



IMPORTANT HEALTH SERVICES PHONE NUMBERS

SERVICE	PHONE NUMBER
Healthdirect – 24 hour health advice	1800 022 222
Access Mental Health	1800 629 354 (02) 6205 1065
Refugee and people seeking asylum health services <ul style="list-style-type: none">• Health assessments to newly arrived refugees (within 12 months)• Referral to GP for completion of health assessment and ongoing care	1800 635 566
Domestic Violence Help Line	1800 800 098
Victim Support Service	1800 842 846
Parent Helpline – For parents in the ACT with concerns such as health, nutrition, behaviour and coping as a parent.	(02) 6287 3833
Poisons Information Centre – 24 hour help line if you, your child, a friend or a family member come in contact with a poison.	13 11 26