



JESUS
Centered

**THESE JESUS CENTERED PRAYER CARDS FOR KIDS AND FAMILIES ARE
DESIGNED TO ALIGN WITH THE NATIONAL PRAYER FOCUS 2022 DEVOTION
GUIDE. ITS GOAL IS TO HELP FAMILIES CONNECT WITH THEIR YOUNG
PEOPLE, TO CREATE CONVERSATION AROUND PRAYER AND INSPIRE
THEM TO THINK ABOUT THEIR RELATIONSHIP WITH GOD.**

PARENTS/ CAREGIVERS:

- **FEEL FREE TO USE THEM ANYTIME! FIND THE TIME THAT SUITS YOU. THE MOST RELAXING PLACE IS OFTEN THE BEST PLACE TO CREATE CONVERSATION. WHETHER IT IS MEALTIME OR IN THE CAR OR SOMEWHERE ELSE, HERE IS AN OPPORTUNITY TO TALK ABOUT PRAYER WITH YOUR KIDS.**
- **THE QUESTIONS ARE SUGGESTIONS ONLY. YOU KNOW YOUR CHILDREN BEST, AND YOU MAY FIND OTHER QUESTIONS THAT HELP LEAD YOU TO MEANINGFUL AND HELPFUL DISCUSSIONS.**
- **TO HELP ADJUST THE QUESTIONS TO SUIT THE AGE OF YOUR CHILDREN YOU MAY LIKE TO USE PERSONAL PAST OR RECENT EXPERIENCES TO HELP SHAPE YOUR QUESTIONS AND CONVERSATIONS.**

Day 1

Follow Him



**PLAY THE GAME CALLED "FOLLOW THE LEADER". (MAKE UP YOUR OWN ACTIONS / MOVEMENTS)
THE LEADER CAN SPEED UP THE ACTIONS TO INCREASE THE CHALLENGE FOR THE KIDS TO FOLLOW.**

IS IT EASY TO FOLLOW THE ACTION OF THE LEADER? WHY?

**JESUS DIDN'T TELL US HIS PLAN OR ACTION WHEN WE FIRST CHOSE TO FOLLOW HIM. HE SIMPLY INVITES US TO FOLLOW HIM
THEN HE WILL REVEAL THE PLAN.**

- **WHAT ARE YOU LEARNING ABOUT JESUS? DOES WHAT YOU ARE LEARNING ENCOURAGE YOU TO FOLLOW JESUS?**
- **WHAT ELSE WOULD YOU LIKE TO LEARN ABOUT JESUS?**
- **WHAT DO YOU THINK IT MEANS TO FOLLOW JESUS?**

Day 2

Abide in Jesus



WATCHING THINGS GROW.

OPTION 1: FIND A STICK IN THE GARDEN. PLANT ONE END INTO THE SOIL. DOES IT GROW INTO A TREE?

OPTION 2: PICK A FRESH CUTTING FROM A SMALL PLANT. PLACE IT IN A JAR OF WATER AND SEE IF IT GROWS NEW ROOTS.

JESUS SAID HE IS THE VINE, & WE ARE THE BRANCHES. JOHN 15:5. WE ARE CONNECTED TO HIM.

- **WHAT IS IT LIKE TO KNOW YOU ARE, OR CAN BE, CONNECTED TO JESUS?**
- **WHAT HELPS YOU TO STAY CONNECTED TO JESUS?**
- **WHAT DO YOU THINK IT WOULD BE LIKE TO BE LIVING AND SEPARATED FROM GOD?**

PRAY FOR SOMEONE YOU KNOW TO BECOME CONNECTED TO JESUS.



Day 3

Abide in Jesus

JESUS CALLS US TO FOLLOW HIM. TO MAKE HIS WAYS THE FOCUS OF OUR LIVES. TO FOLLOW JESUS, WE MUST FOCUS ON HIM AND COPY HIS BEHAVIOUR AND FAITH. HOWEVER, THERE ARE LOTS OF THINGS DISTRACTING US FROM FOCUSING ON JESUS AND HEARING FROM HIM.

