

SEVEN TYPES of ORDINARY HAPPINESS

SECRET HAPPINESS
WHICH IS STEADY
BUT BEAUTIFULLY
DELICATE

Three minutes of
happiness borrowed
from a dog.

TRADITIONAL
LYING DOWN
HAPPINESS



The happiness which
comes from staring
at a rock.

HAPPINESS BLENDED
WITH A MYSTERIOUS
SADNESS

The strange happiness
associated with seeing
a meteorite or
shooting star.

Diffuse, residual
happiness resulting
from rhythmic
domestic tasks such
as washing the dishes.



Leung

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Why is everyone hungry
for more?
"More, more," they say.
"More, more."
I have God's
more-than-enough,
more joy in one
ordinary day
Psalm 4:6-7 (MSG)

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