

A YEAR OF

PRAYER

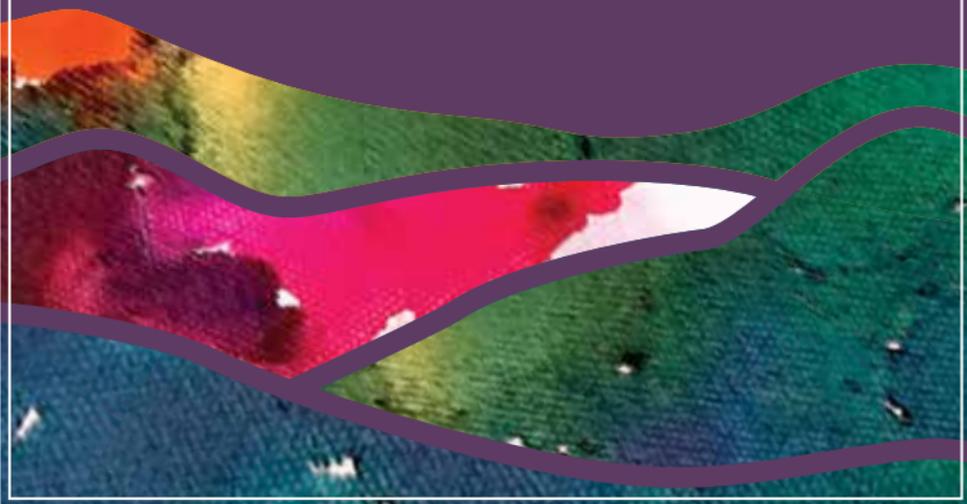
PRAYER CARDS



A YEAR OF _____
PRAYER
_____ WEEK ONE _____

John 1:23

John replied in the words of Isaiah the prophet, "I am the voice of one calling in the wilderness, 'Make straight the way for the Lord.'"



WEEK ONE

PRAY AND DISCERN

God, what are you asking of me in this journey of prayer?

PRAY AND DISCERN

Read the Scripture aloud.
What new thing do you notice this time?

ACTIVITY

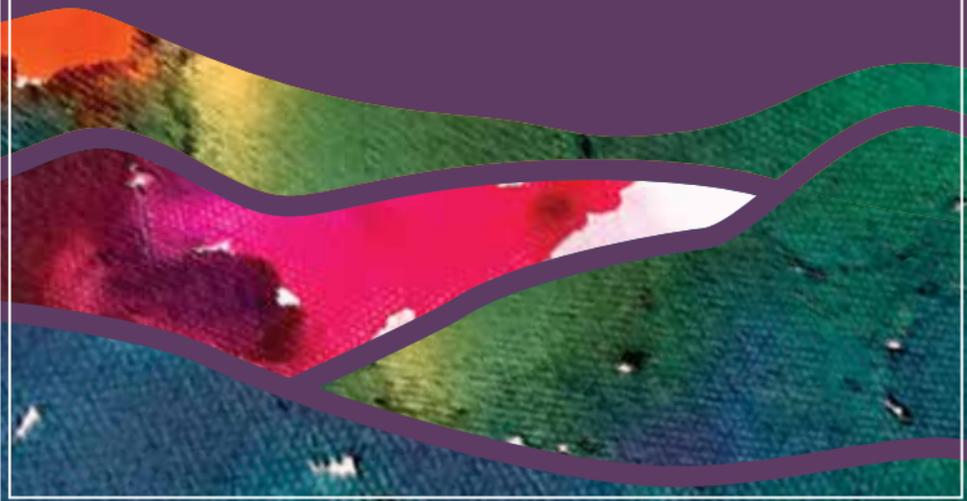
Spend some time today finding 'wilderness'.
What do you notice about the wilderness?
How does that make you think about God?



A YEAR OF _____
PRAYER
_____ **WEEK TWO** _____

1 Samuel 3:10

The Lord came and stood there, calling as at the other times, "Samuel! Samuel!" Then Samuel said, "Speak, for your servant is listening."



WEEK TWO

PRAY AND DISCERN

How will you know when God speaks?
(Matthew 4:4)

PRAY AND DISCERN

Pick a piece of paper or a book and write down what you remember God telling you over the years.

ACTIVITY

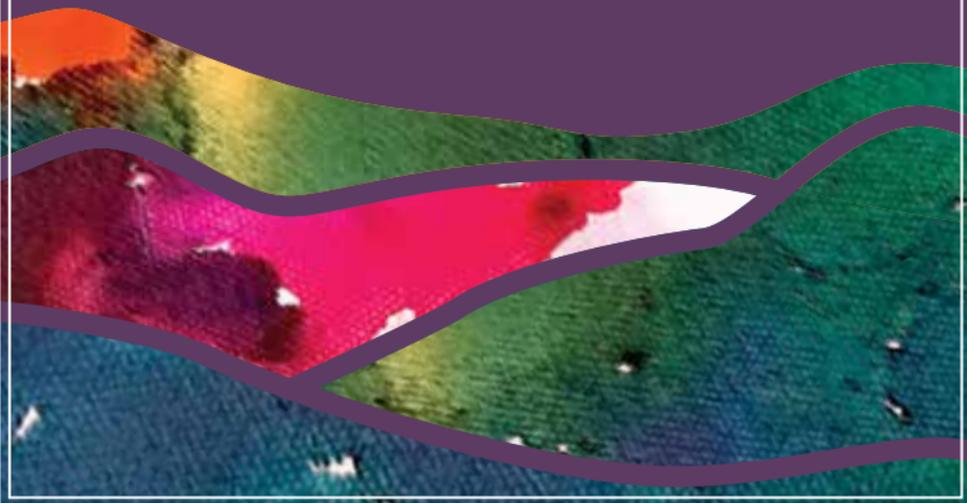
Draw a picture of an ear.
What is needed from us in order to listen?



A YEAR OF _____
PRAYER
_____ **WEEK THREE** _____

Mark 12:13

Later they sent some of the Pharisees and Herodians to Jesus to catch him in his words.



WEEK THREE

PRAY AND DISCERN

Have you let others steal the truth of what Jesus says from you?

PRAY AND DISCERN

What needs to change in your life right now for Jesus' truth to be planted like a seed?

ACTIVITY

Read the whole of Mark 12.

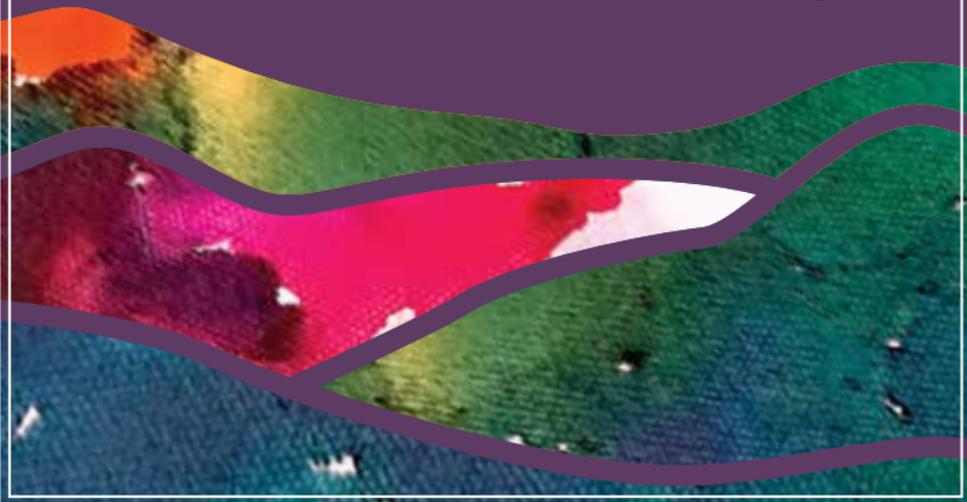
How do you think you need to behave differently this week? Share your hopes and thoughts with your friends or family.



A YEAR OF _____
PRAYER
_____ **WEEK FOUR** _____

Psalm 116:7-9

Return to your rest, my soul, for the Lord has been good to you. For you, Lord, have delivered me from death, my eyes from tears, my feet from stumbling, that I may walk before the Lord in the land of the living.



WEEK FOUR

PRAY AND DISCERN

What areas do you most need to 'rest' in today?

PRAY AND DISCERN

Notice today the weather, your body and your speech.
What is God speaking to you through these three things?

