

Explore the hope  
of Jesus and the  
light he brings this

Easter



## Easter – a hope that shines brightly

### Dance video resources

*“The time to sing is when your emotional level is just too high to speak anymore, and the time to dance is when your emotions are just too strong to only sing about how you feel.” – Bob Fosse*

The Worship Arts Team has produced two video resources that tell the Easter story from the perspective of the women accompanying Jesus, through the medium of dance.

**Good Friday: ‘Night Watches’** (3 min 07 sec) is a piece that explores the grief the women experienced in losing their rabbi and leader. The Bible tells us that the women had travelled with Jesus and had cared for his needs. We know the disciples had put their hope in Jesus and had seen him transform their lives. Imagine how they must have mourned his death. In this dance piece, we see the women in crisis, lamenting Jesus’ death. Perhaps asking themselves ‘What do we do now?’. Grief is an experience familiar to all of us, perhaps in 2020 more than ever. This dance endeavours to explore this common experience.

‘Night Watches’ is designed to be shared in a Good Friday service.

**Easter Sunday: ‘Hope Wakes’** (1 min 35 sec) is a joyful and uplifting piece where we see the reaction the women have to the news of the risen Saviour Jesus. Matthew 28 tells us an angel spoke the good news of Jesus’ resurrection to the women and that they were filled with joy. The Bible also tells us that when the women saw Jesus they ‘clasped his feet and worshiped him’. This piece begins with the mourning of Friday but transforms into joy, awe and wonder before our risen King. It ends with the women leaving to tell others about the good news.

‘Hope Wakes’ is designed to be shared in an Easter Sunday service.