- **WHAT KIND OF DISTRACTIONS CAN YOU THINK OF?**
- **WHAT CAN YOU DO SO THAT YOU CAN FOCUS ON JESUS?**

PRAY AND ASK JESUS FOR FAITH TO FOLLOW HIM.

Day 4

Loved by God



CAN YOU THINK OF ANYONE YOU KNOW WHO MAY BE EXPERIENCING BEING ABANDONED, OR FEELING LONELY AND UNLOVED?

WHAT COULD YOU DO TO SHOW GOD'S LOVE TO THESE PEOPLE AROUND YOU?

WHETHER YOU HAVE IDEAS OR NOT, IT IS ALWAYS GOOD TO PRAY TO GOD FOR PEOPLE'S NEEDS AND ASK WHAT YOU CAN DO TO HELP.

Day 5

Loved by Him



SOMETIMES PEOPLE JUDGE OTHER PEOPLE INCORRECTLY. NO MATTER WHO WE ARE, WHAT WE'VE DONE OR WHERE WE HAVE BEEN, GOD SEE US AND LOVE US.

- **IS THERE ANYONE YOU KNOW WHO HAS BEEN JUDGED BY OTHERS? WHAT CAN YOU DO TO MAKE A DIFFERENCE TO THESE PEOPLE?**

CHECK OUT MATTHEW 7:1-5. IN PRAYER, ASK JESUS TO HELP YOU TO BE PATIENT WITH OTHER PEOPLE.

I am
enough

Day 6
valued by Jesus

**SOMETIMES WE MAY THINK THAT WE ARE NOT GOOD ENOUGH AT SPORT, MUSIC, SCHOOL ETC.
HAVE YOU EVER FELT YOU WERE NOT GOOD ENOUGH?**

GOD SAYS THAT WE ARE ENOUGH. WE ARE LOVED BY HIM. READ MATTHEW 10:31 & EPHESIANS 2:10.

HOW DO YOU FEEL ABOUT BEING ACCEPTED BY GOD?

CLOSE YOUR EYES AND LISTEN TO LAUREN DAIGLE'S SONG, 'YOU SAY'. IMAGINE JESUS SAYING GOOD THINGS TO YOU.



Day 1

Thinking like Jesus

DR SEUSS CALLED OUR BRAIN OUR "THINKER UPPER". SOMETIMES WE USE OUR "THINKER UPPER" TO THINK UP GOOD AND AMAZING THINGS. SOMETIMES OUR "THINKER UPPER" GOES CRAZY AND WE THINK OF SOME NOT VERY GOOD THINGS.

HAS YOUR 'THINKER UPPER' EVER GONE WILD AND CRAZY? WHAT HAPPENED?

WHAT CAN WE DO NEXT TIME IF WE EXPERIENCE THE SAME SITUATION AGAIN?

**HINT: EMERGENCY PRAYER – JESUS, PLEASE HELP MY MIND TO THINK GOOD THINGS. AMEN.
THEN BREATHE IN AND OUT SLOWLY.**

Day 8

Serving like Jesus



**HAVE YOU EVER HAD A SPECIAL EXPERIENCE OF GOD? WHAT WAS IT?
WHAT DO YOU THINK JESUS HAS DONE TO HELP YOU?**

SOMETIMES WE ARE LIKE THE GOOD SAMARITAN (LUKE 10:25-30), HELPING OTHERS WHO ARE IN NEED. SOMETIMES WE ARE THE ONES WHO RECEIVE HELP.

**IS THERE A MOMENT YOU ARE GRATEFUL FOR SOMEONE STEPPING IN AND HELP YOU?
TAKE A MOMENT TO PRAY AND THANK GOD FOR THAT PERSON.**



Day 9

Courageous like Jesus

HAVE YOU EVER DONE SOMETHING THAT MADE YOU NERVOUS OR SCARED, BUT YOU DID IT ANYWAY?

