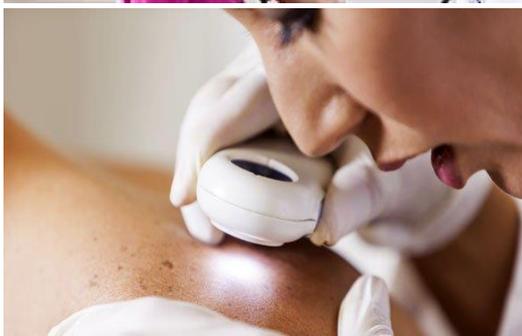




## Health Practitioners in SA



### GENERAL PRACTITIONER (GP) – local family doctor

- **Remember to find bulk-billing GP. Not all GPs do bulk-billing**
- Ask someone in your community about **GPs who speak your language.**
- If you don't speak English well, **call TIS (interpreter) 131450 to make appointments with your doctor through an interpreter. You can request for an interpreter during your appointments too.**

### SPECIALISTS

- **If you need more tests or treatment, your GP may refer to a Specialist.**
- To see a specialist, you must have a **referral letter** from your GP and make an **appointment.**
- Ask your GP to refer you to a **public hospital clinic** to see a **Specialist for free by using your Medicare.** You will wait longer but it is free. Otherwise, you need to pay.



## NURSES - EARLY CHILDHOOD REFUGEE and REFUGEE HEALTH

- Nurses are **highly trained health professionals** in Australia. Some are **specialist nurses** such as **midwives** (for mothers and babies), **early childhood**, **mental health** and **refugee health**.
- **Early Childhood Refugee Nurses** can:
  - **free help to parents** to care for their babies and young children
  - give advice about **immunisations**
  - arrange **home visits**
- **Refugee Health Nurses** provides:
  - **free health check-up for recently arrives refugees**
  - refer to local GP
  - refer to other health services that can help you and your family, such as the dental clinic, women's health centre or children's health services.

<https://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/services/health+services+for/refugee+health+service/refugee+health+service>.



## Health Service Providers in SA



### PUBLIC HOSPITAL

The Refugee Health Service is the state funded specialist health service for new arrival refugees and asylum seekers in South Australia.

For clinical advice and information please contact the drop-in clinic nurse on **(08) 8237 3900**



Government of South Australia

SA Health

### Refugee Health Service

If you are a refugee or seeking asylum in Australia, you can get:

- Health assessments for clients
- Coordination of care required for complex conditions and infectious diseases
- Health literacy education and support, **helping clients navigate the health system** and self-manage health issues
- Support to enable timely access to the National Disability Insurance Scheme (NDIS)
- A daily nurse led 'drop in clinic' for clinical assessment and management.

**Interpreters** are always provided if required.

### PUBLIC DENTAL SERVICES - Free dental treatment is available to:

- Anyone with a Health Care Card
- Asylum seekers without access to a Health Care Card or former asylum seekers who are unable to work due to health conditions with disability and no access to a Health Care Card - for the duration of visa application processing time.



<https://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/services/health+services+for/refugee+health+service/refugee+health+service>



### COMMUNITY HEALTH CENTRE

- Can help with health and social support such as **drug and alcohol, parenting skills, and counselling**
- May be a **small fee** for some services.

### WOMEN'S HEALTH SERVICE

- Give information and advice to women about women's health such as: **reproductive health, breast check, menstrual problems, domestic violence**

### CHILDREN'S HEALTH SERVICE

- Specialise in the health and development of children **0- 5 years old.**
- Early Childhood Refugee Nurse Program offers initial assessment of the child.
- Link parents to local support groups, playgroups
- Refer to appropriate services within the community



### SCHOOL-BASED YOUTH HEALTH SERVICES

- For young people in secondary schools
- Provides **confidential** health education, information and advice

[https://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/services/health+services+for/refugee+health+service/refugee+health+service.](https://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/services/health+services+for/refugee+health+service/refugee+health+service)



## MENTAL HEALTH SERVICE

- **STTARS** (Survivors of Torture and Trauma Assistance and Rehabilitation Service) – help people seeking asylum and people from refugee background who have experienced traumatic experience before coming to Australia.
- Local **Mental Health Services** – for everyone
- All the above services are **free and confidential**.



## Questions:

1. Why is it better to see a bulk-billing GP?

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2. How can someone make an appointment with a doctor if she/he cannot speak English well?

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3. What are some examples of Specialist doctors?

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4. What services will a Refugee Health Nurse provide?

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5. Where can you go to get advice on women's health issues?

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6. If someone has experienced traumatic experience in the past, where can she/he go to get help?

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