



WHAT DID YOUNG PEOPLE TELL US ABOUT HOW THEY GROW IN FAITH?

When we engage with young people, it is important to listen to their experiences and opinions. When asked about what helps them connect with God and grow in faith, this is what young people told us...

CAMPS & EVENTS

- "I think my closest point to God would be the camps."
- "It always makes me re-evaluate my faith and what I can be doing better. They're always very fulfilling afterwards and give me a faith high."
- "I've had some really special but also challenging conversations with Jesus at camps and have gone home changed."

MISSION & SERVICE

- "Another significant moment were opportunities I was given to serve... [it] was reaffirming, this is what it's about and what I choose, and why the Salvos are my church home."
- "The Salvos, because it has such big focus on that mission, and community, I think that that's what draws me the most to it."
- "I find I grow as a follower helping in my children's ministries at my church and being a part of my young adults family."

COMMUNITY OF FAITH

- "Being around other people of faith and being able to grow together even in non-church environments such as school or extracurricular activities."
- "The support and company of my youth friends at my corps."
- "Surrounding myself with people of Christ and learning from them."

LEARNING THROUGH DISCUSSION

- "Not just being given the answers but also the tools, like the Bible. Just knowing that, 'It's your journey, but we're here to support you. And it's okay to have the questions.'"
- "I think the biggest thing for me was that I had a small group...that was a time when we could just talk about everything, and we did a Bible study. It was a place just to talk about my faith and be excited about that. That was really big for me."
- "Talking about problems and good things with other people to see how they can help me and getting new ideas about how to connect with Jesus."

SPIRITUAL DISCIPLINES

- "Setting time aside to spend with God is a really great way to grow as a follower of Jesus."
- "Every night I sit and listen to worship music, do devotions, read my Bible and pray. It's my favourite time of day and it's when I just set aside time just to be still with God and get to know Him more."
- "I think one way that helped me through God the most was just praying for the people that were mean."

YOUTH-TARGETED PROGRAMS

- "If I don't come, my week isn't complete. My week is like a bucket filling, but [youth] empties the bucket and give me a fresh start."
- "At [my corps] there's young people, so it's easier to understand."
- "I enjoy when they make it engaging and focused on youth."