ACTIVITY

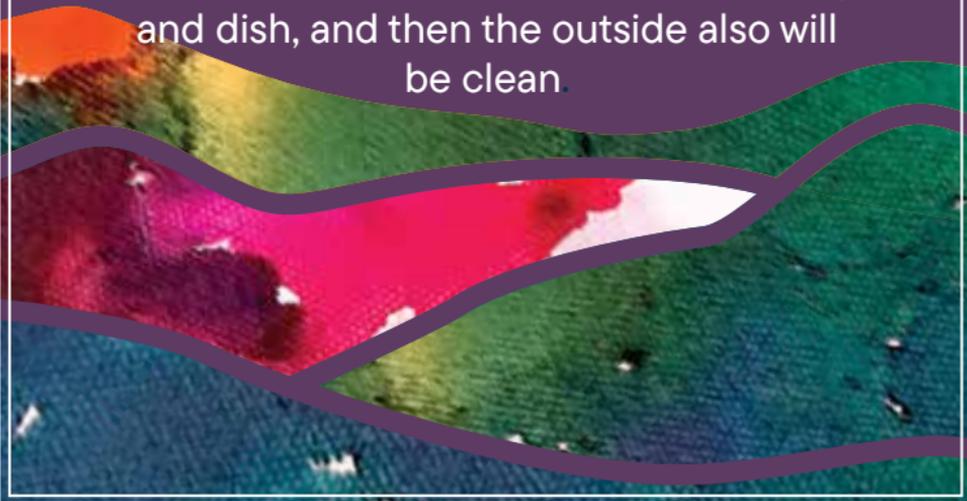
Find a quiet place in the sun to breathe and pray.
Spend time in confession (telling God where you have gone wrong) and repentance (letting God teach you how to live rightly).



A YEAR OF _____
PRAYER
_____ WEEK FIVE _____

Matthew 23:25-26

Woe to you, teachers of the law and Pharisees, you hypocrites! You clean the outside of the cup and dish, but inside they are full of greed and self-indulgence. Blind Pharisee! First clean the inside of the cup and dish, and then the outside also will be clean.



WEEK FIVE

PRAY AND DISCERN

Dirty plates make our food dirty.
What areas of your heart keep making you react in anger? Is it a person, a place or a situation?

PRAY AND DISCERN

What is it that God is telling you needs to be approached differently in your community?
This is a 'we' problem, not a 'they' problem.

ACTIVITY

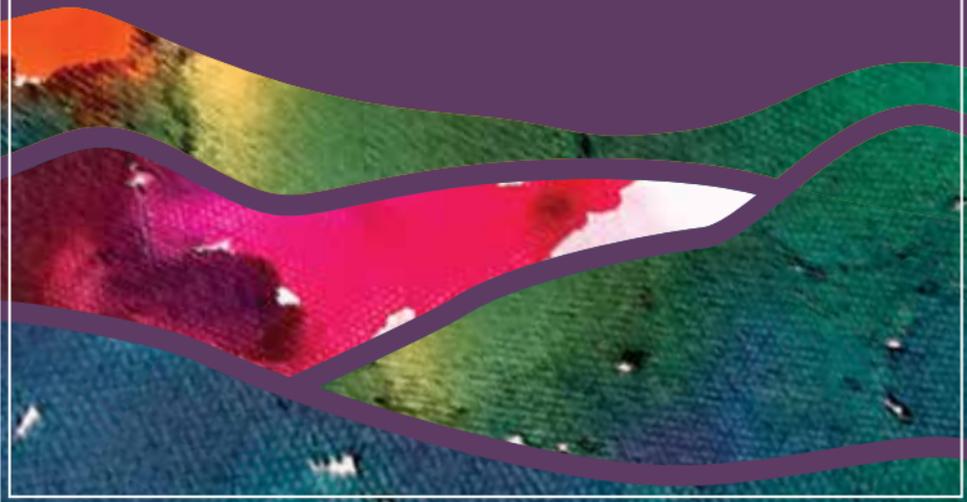
Find a quiet place in the dark to breathe and pray. Spend time in confession (telling God where you have gone wrong) and repentance (letting God teach you how to live rightly).



A YEAR OF _____
PRAYER
_____ **WEEK SIX** _____

Isaiah 40:28b-29

He will not grow tired or weary and his understanding no one can fathom. He gives strength to the weary and increases the power of the weak.



WEEK SIX

PRAY AND DISCERN

Read Isaiah 40.

How might you pray these blessings over other people?

PRAY AND DISCERN

Ask a child in your life to draw a picture of an eagle. Ask them how their eagle might speak about who God is. What have you learnt?

ACTIVITY

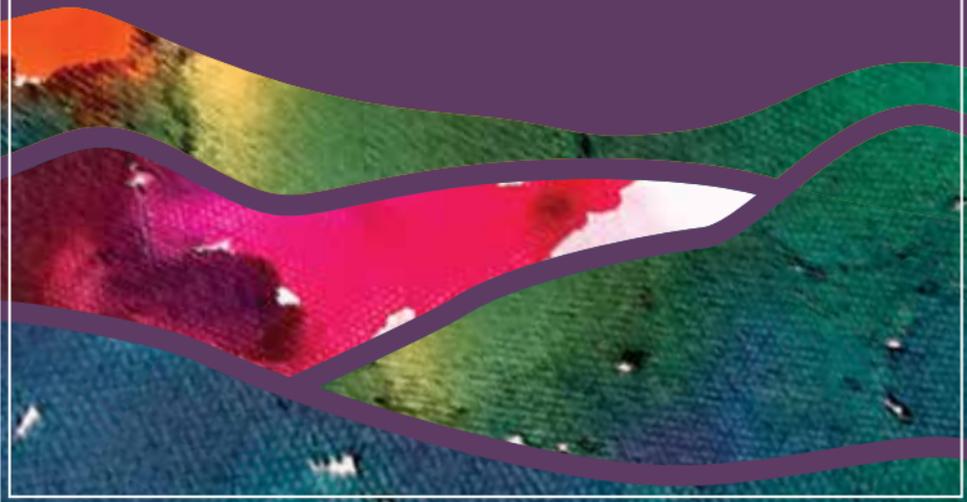
Find a quiet place in the morning rush to breathe and pray. Spend time in confession (telling God where you have gone wrong) and repentance (letting God teach you how to live rightly).



A YEAR OF _____
PRAYER
_____ WEEK SEVEN _____

Isaiah 1:18

“Come now, let us settle the matter,” says the Lord. “Though your sins are like scarlet, they shall be as white as snow; though they are red as crimson, they shall be like wool.”



WEEK SEVEN

PRAY AND DISCERN

Stains can be impossible to get out of white. What stains (sin) do you feel keep chasing you?

PRAY AND DISCERN

Share with a group what God has revealed to you. Ask for their prayer. What is the solution the Holy Spirit has presented?

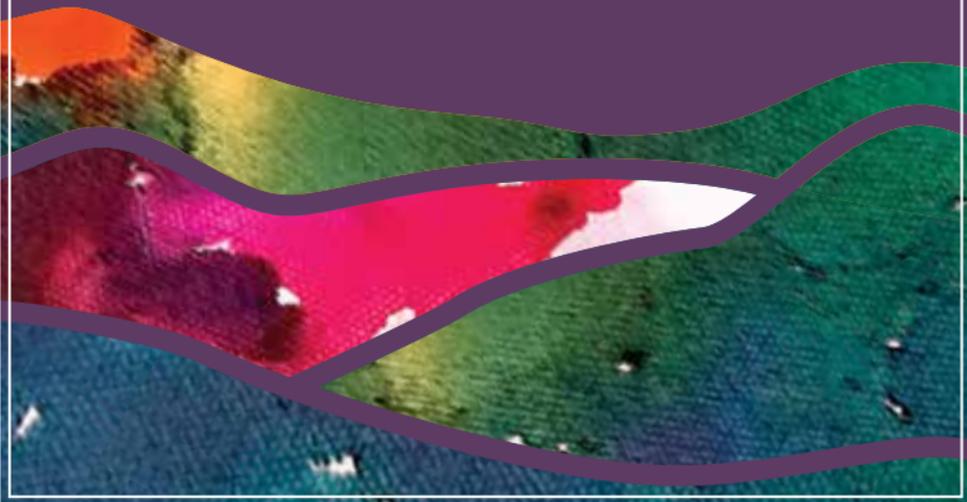
ACTIVITY

Find a piece of white cloth.
Dip it into something dirty.
How does Jesus promise to truly cleanse us?
(Psalm 51:7)



A YEAR OF _____
PRAYER
_____ WEEK EIGHT _____

Psalm 78:11
They forgot what he had done, the wonders
he had shown them.