COURAGE REQUIRES ACTION AND TRUST IN GOD. GOD HELPED JOSHUA TO BE COURAGEOUS. JOSHUA 1:9.

TALK ABOUT THE TIMES WHEN YOU STRUGGLED TO BE COURAGEOUS. THANK GOD THAT HE IS WITH YOU ALWAYS AND ASK HIM FOR COURAGE.

Day 10

The Peace of Jesus



HAVE YOU EVER FELT OVERWHELMED AND WANTED TO GO SOMEWHERE TO HIDE?

IS THERE A QUIET PLACE THAT YOU ENJOY MOST? WHAT ELSE CAN YOU DO WHEN YOU FEEL OVERWHELMED?

BREATH PRAYER: CLOSE YOUR EYES AND IMAGINE JESUS STANDING IN FRONT OF YOU WITH HIS HANDS TOGETHER LIKE A CUP. TAKE A BIG BREATH IN. THINK OF THE THINGS THAT OVERWHELM YOU. NOW BREATH OUT SLOWLY AND IMAGE BLOWING OUT ALL THE THINGS THAT OVERWHELM YOU INTO THE HANDS OF JESUS. BREATH IN AND OUT AGAIN IMAGINING JESUS EYES AND THE PEACEFUL SMILE.

OPEN YOUR EYES.



Day 11

Right Living (Holiness)

**HOLINESS. THAT'S A WORD WE DON'T USE OFTEN. SIMPLY, IT MEANS LIVING LIKE JESUS.
LIVING A HOLY LIFE NOW IS LIKE A PREVIEW OF LIVING IN HEAVEN WITH JESUS.**

WHAT DOES HOLY OR RIGHT LIVING LOOK LIKE? CHECK OUT GALATIANS 5:22-23.

IF YOUR LIFE WAS MADE INTO A MOVIE PREVIEW FOR HOLY LIVING, WHAT PARTS WOULD YOU INCLUDE?

FOR FUN: WHAT'S YOUR FAVOURITE FRUIT TO EAT?

SOMETHING TO PONDER - HEBREWS 12:14

Day 12

Right Living (Holiness)



TO LIVE RIGHT WITH GOD, WE MUST LET JESUS DEAL WITH OUR SIN. SIN IS IGNORING GOD.

FOR FUN: ROLL SOMETHING DOWN A SLOPE. WATCH HOW IT SPEEDS UP. DID IT START SLOWLY AND SPEED UP? SIN STARTS SMALL AND GETS BIGGER.

IS THERE ANYTHING YOU DO, AND YOU KNOW THAT GOD DOESN'T LIKE IT? LOOK UP 1 JOHN 1:9. HOW GOOD IS IT THAT GOD WANTS TO FORGIVE US. 😊

GOD LOVES TO HAVE A RELATIONSHIP WITH US, HE WANTS TO TALK TO US. WHAT CAN YOU DO TO SPEND TIME WITH GOD TODAY?

Day 13

Life Rhythms



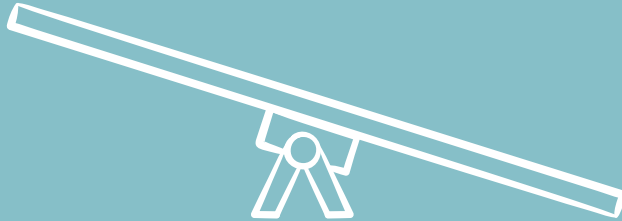
ACTIVITY: TAKE A DEEP BREATH IN THEN BREATHE COMPLETELY OUT. HOLD IT... HOLD IT AS LONG AS YOU CAN! HOW LONG DID YOU END UP HOLDING UNTIL YOU BREATHE IN AGAIN?

SPENDING TIME WITH GOD IS LIKE BREATHING, IT'S REGULARLY AND CONSTANTLY SO THAT WE STAY IN GOOD RHYTHM AND CONNECTION WITH HIM. WHAT ARE THE WAYS THAT YOU LIKE TO SPEND TIME WITH GOD?

