

## Health Practitioners in TAS



**GENERAL PRACTITIONER (GP)** – local family doctor

- **Remember to find bulk-billing GP. Not all GPs do bulk-billing**
- Ask someone in your community about **GPs who speak your language if you prefer.**



### **SPECIALISTS**

- If you need more tests or treatment, your GP may refer to a Specialist.
- To see a specialist, you must have a **referral letter** from your GP and make an **appointment.**
- Ask your GP to refer you to a **public hospital clinic** to see a **Specialist for free by using your Medicare.** You will wait longer but it is free. Otherwise, you need to pay.

## NURSES

1. Nurses are **highly trained health professionals** in Australia. Some are **specialist nurses** such as **mother and child health, mental health and refugee health**.
2. **Child and Family Health Nurses** can:
  - provide **free help to parents** to care for their babies and young children
  - give advice about **immunisations**
  - arrange **home visits**



If you don't speak English well, **call TIS (interpreter) 131450 to make appointments with your doctor through an interpreter.** You can **request for an interpreter during your appointments too.**

## Health Service Providers in TAS



### PUBLIC HOSPITAL

In Tasmania, treatment in public hospitals is free to Australians and permanent residents of Australia including refugees – using Medicare. People seeking asylum without Medicare should not be charged unless for certain services.

### ON-ARRIVAL REFUGEE HEALTH CARE CLINIC

Provides free initial health care screening, assessment and referral services to humanitarian entrants.

- Will connect refugees to a doctor near to where they live.
- **Interpreters** are provided **free** of charge.

Ph 1300 977 518

### PUBLIC DENTAL SERVICES - Free dental treatment is available to:

- Anyone with a Health Care or Pensioner Concession Card
- Asylum seekers are exempt from fees for public dental services



### COMMUNITY HEALTH

Provides a range services such as **health promotion, child health, drug and alcohol, dental, disability, refugee health.**

**Small fees** apply to some services.

### WOMEN'S CLINIC

Give information and confidential service to women in areas such as: **reproductive health, family planning, breast check, menstrual problems, domestic violence**

### Child and Family Health Service

Free specialised service for children **up to the age of 5 years old**

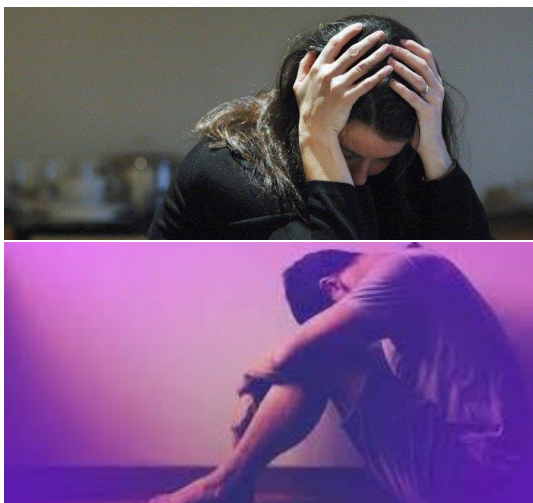
- Link parents to local support groups, playgroups and other services





## ADOLESCENCE AND YOUTH HEALTH

- **School nurses** (in some schools) – health assessment & education, information on healthy behaviour – drug and alcohol, tobacco, eating disorder etc, support community addressing issues facing young people & their families, link to services.
- **Youth Health Clinic** – free and confidential clinic for young people including sexual health, mental health, drugs & alcohol.



## MENTAL HEALTH SERVICE

- **Phoenix Centre** Provides counselling and advocacy for adults and children from any country who have fled persecution, torture and war-related trauma to find safely in Australia. Interpreters can be organised. The Phoenix Centre has staff based in Hobart and Launceston and provides services statewide. Ph (03) 6221 0999



## Questions:

1. Why is it better to see a bulk-billing GP?

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2. How can someone make an appointment with a doctor if she/he cannot speak English well?

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3. What are some examples of Specialist doctors?

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4. Where can you go to get advice on women's health issues?

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5. If someone has experienced traumatic experience in the past, where can she/he go to get help?

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