WEEK EIGHT

PRAY AND DISCERN

What unexplainable wonders has God shown you that you need to recall, and give thanks for?

PRAY AND DISCERN

Take a walk by yourself or with a few others and pray as you walk, reflecting on your own spiritual journey thus far.

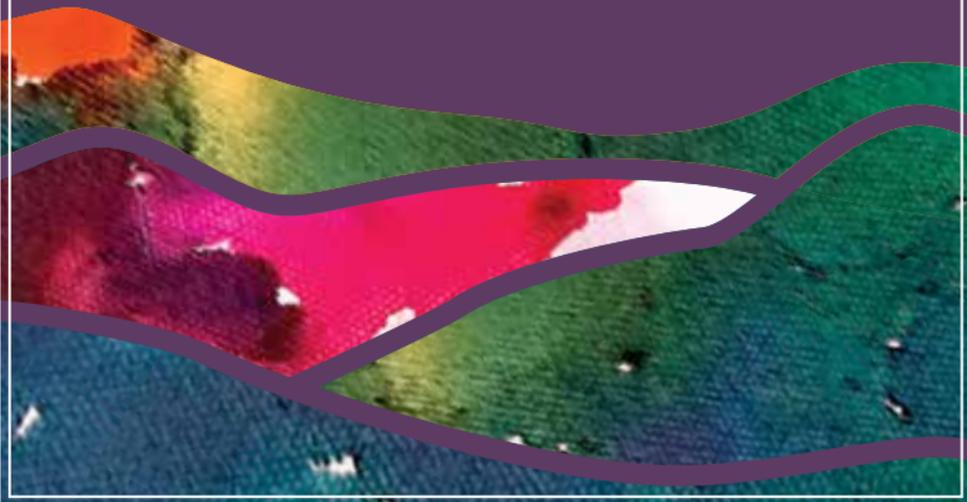
ACTIVITY

Take some time writing out a list of all the great wonders God has done.
Add to this list whenever it comes to your mind.



A YEAR OF _____
PRAYER
_____ **WEEK NINE** _____

Jeremiah 18:5
Then the word of the Lord came to me.



WEEK NINE

PRAY AND DISCERN

If possible, spend time asking a child this: “What is the Lord saying to you?” Write it down!
Ask God to speak to you through their words.

PRAY AND DISCERN

Find time to sit with someone today and share what you have felt God saying. Read what someone else has shared about a child’s response to this.
Discern.

ACTIVITY

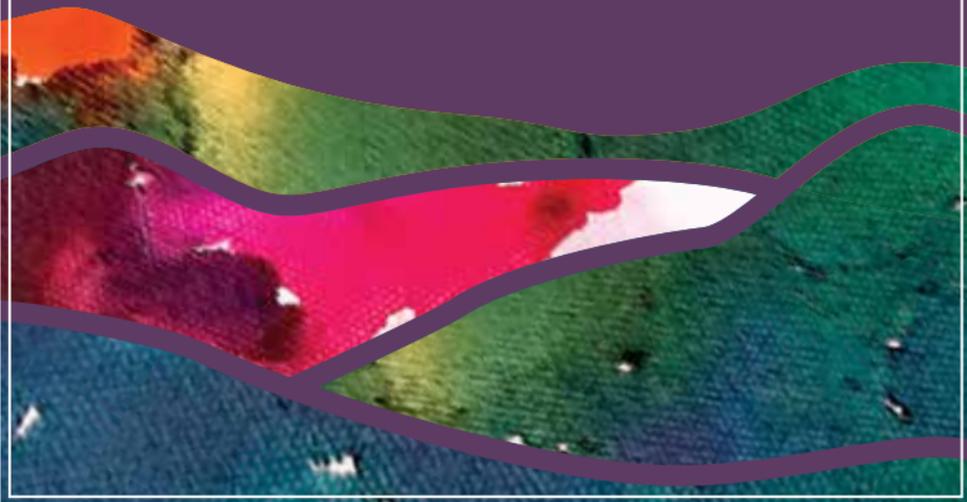
Find an empty room.
Speak aloud the words of thanks you have to God out of this spectacular week.



A YEAR OF _____
PRAYER
_____ **WEEK TEN** _____

Matthew 5:6

Blessed are those who hunger and thirst for
righteousness, for they will be filled.



WEEK TEN

PRAY AND DISCERN

As you sit and have a meal today, picture having it with God. Set an extra cup or plate to visualise.

PRAY AND DISCERN

As you eat today, think of the food and tastes, the time you ate it in, the location and the people around you. Where is God present here? What is God asking?

ACTIVITY

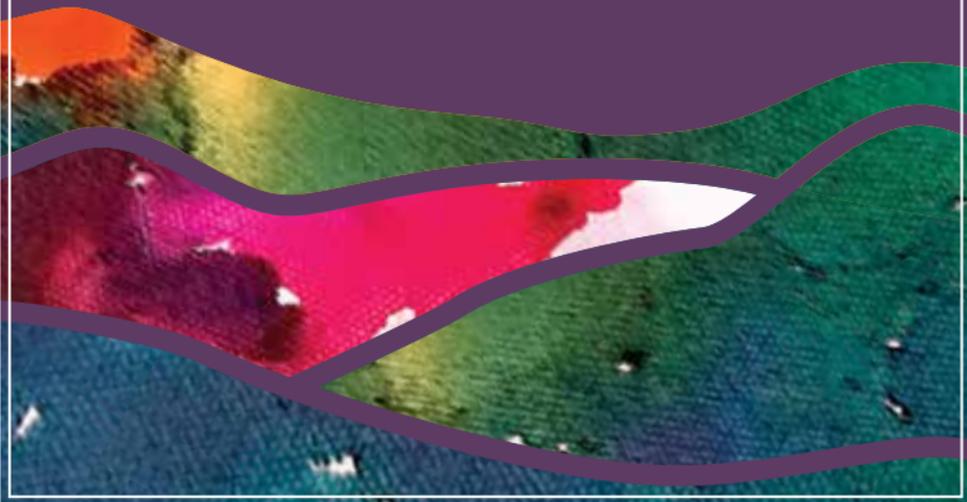
Draw a picture of a cup. Write 'glory' on it. Draw some food. Write 'righteousness' on it. What is God saying through this? (Ask someone else!)



A YEAR OF _____
PRAYER
_____ WEEK ELEVEN _____

Isaiah 55:3

Give ear and come to me; listen, that you may live. I will make an everlasting covenant with you, my faithful love promised to David.



WEEK ELEVEN

PRAY AND DISCERN

This week, commit to not eating, drinking or watching something and spend that time with God.

PRAY AND DISCERN

Google the definition of 'covenant'.
How is it different to what you thought it was?
Speak to God as you wonder about it.

ACTIVITY

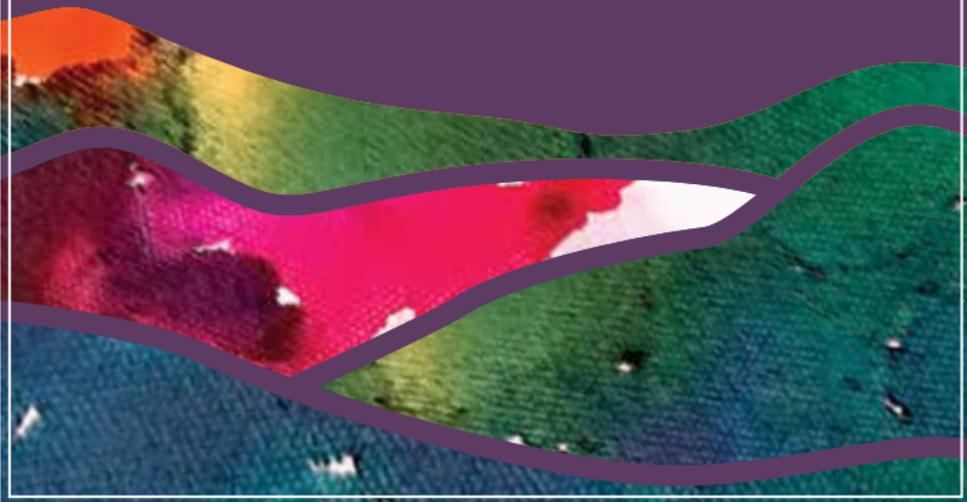
Look outside at the trees and nature today.
Take a leaf in your hand and examine it.
Pray for God to speak through nature and this leaf
to tell you something healing.