PRAISE: DANCE TO YOUR FAVOURITE PRAISE SONG... WITH THE VOLUME UP!

Day 14

Life Balance



ACTIVITY: CAN YOU STAND ON ONE LEG FOR A MINUTE? MAYBE TWO? LET'S SEE HOW LONG YOU CAN STAND ON ONE LEG WITHOUT FALLING OFF!

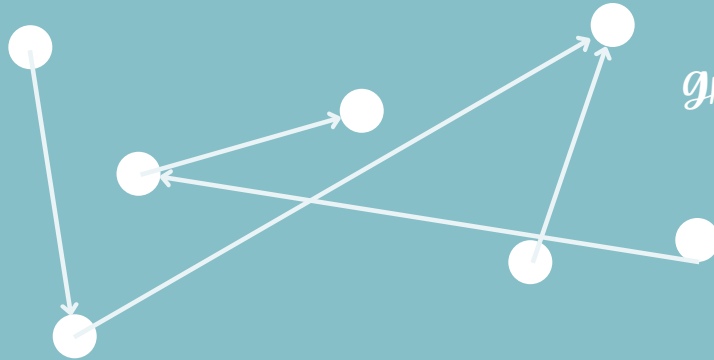
BALANCING CAN BE TRICKY. JUST LIKE OUR ROUTINE, SOME DAYS ARE BUSY, AND SOME DAYS ARE RELAXING. CONNECTING WITH GOD IN BUSY AND RELAXING TIMES IS IMPORTANT.

WHAT IS YOUR FAVORITE ACTIVITY/HOBBY YOU LIKE TO DO FOR YOURSELF?

PRAYER: THANK GOD FOR YOUR HOBBY. INVITE GOD TO BE PART OF YOUR HOBBY OR ACTIVITY AND ASK HIM TO HELP YOU WITH IT.

Day 15

grow like Jesus



CELEBRATE: WHAT ARE 3 THINGS YOU DID THIS WEEK THAT ARE OUTSIDE YOUR COMFORT ZONE?

GOD OFTEN PROMPT US TO DO THE NEXT RIGHT THING, TO BE MORE LIKE HIM. WHAT'S THE NEXT RIGHT THING YOU BELIEVE GOD IS ASKING YOU TO DO?

**PRAY PROVERBS 3:5&6. PUT YOUR TRUST IN GOD.
THAT'S WHAT JESUS DID.**



Day 16
Seek His Kingdom

IS THERE ANYTHING THAT WORRIES YOU TODAY? WHAT MAKES YOU ANXIOUS?

READ MATTHEW 6:25-34.

GOD SAID HE WILL CARE FOR US AND GIVE US ALL WE NEED. WHAT WOULD YOU LIKE GOD TO DO FOR YOU TODAY? PRESENT YOUR REQUEST TO GOD IN PRAYER.

Day 17

*Point the way to
Jesus*



HAVE YOU LOST ANYTHING LATELY? IF SO, WHAT DID YOU LOSE? HOW WORRIED ABOUT IT WERE YOU?

WHAT WAS JESUS' FOCUS? SEE LUKE 19:10

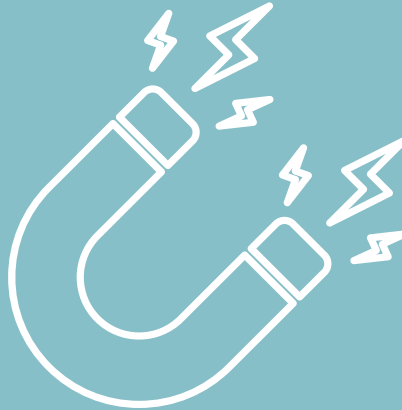
IS THERE ANYONE YOU CAN THINK OF WHO DOESN'T KNOW ABOUT JESUS? THEY CAN BE LOST IN THIS WORLD WITHOUT KNOWING OUR AWESOME GOD.

WHAT CAN YOU DO TO INTRODUCE THEM TO JESUS?

STEP 1: PRAY FOR THEM AND TELL JESUS ABOUT THEM.

