“There are also modified rules for people who have a disability, so they can participate as well. It is truly all-inclusive,” Peter explains.

“It was a close game from the first bounce, exhilarating from start to finish, with two well-matched teams. It was anyone’s game, and the Salvo Hawks were fortunate to snatch victory from the jaws of defeat.”

As important as playing the game, though, is the sense of community that comes from being part of the team.

“Over the years we have developed a strong, well-supported community made up of a diverse range of people from various backgrounds,” Peter says.

“The love and support members receive from the program and their peers keeps them coming back,” he says, adding that one of their current team members has been playing since the first team was formed 20 years ago.

“Many participants find themselves lonely and isolated by their conditions and being part of the team gives them a safe space to interact with people,” Peter says.

“They can form bonds and connections with others, and it provides a place of purpose and belonging that many players may be lacking in their everyday lives. It’s a place where players can get support in going through challenges they face.”

Curried salmon slice



Ingredients

2 tbsp olive oil, 2 cups cooked white rice, 415 g can red salmon, drained, skin and bones removed and flaked, 375 ml can creamy evaporated milk, 2 eggs, lightly beaten, 1-2 tsp curry powder, 80 g (1 cup) grated cheddar cheese

Method

Preheat oven to 170°C. Brush a 2 litre (8-cup) capacity baking dish with oil to lightly grease (or spray lightly with cooking spray).

Place rice, salmon, milk, eggs, oil, curry powder and half cheese in large bowl. Season with salt and pepper. Stir until combined.

Pour mixture into prepared dish and spread to edges. Sprinkle with remaining cheese. Cook for 40 minutes or until set.

Cut into squares and serve with mixed salad leaves.

Recipe courtesy of 2 Thumbs Up: A dozen dozen sensational slices by Cathryn Williamson. Available from two.thumbs.up@hotmail.com for \$10, plus postage, with proceeds going to Salvation Army mission projects.

Have a laugh

Three rugby fans arrived at the grand final without tickets.

“It’s all fine, we don’t need tickets to get in,” one of the fans assured the official at the turnstiles. “We’re friends of the referee and he’s organised seats for us.

The official rolled his eyes at them.

“Whoever heard of a referee with three friends?” he snorted as he sent them on their way.



Tip for the race of life

“Let us run with perseverance the race marked out for us.”
Hebrews chapter 12, verse 1

		2	3			9		4
		3		4		2	8	
	6		7					
1			6			5		
	3		5				9	8
							7	
4		1			7		3	
	2				9			
		9					5	

Sudoku

Fill in the grid so that every row, every column and every 3x3 box contains the digits 1 to 9.

Tum-Tum

On which page of this week's *Warcry* is Tum-Tum hiding?



Answers: 1. 21 2. 1982 3. The Viking
 4. West Coast Eagles 5. 10 6. The rules
 Tum-Tum: is blending in with the
 dots at the bottom of the jumpsuit
 on page 8

2	5	1	4	7	8	3	2	6
9	7	1	5	1	8	2	3	6
6	5	2	2	6	1	5	7	4
1	2	9	3	8	7	1	6	8
8	6	7	1	1	9	8	2	7
3	3	5	7	1	7	1	7	7
1	7	6	9	8	3	5	3	5
5	1	2	2	2	3	1	9	8
6	1	3	9	4	2	8	7	7
7	8	2	3	1	5	8	6	4

Quick quiz



1. How many times have the South Sydney Rabbitohs won the first grade NRL premiership?
2. In what year did AFL team the South Melbourne Swans start playing home games in Sydney?
3. What is NRL's Canberra Raiders club emblem?
4. Which was the first non-Victorian team to win an AFL premiership?
5. How many players were reported following the infamous Carlton v South Melbourne 'bloodbath' Grand Final of 1945?
6. An athlete does not win the prize unless he competes according to what? (2 Timothy chapter 2, verse 5)

Want to know more?

Visit warcry.org.au/want-to-know-more or return the coupon to Warcry, PO Box 479, Blackburn VIC 3130.

I would like:

- to learn more about who Jesus is
- information about The Salvation Army
- a Salvo to contact me

Name _____

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Address _____

Phone _____



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After providing for those you love, why not leave a gift for those in greatest need? Including a gift to The Salvation Army will enable us to continue to assist more than one million Australians every year.

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