A YEAR OF _____
PRAYER
_____ WEEK TWELVE _____

Jeremiah 6:14

They dress the wound of my people as though it were not serious. "Peace, peace," they say, when there is no peace.



WEEK TWELVE

PRAY AND DISCERN

Wounds can get infected and hurt. What wound or sore has The Salvation Army received?

PRAY AND DISCERN

Write down all the words you can think of associated with the word 'peace'. Turn this into a prayer of praise and worship.

ACTIVITY

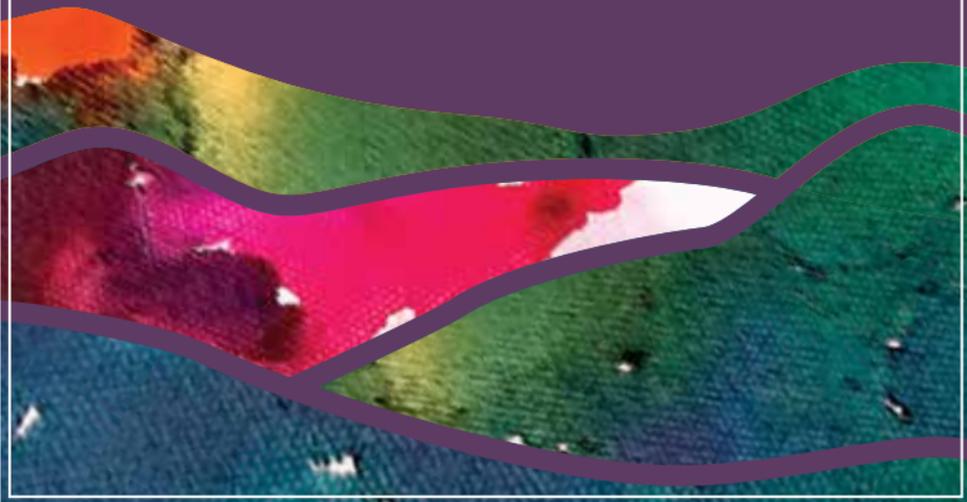
Write down all the words you can think of associated with the word 'wounds'. Turn this into a prayer of lament (regret and sadness) for our people.



A YEAR OF _____
PRAYER
_____ WEEK THIRTEEN _____

Acts 2:38

Peter replied, "Repent and be baptised, every one of you, in the name of Jesus Christ for the forgiveness of your sins. And you will receive the gift of the Holy Spirit."



WEEK THIRTEEN

PRAY AND DISCERN

Spend time reflecting on a Christian message or teacher you trust that really affected you.

PRAY AND DISCERN

Each time you drink or shower this week, practice saying the prayer, "You cleanse me, I am yours." What does this practice evolve into for you?

ACTIVITY

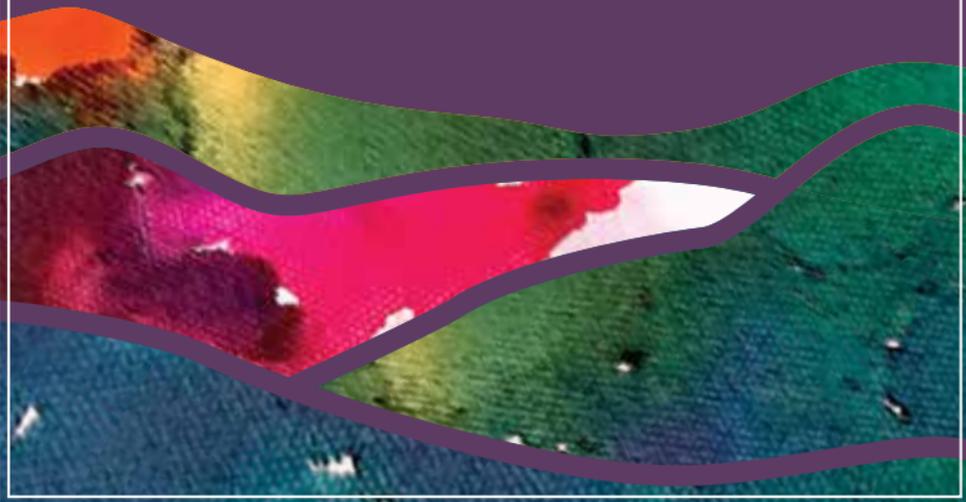
Our Holy Spirit is a supernatural gift, a Comforter and Guide who loves us and directs us. Create a sketch, words, song or artwork of any type depicting our Holy Spirit to you.



A YEAR OF _____
PRAYER
_____ WEEK FOURTEEN _____

Proverbs 30:12-14a

Those who are pure in their own eyes and yet are not cleansed of their filth; those whose eyes are ever so haughty, whose glances are so disdainful; those whose teeth are swords.



WEEK FOURTEEN

PRAY AND DISCERN

When we are blind, we cannot see. Ask God to show you where you are not able to see in your own life right now.

PRAY AND DISCERN

Find a safe friendship or trusted advisor to ask their opinion of where you cannot see. Pray together over this spiritual warfare. Ask for transformative peace.

ACTIVITY

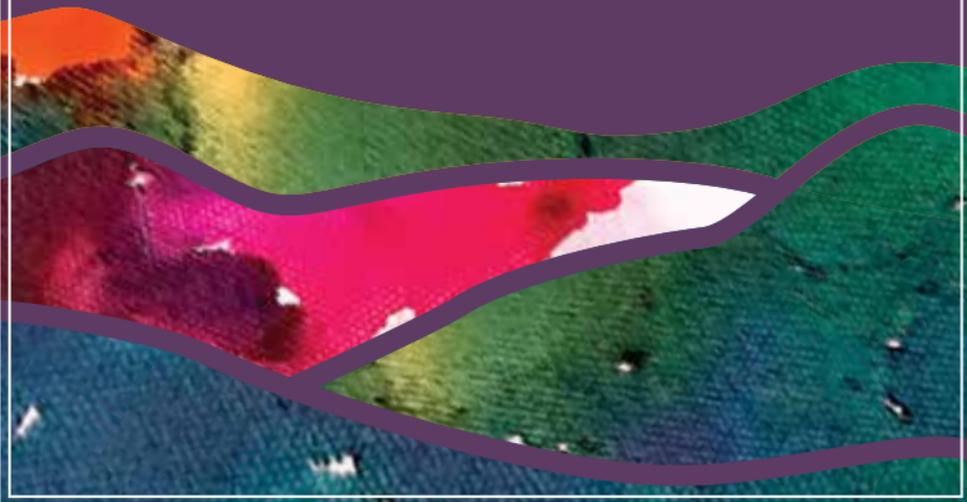
Try looking up the Scripture in another translation. What words are different? Talk together about what times we have been arrogant, angry or unkind. What have our family or friends asked us to do instead?



A YEAR OF _____
PRAYER
_____ WEEK FIFTEEN _____

Micah 6:8

He has shown you, O mortal, what is good.
And what does the Lord require of you? To
act justly and to love mercy and to walk
humbly with your God.



WEEK FIFTEEN

PRAY AND DISCERN

Arrogant people walk in a straight line and barge others out of the way. Are you like this when you are 'on a roll' or passionate? Ask God what walking 'humbly' might look like for your personality.

PRAY AND DISCERN

Think about something valuable you have given to a friend or loved one to bless them. What have you done for God this week to bless God? Make a list of ways you want to bless God this week.

ACTIVITY

Write the words 'justice, mercy, humbly' on your hand, a post-it note or make it your device's background. Ask God for opportunities for you to live these words out.



A YEAR OF _____
PRAYER
_____ WEEK SIXTEEN _____

Ecclesiastes 3:2-4

A time to be born and a time to die, a time to plant and a time to uproot, a time to kill and a time to heal, a time to tear down and a time to build, a time to weep and a time to laugh, a time to mourn and a time to dance.



WEEK SIXTEEN

PRAY AND DISCERN

What 'time' are you in right now? What is the season in your life that God is drawing to a close?

PRAY AND DISCERN

Pray for greater discernment. For yourself, your leaders, your home, your church, your ministry. It is much needed right now in this season as a movement.