Day 18

Point the way to
Jesus



WHAT'S YOUR FAVOURITE MAGNET ON THE FRIDGE (IF THERE ARE ANY)?

IF YOU WERE A MAGNET, WHAT KIND OF MAGNET WOULD YOU BE? WHAT KIND OF PEOPLE WILL YOU BE DRAWN TO?

TO BE A MAGNET WHO CONNECTS PEOPLE TO GOD WE FIRST NEED TO GET RIGHT WITH GOD.

2 CORINTHIANS 5:20

ASK GOD TO HELP YOU STAY CONNECTED TO HIM.

Day 19

Building Bridges to Jesus



HAVE YOU MET SOMEONE WHO IS DIFFERENT TO YOU? DOES IT FEEL HARDER TO GET TO KNOW THEM? HAVE YOU EVER MADE THEM FEEL LIKE YOU DON'T ACCEPT THEM? HAVE YOU EVER FELT LIKE YOU AREN'T ACCEPTED BY OTHERS?

JESUS LOVED AND ACCEPTED ALL SORTS OF PEOPLE, AND IT RADICALLY CHANGED THEIR LIFE. CHECK OUT JOHN 4:4-26

IS THERE ANYONE SHOWING YOU COMPASSION AND KINDNESS THIS WEEK?

ASK JESUS TO SHOW YOU WHO HE WOULD LIKE YOU TO SHOW COMPASSION AND KINDNESS TO THIS WEEK?



Day 20

*Building Bridges
to Jesus*

WHAT SORT OF STORIES DO YOU LIKE? DO YOU HAVE A FAVOURITE STORY?

JESUS LOVED TELLING STORIES. EXAMPLE: LUKE 15.

HAVE YOU EVER HEARD SOMEONE TELLING THEIR STORY ABOUT GOD'S INFLUENCE IN THEIR LIFE? WHAT WAS THAT LIKE?

FAMILY TIME: SHARE WITH EACH OTHER THE STORY OF GOD'S INFLUENCE IN YOUR LIVES.

PRAYER: THANK GOD FOR BEING IN YOUR LIFE.

1 PETER 2:12 – ASK GOD TO HELP YOU BE A GOOD LIVING STORY OF OUR GOOD GOD?

Day 21

Praying for Others



DO YOU STRETCH BEFORE YOU EXERCISE? STRETCHING PREPARES OUR MUSCLES FOR USE.

WHEN DO YOU PRAY? WHEN YOU REMEMBER? BEFORE YOU DO SOMETHING?

JESUS WAS A PRAYER. HE PRAYED ALL THE TIME. EG MARK 1:35. PRAYER WAS ESSENTIAL TO HIS LIFE.

WHAT THINGS IN THE WORLD DO YOU WANT TO PRAY TO GOD ABOUT?

WHO ARE THE PEOPLE IN YOUR FAMILY, YOUR FRIENDS AND YOUR COMMUNITY THAT YOU WANT TO PRAY FOR?



Day 22

Jesus Centered

CAN YOU THROW A BALL OF PAPER INTO THE BIN FROM A DISTANCE? THE MORE YOU PRACTICE THE BETTER YOU WILL GET.

JESUS INVITES US TO FOLLOW HIM EVERY DAY. HE KNOWS THAT IT WILL BE HARD TO DO BUT CONNECTING WITH HIM AND FOLLOWING HIM EVERY DAY IS WHAT HE CALLS US TO DO.

HOW IS YOUR RELATIONSHIP WITH GOD?

READ JOHN 15:5

JESUS WANTS TO BE THE CENTER OF OUR LIFE. WOULD YOU LIKE TO ASK JESUS TO:

- **FORGIVE YOU FOR IGNORING GOD?**
- **LEAD YOUR LIFE?**
- **HELP YOU LOVE GOD AND LOVE OTHERS?**
- **HELP YOU BE HIS FOLLOWER EVERY DAY?**

TALK WITH JESUS IN PRAYER ABOUT THESE THINGS.