ACTIVITY

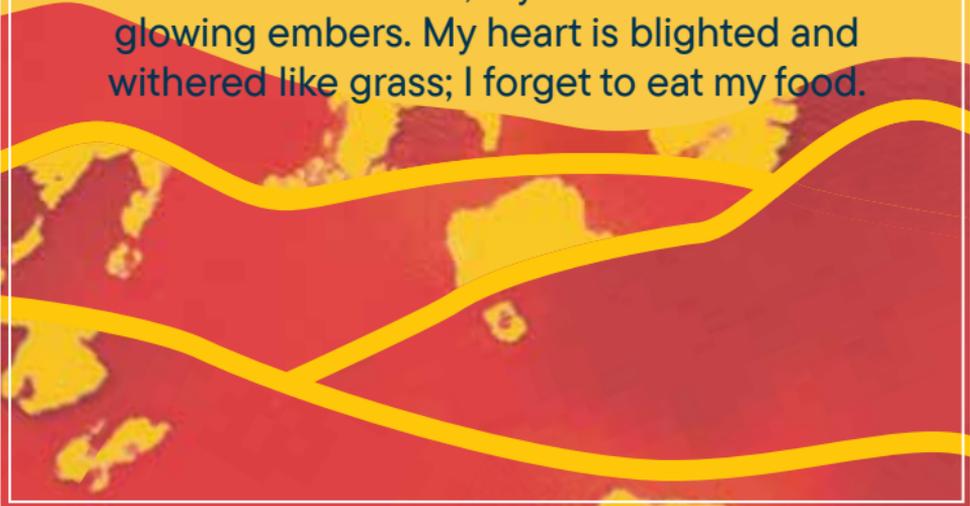
Read through the Ecclesiastes 3 list of 'times'. Which ones stick out to you? Which ones excite you? Which ones scare you? Which ones do you like? Which ones make you ashamed? Ask God to show you where your 'story' is in these times.



A YEAR OF _____
PRAYER
_____ WEEK SEVENTEEN _____

Psalm 102:1-4

Hear my prayer, Lord; let my cry for help come to you. Do not hide your face from me when I am in distress. Turn your ear to me; when I call, answer me quickly. For my days vanish like smoke; my bones burn like glowing embers. My heart is blighted and withered like grass; I forget to eat my food.



WEEK SEVENTEEN

PRAY AND DISCERN

What areas of your own spirit, and your own community, are aching right now?

PRAY AND DISCERN

Spend five minutes each day praying over the areas you identify. Add to the list as God brings concerns to your mind.

ACTIVITY

Write down some sentences that you think God would say to those who come to God in distress. Once you have finished, use these as part of your prayers in the coming week.



A YEAR OF _____
PRAYER
_____ WEEK EIGHTEEN _____

Psalm 29:1-2

Ascribe to the Lord, you heavenly beings,
ascribe to the Lord glory and strength.
Ascribe to the Lord the glory due his name;
worship the Lord in the splendour of
his holiness.



WEEK EIGHTEEN

PRAY AND DISCERN

This week, offer mostly prayers of worship as you spend time with God. See how this affects your mind and spirit.

PRAY AND DISCERN

Write your own Psalm, starting with, "Ascribe to the Lord ..." and finish this sentence off. Create as many paragraphs as you can to our wonderful Lord!

ACTIVITY

Get some coloured pens or pencils and some paper. Write or draw all the things you can think of that are awesome about God! If you're in a group, now write/draw all on the same paper.



A YEAR OF _____
PRAYER
_____ WEEK NINETEEN _____

Psalm 136:1-3

Give thanks to the Lord, for he is good.
His love endures forever. Give thanks to the
God of gods. *His love endures forever.*

Give thanks to the Lord of lords:
His love endures forever.



WEEK NINETEEN

PRAY AND DISCERN

Spend time considering the ways God has personally shown love in your life. How has this manifested?

PRAY AND DISCERN

What name is written above God's throne as a banner right now? Spend time asking God this each day.

ACTIVITY

Try this in a group as a liturgy.

All: Give thanks to the Lord.

Someone: (Say why they give thanks).

All: His love endures forever.

(Repeat again from the top!)



A YEAR OF _____
PRAYER
_____ WEEK TWENTY _____

Matthew 20:26-28

“Instead, whoever wants to become great among you must be your servant, and whoever wants to be first must be your slave — just as the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many.”



WEEK TWENTY

PRAY AND DISCERN

We know Jesus came in human flesh to give his life.
What fresh revelation do you seek of the suffering
servant?

PRAY AND DISCERN

Consider this week only the word 'serve'.
Write it somewhere if you must.
Set a reminder on your phone alarm.
What is needed of us?

ACTIVITY

Think of some things as a group that need doing.
Each write your own list. Look at each other's lists and
choose one thing you can do to serve that person in
the name of Christ.



A YEAR OF _____
PRAYER
_____ WEEK TWENTY-ONE _____

Matthew 5:4
Blessed are those who mourn, for they will
be comforted.



WEEK TWENTY-ONE

PRAY AND DISCERN

Where are you mourning this season? What cries haven't been heard? Seek God and seek resolution.

PRAY AND DISCERN

Read through Matthew chapter 5. Where have you, specifically, been promised blessing in this chapter?
Who in your community is hidden behind those situations named?

ACTIVITY

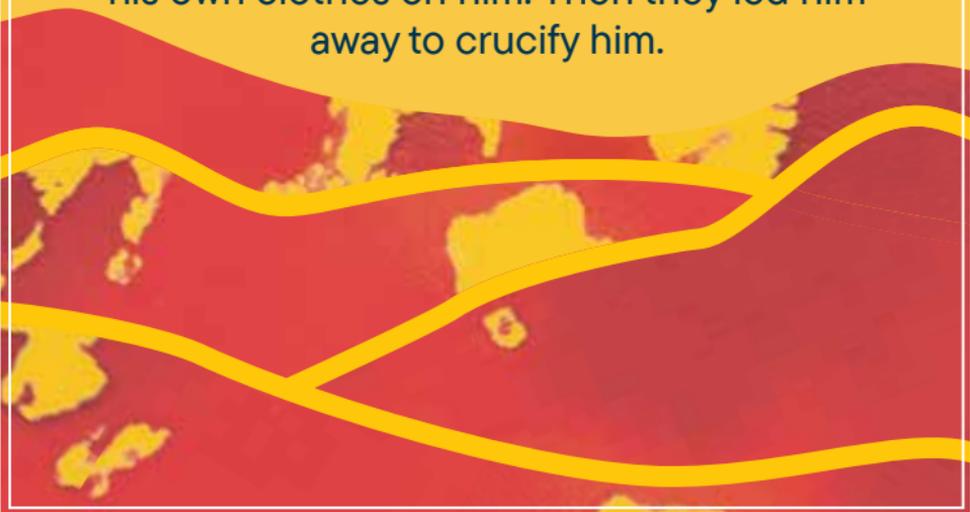
Ask God to send someone to you who needs prayer this week and ask if you can hug them. If they say yes, hug them! If you need a hug, ask a friend to hug you.
God will comfort us.



A YEAR OF _____
PRAYER
_____ WEEK TWENTY-TWO _____

Matthew 27:29-31

“Hail, king of the Jews!” they said. They spit on him, and took the staff and struck him on the head again and again. After they had mocked him, they took off the robe and put his own clothes on him. Then they led him away to crucify him.



WEEK TWENTY-TWO

PRAY AND DISCERN

Read crucifixion accounts in the Bible.
Ask for fresh revelation of the passion Christ gave to
save you.

PRAY AND DISCERN

Spend time seeking God in silence.

ACTIVITY

Take turns reading Matthew 27 (the whole chapter if appropriate). Be led by the Holy Spirit. Allow silence and room for the Scripture to speak to you.



A YEAR OF _____
PRAYER
_____ WEEK TWENTY-THREE _____

John 20:19

On the evening of that first day of the week, when the disciples were together, with the doors locked for fear of the Jewish leaders, Jesus came and stood among them and said to them, “Peace be with you.”



WEEK TWENTY-THREE

PRAY AND DISCERN

Where would it be most exciting if God appeared in your circumstances?

PRAY AND DISCERN

God is already there! And wanting to reveal Christ. Pray fervently this week for eyes to see where God is extending an offer for peace.

ACTIVITY

Find a ball or small object. With friends or family, throw it round the circle (or text message group!) and take turns sharing where you have felt Jesus' 'peace'. Keep the conversation going as long as you can!



A YEAR OF _____
PRAYER
_____ WEEK TWENTY-FOUR _____

1 Timothy 4:15-16

Be diligent in these matters; give yourself wholly to them, so that everyone may see your progress. Watch your life and doctrine closely. Persevere in them, because if you do, you will save both yourself and your hearers.



WEEK TWENTY-FOUR

PRAY AND DISCERN

What matters is God needing you to be the most diligent in? Discard the distractions, no matter how worthy, if they don't make the list.

PRAY AND DISCERN

Look up the doctrines of The Salvation Army. How are these lived out in your life? What matters need attention? What needs to change?

ACTIVITY

Read the Scripture out loud as a group. What words catch your attention? Notice if there are any words that are uncomfortable or hard to fully grasp. Spend some time exploring what makes you feel this way.



A YEAR OF _____
PRAYER
_____ WEEK TWENTY-FIVE _____

Nehemiah 1:4

When I heard these things, I sat down and wept. For some days I mourned and fasted and prayed before the God of Heaven.



WEEK TWENTY-FIVE

PRAY AND DISCERN

Mourning and rejoicing each have their time. What is God asking you to mourn (crying out in sadness) for yourself, your family, your party or community?

PRAY AND DISCERN

What things do you keep 'hearing' from others that cause you grief for the Body of Christ, our family of God?

ACTIVITY

Find a bowl or sink, write all your responses down on a piece of paper and submerge this into the water as you pray. What is God sharing with you as you do this?



A YEAR OF _____
PRAYER
_____ WEEK TWENTY-SIX _____

Romans 16:12
Greet Tryphena and Tryphosa, those women
who work hard in the Lord.



WEEK TWENTY-SIX

PRAY AND DISCERN

Romans 16 makes it clear we must greet — notice and make note of — those who are working hard for the Lord. Ask God to reveal who it is you are to ‘greet’ this week, in person or online.

PRAY AND DISCERN

Hard work should not break us. It should not eat us up or consume us. Set aside half an hour and read Lamentations 3. Notice what God is saying and underline it. Try and do this more than once this week.

ACTIVITY

Read Lamentations 3:19-27 aloud to another person or in a group. Share what you heard and felt God say, then ask the next person, “What do you hear?” Continue this until everyone has shared. Take time to ask or explain any words or concepts that are harder to understand.



A YEAR OF _____
PRAYER
_____ WEEK TWENTY-SEVEN _____

Acts 3:19-20

Repent, then, and turn to God, so that your sins may be wiped out, that times of refreshing may come from the Lord, and that he may send the Messiah, who has been appointed for you — even Jesus.



WEEK TWENTY-SEVEN

PRAY AND DISCERN

Refreshing may only come when we turn away from our sin and turn toward God. Has that happened for you? What needs to happen in order for this refreshing time to come?

PRAY AND DISCERN

The next time you buy a beverage/drink, ask God to speak to you in this act. It might take time to discern what the point is, but there is something God is willing to teach you through this moment.

ACTIVITY

Sit down with your friends or family, and share a piece of bread between you, and some drink. Take time to thank God for Jesus dying for us. The same bread we share is like the same Jesus we share. As you drink, thank Jesus that his sacrifice means our sins aren't counted against us.



A YEAR OF _____
PRAYER
_____ WEEK TWENTY-EIGHT _____

Colossians 4:2-5

Devote yourselves to prayer, being watchful and thankful. And pray for us, too, that God may open a door for our message, so that we may proclaim the mystery of Christ, for which

I am in chains. Pray that I may proclaim it clearly, as I should. Be wise in the way you act toward outsiders; make the most of every opportunity.

WEEK TWENTY-EIGHT

PRAY AND DISCERN

What open doors is God placing in front of you to spread the message of the Good News? And what is preventing you?

PRAY AND DISCERN

Underline all the 'actions' in this Scripture, but pay special attention to two that stick out to you. Write them somewhere and commit to living them out for the year.

ACTIVITY

What does the word 'wise' mean? Name as many 'wise' people as you can and share a little more of what you admire about them. Thank God for their lives and ask God to help you to be wise too.



A YEAR OF _____
PRAYER
— WEEK TWENTY-NINE —

Isaiah 32:4

The fearful heart will know and understand,
and the stammering tongue will be fluent and
clear.



WEEK TWENTY-NINE

PRAY AND DISCERN

Pray the words, "Speak clearly." What is God saying? Are you discerning?

PRAY AND DISCERN

Spend time in silence this week in prayer, instead of talking.

ACTIVITY

Spend two minutes with friends or family, focusing on the words "Speak clearly." Listen to God and share what God has said!



A YEAR OF _____
PRAYER
_____ **WEEK THIRTY** _____

Acts 2:3-4

They saw what seemed to be tongues of fire that separated and came to rest on each of them. All of them were filled with the Holy Spirit and began to speak in other tongues as the Spirit enabled them.



WEEK THIRTY

PRAY AND DISCERN

Have you experienced the power of our Holy Spirit?
Ask God why or why not. Test the word!

PRAY AND DISCERN

Specifically ask for God to pour out the tongues like
fire on you. Consider praying and fasting.

ACTIVITY

Do you know what spiritual gifts our Holy Spirit has
given you? In a group, consider doing a spiritual gifts
test (some are free online) and sharing who you are.
(Romans 12:4-8, Ephesians 4:11)



A YEAR OF _____
PRAYER
_____ WEEK THIRTY-ONE _____

Revelations 14:12

This calls for patient endurance on the part of the people of God who keep his commands and remain faithful to Jesus.



WEEK THIRTY-ONE

PRAY AND DISCERN

Where is God calling you to show 'patient endurance' in your life? And what areas do you need to take courageous action in right now?

PRAY AND DISCERN

Write down a list of 10 commands that God has given you to live a holy life. Are you living up to these? Pray for God's enlightenment and Holy Spirit's infilling.

ACTIVITY

Go for a prayer walk. What do you notice? What is funny? What is out of place? Pray for people and houses as you walk. Sit down afterwards and think about how your walk is similar to your faith journey.



A YEAR OF _____
PRAYER
_____ WEEK THIRTY-TWO _____

2 Corinthians 6:17-18

Therefore, “Come out from them and be separate, says the Lord. Touch no unclean thing, and I will receive you.” And, “I will be a Father to you, and you will be my sons and daughters, says the Lord Almighty.”



WEEK THIRTY-TWO

PRAY AND DISCERN

What does being holy mean for you?
What is God asking and saying?

PRAY AND DISCERN

How does being in the family of God make you feel,
act and think differently? Pray for guidance here.

ACTIVITY

We will always look like our parents in some way.
In what ways do you look like your mum or dad?
And in what ways do you look like God?
Share time together.



A YEAR OF _____
PRAYER
_____ WEEK THIRTY-THREE _____

Isaiah 58:11

The Lord will guide you always; he will satisfy your needs in a sun-scorched land and will strengthen your frame. You will be like a well-watered garden, like a spring whose waters never fail.

WEEK THIRTY-THREE

PRAY AND DISCERN

What areas of satisfaction are you most desperately seeking today? Pray this week until you hear. These can be a stumbling block or source of life.

PRAY AND DISCERN

Try and notice areas of death and life in the natural world around you this week. Learn about local flora and fauna. How is the natural world speaking of God?

ACTIVITY

Find an item in the house that means a lot to you and find a piece of nature. Have these two things in front of you and see if you can find ways they speak about who God is, and what God has been saying to you.



A YEAR OF _____
PRAYER
_____ WEEK THIRTY-FOUR _____

3 John 1:5

Dear friend, you are faithful in what you are doing for the brothers and sisters, even though they are strangers to you.



WEEK THIRTY-FOUR

PRAY AND DISCERN

Be encouraged! Your hard work and dedication to the Kingdom of God is bearing much fruit.

PRAY AND DISCERN

This week, pray for strangers.
Pray that the Lord would bless them as his Spirit settles upon their faces.

ACTIVITY

Think of a way together this week to bless some strangers. Cooking, donation, clothes, or inviting them for a meal, movie or cuppa. How did it go?



A YEAR OF _____
PRAYER
_____ WEEK THIRTY-FIVE _____

Matthew 10:19-20

At that time you will be given what to say,
for it will not be you speaking, but the Spirit
of your Father speaking through you.



WEEK THIRTY-FIVE

PRAY AND DISCERN

God is saying, "Allow me to speak!"
Pray discernment over this phrase.

PRAY AND DISCERN

How has God spoken through you and who has spoken God's words to you in the past? Share with others, and pray for those names!

ACTIVITY

Pick three Scriptures to try and memorise this week. They can be short or long! At the end of the week, see how those words have shaped your speech and thoughts. If they have, keep going with more!



A YEAR OF _____
PRAYER
_____ WEEK THIRTY-SIX _____

Romans 12:1

Therefore, I urge you, brothers and sisters,
in view of God's mercy, to offer your bodies as
a living sacrifice, holy and pleasing to
God — this is your true and proper worship.



WEEK THIRTY-SIX

PRAY AND DISCERN

In what ways are you intentionally offering your life and body to bless God and follow Christ?

PRAY AND DISCERN

Think of an area of obedience that you can begin developing in your mind and body. Really think, and commit to telling others you are going to attempt this as a personal holiness practice.

ACTIVITY

Think of some things that are absolutely essential to your wellbeing. Share them in a group discussion. Where does prayer and hearing from God factor in? How could this become an easier everyday practice? Try it together.



A YEAR OF _____
PRAYER
_____ WEEK THIRTY-SEVEN _____

2 Timothy 1:9-10

He has saved us and called us to a holy life — not because of anything we have done but because of his own purpose and grace. This grace was given us in Christ Jesus before the beginning of time, but it has now been revealed through the appearing of our Saviour, Christ Jesus, who has destroyed death and has brought life and immortality to light through the gospel.

WEEK THIRTY-SEVEN

PRAY AND DISCERN

Praise God! Jesus has won the victory! Ask God to show you all the ways God has brought about victory in your life, in the nation and in the church. Keep an eye out this week.

PRAY AND DISCERN

Sit together with a friend this week and tell your testimony of God's faithfulness in your life. Even if they've heard it before, take this opportunity to boast about God's goodness.

ACTIVITY

Write 'death' on a piece of paper. What do you feel as you look at this word? Spend time in that 'bad' feeling. Now rip it up! This is what God has done, through Jesus our Saviour. Death isn't in charge anymore! Pick a word from the Scripture to focus on learning more about together.



A YEAR OF _____
PRAYER
— WEEK THIRTY-EIGHT —

1 Corinthians 7:35

I am saying this for your own good, not to restrict you, but that you may live in a right way in undivided devotion to the Lord.



WEEK THIRTY-EIGHT

PRAY AND DISCERN

Paul speaks of the “undivided devotion” of single persons. How are we honouring this unique mantle and gift of single people in our churches?

PRAY AND DISCERN

Ask God how you can be ‘undivided’ in your own matters of the heart. What would that require doing?
Or giving up?

ACTIVITY

Make a list of five things you get from spending time alone with God. Now make a list of five things God gets from spending time alone with you. Thank God for your relationship together.



A YEAR OF _____
PRAYER
_____ WEEK THIRTY-NINE _____

Mark 2:12

He got up, took his mat and walked out in full view of them all. This amazed everyone and they praised God, saying, "We have never seen anything like this!"



WEEK THIRTY-NINE

PRAY AND DISCERN

Is God wanting to perform miracles and wonders in your community? How so? Where do you feature?

PRAY AND DISCERN

Think back to the times you have seen something truly unexplainable, relationship-wise or physically.
Thank God for this.

ACTIVITY

Spend some time in prayer thinking about people you know who are sick. Think about their feelings and emotions right now. Pray for the feelings and emotions they will have with God's healing. Commit to sending a text message or card to them this week if you can.



A YEAR OF _____
PRAYER
_____ WEEK FORTY _____

Luke 21:13-15

And so you will bear testimony to me. But make up your mind not to worry beforehand how you will defend yourselves. For I will give you words and wisdom that none of your adversaries will be able to resist or contradict.



WEEK FORTY

PRAY AND DISCERN

Spend time this week meditating on your story of salvation. Add to it daily and thank God.

PRAY AND DISCERN

What do you notice most about the season's change?
What might God be asking or telling you to do in your spiritual life that mirrors this?

ACTIVITY

Ask someone in your family or friends, "What is something wise that I have said to you?" This isn't boastful or proud, it is a way to see God working. Give thanks to God for their response.



A YEAR OF _____
PRAYER
_____ WEEK FORTY-ONE _____

Ezekiel 36:8

But you, mountains of Israel, will produce
branches and fruit for my people Israel, for
they will soon come home.



WEEK FORTY-ONE

PRAY AND DISCERN

Write a list of names of people who don't know Jesus as their Saviour. Allow all their names to come to mind.

Write them down, pray for them this week.

Consider fasting too.

PRAY AND DISCERN

Look at a tree. Consider its leaves and branches, flowers and/or fruit. Ask God for a fresh revelation of what this picture or vision commands us as movement to do in response.

ACTIVITY

Pray for your friends, family and community to know God's peace and Christ's love. Spend five minutes together saying the names out loud of people God tells you to pray for, to come to know God. This will result in transformation of your community.



A YEAR OF _____
PRAYER
_____ WEEK FORTY-TWO _____

Exodus 40:38

So the cloud of the Lord was over the
tabernacle by day, and fire was in the cloud
by night, in the sight of all the Israelites
during all their travels.



WEEK FORTY-TWO

PRAY AND DISCERN

God promises to lead God's people faithfully, daily and that all who seek God in prayer will find God. Pray for these things.

PRAY AND DISCERN

Pray for God's direction over the church, the Body of Christ, our movement, our hearts. Give us courage to wait and discipline to listen, while faithfully responding.

ACTIVITY

What are fires known for? What are clouds known for? Why do you think God chose to appear as a fire and clouds as God leads? Share your wondering with friends and family. Pray for a response.



A YEAR OF _____
PRAYER

— WEEK FORTY-THREE —

Luke 12:36-37a

Like servants waiting for their master to return from a wedding banquet, so that when he comes and knocks they can immediately open the door for him. It will be good for those servants whose master finds them watching when he comes.



WEEK FORTY-THREE

PRAY AND DISCERN

What ways do you need to be ready and waiting for Jesus' return?

PRAY AND DISCERN

How is your life being faithfully 'poured out' to bless the Earth? What ways, big and small? Pray for discernment.

ACTIVITY

Google the artwork by Bohdan Piasecki, *The Last Supper*. What do you notice in this picture? Pray for your friends and family, community and the world to know the feast Jesus is giving.



A YEAR OF _____
PRAYER
— WEEK FORTY-FOUR —

Acts 4:31

After they prayed, the place where they were meeting was shaken. And they were all filled with the Holy Spirit and spoke the word of God boldly.



WEEK FORTY-FOUR

PRAY AND DISCERN

Each day this week, seriously commit to praying and seeking an anointing and pouring out of our Holy Spirit on us.

PRAY AND DISCERN

Where is your 'meeting place' with other Christian believers? If you aren't involved in a regular meeting place, consider joining in, or starting a regular community.

ACTIVITY

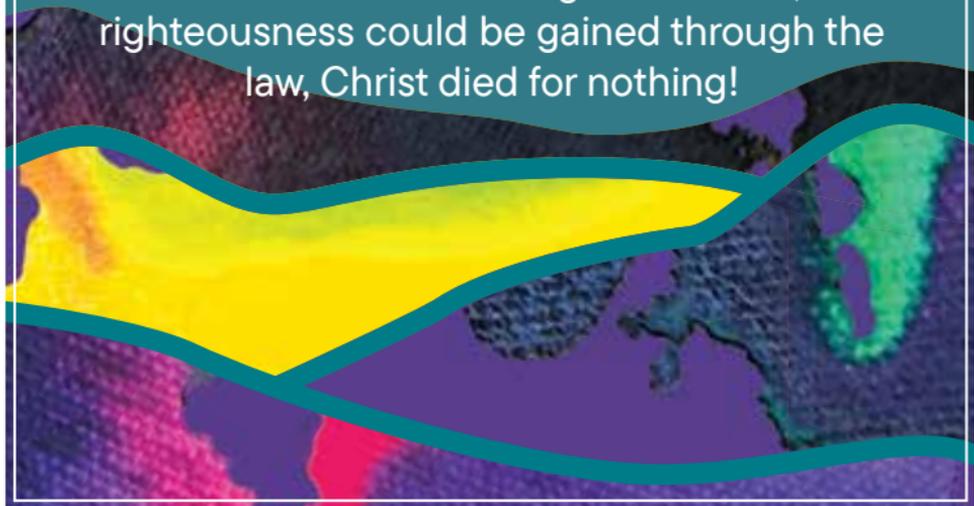
What was a way you have told a friend or another person about Jesus before? Pray together asking for a way to share the Good News with a familiar friend this week.



A YEAR OF _____
PRAYER
— WEEK FORTY-FIVE —

Galatians 2:20-21

I have been crucified with Christ and I no longer live, but Christ lives in me. The life I now live in the body, I live by faith in the Son of God, who loved me and gave himself for me. I do not set aside the grace of God, for if righteousness could be gained through the law, Christ died for nothing!



WEEK FORTY-FIVE

PRAY AND DISCERN

Read the Scripture as your focus for prayer this week.

PRAY AND DISCERN

The grace of God is our focus as a movement, right now in this moment. What is God expecting of you? How are you preaching it? How must we adjust and change?

ACTIVITY

When a baby begins to grow, they change and become different. When Christians begin to grow, the same thing happens! Talk about some ways you think Jesus wants you to 'grow up' as a Christian.



A YEAR OF _____
PRAYER

— WEEK FORTY-SIX —

1 Timothy 4:10

That is why we labour and strive, because we have put our hope in the living God, who is the Saviour of all people, and especially of those who believe.



WEEK FORTY-SIX

PRAY AND DISCERN

Commit this verse to memory as your act of prayer this week.

PRAY AND DISCERN

Ask God to stretch and challenge the areas you need most for you to truly believe.

ACTIVITY

Create an acrostic poem to the word 'believe'. Share it with at least one other person – you won't 'believe' what God does with this!

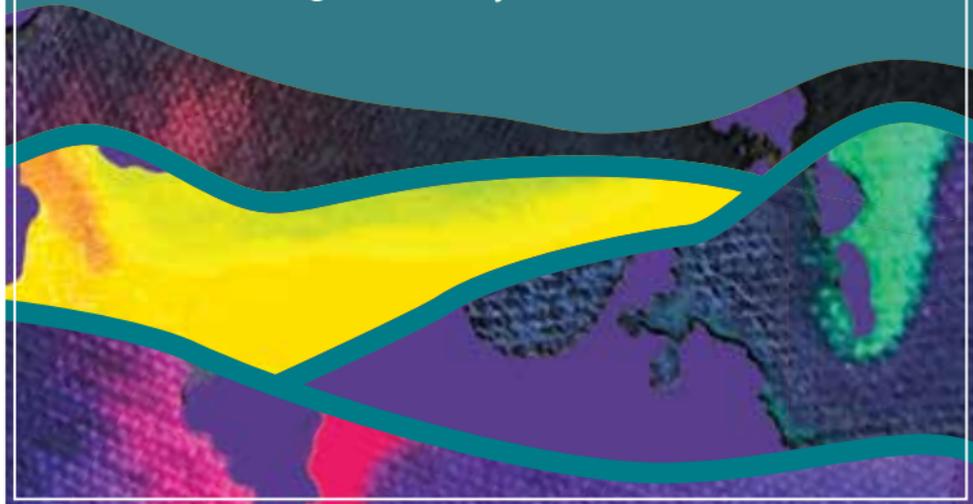


A YEAR OF _____
PRAYER

— WEEK FORTY-SEVEN —

Luke 11:34-35

Your eye is the lamp of your body. When your eyes are healthy, your whole body also is full of light. But when they are unhealthy, your body also is full of darkness. See to it, then, that the light within you is not darkness.



WEEK FORTY-SEVEN

PRAY AND DISCERN

Our eyes adjust to darkness and we strain to see the light. Ask God what is 'dark' and 'light' right now in your soul.

PRAY AND DISCERN

You are precious, well-loved, and covered in God's kindness. Find every opportunity this week to speak those words over yourself and others.

ACTIVITY

Draw three things that are light. Draw two things that are dark. Share in a group what you drew, and try and think of ways these relate (or others' drawings relate) to your own spiritual life right now.



A YEAR OF _____
PRAYER
— WEEK FORTY-EIGHT —

Matthew 26:6-8

While Jesus was in Bethany in the home of Simon the Leper, a woman came to him with an alabaster jar of very expensive perfume, which she poured on his head as he was reclining at the table. When the disciples saw this, they were indignant. “Why this waste?” they asked.



WEEK FORTY-EIGHT

PRAY AND DISCERN

WHAT A WASTE! Ask God to show you where this statement in your life is just absolutely not true.

PRAY AND DISCERN

Ask God what gift God would like from you. Willingly ask, and look, to willingly give. See how that perfume fills rooms in your life!

ACTIVITY

Think of a parable or story from the Bible that hasn't ever really made 'sense' for you. Ask questions in a group and see what other people say about that story.



A YEAR OF _____
PRAYER
_____ WEEK FORTY-NINE _____

Hebrews 11:3

By faith we understand that the universe was formed at God's command, so that what is seen was not made out of what was visible.



WEEK FORTY-NINE

PRAY AND DISCERN

Find some pictures of the universe and spend time meditating on them in prayer.

PRAY AND DISCERN

Reflect on how your prayer meditations turn to praise. What are the main themes of your prayers these days?

ACTIVITY

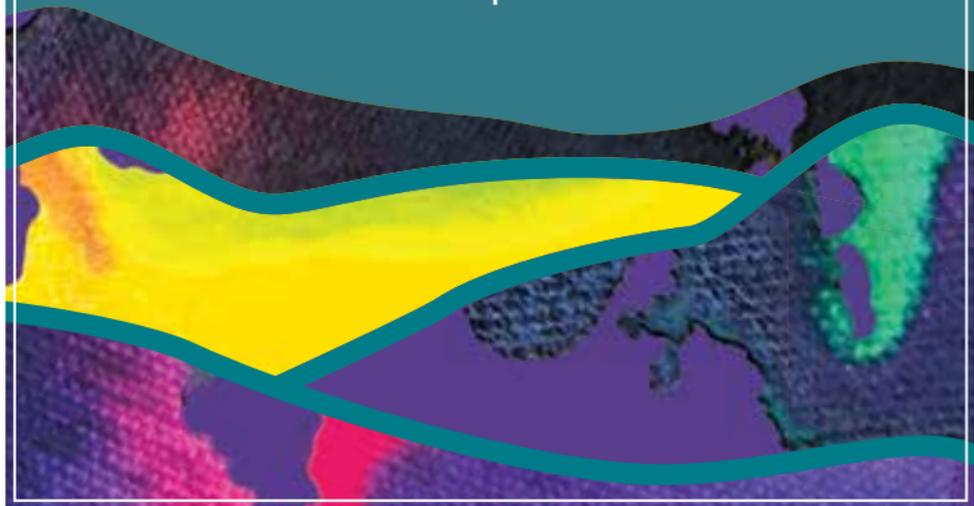
What invisible things are you praying for? How does the universe we live in speak to you of what is possible because of God?



A YEAR OF _____
PRAYER
_____ WEEK FIFTY _____

Mark 4:31-32

It is like a mustard seed, which is the smallest of all seeds on earth. Yet when planted, it grows and becomes the largest of all garden plants, with such big branches that the birds can perch in its shade.



WEEK FIFTY

PRAY AND DISCERN

How does small equal big in the Kingdom of God?
Pray for fresh revelations.

PRAY AND DISCERN

Find a plant or small seed (or buy one). Pray as you consider it. What is God teaching our church through caring for the planet, even in small ways?

ACTIVITY

Take a photo of a tree or plant in your neighbourhood or yard. Commit to praying every time you go past it, and once you have prayed three times, share what God says with someone else.



A YEAR OF _____
PRAYER
_____ WEEK FIFTY-ONE _____

Habakkuk 1:5

Look at the nations and watch — and
be utterly amazed. For I am going to do
something in your days that you would not
believe, even if you were told.



WEEK FIFTY-ONE

PRAY AND DISCERN

Do you believe this Scripture is, and can be, true of
The Salvation Army and your own life?

PRAY AND DISCERN

Jesus, I know you are capable of your promises, your
power to proclaim! Pray this three times a day.

ACTIVITY

Write the word 'new' on a piece of paper. Pray
together in a group and write what comes to your
mind, no matter how 'out there' or silly.



A YEAR OF _____
PRAYER
_____ WEEK FIFTY-TWO _____

Deuteronomy 4:1

Now, Israel, hear the decrees and laws I am about to teach you. Follow them so that you may live and may go in and take possession of the land the Lord, the God of your ancestors, is giving you.



WEEK FIFTY-TWO

PRAY AND DISCERN

This is where it gets real. Reflect on this year and share what God has said to you with the world.

PRAY AND DISCERN

Seek first the Kingdom of God — what armour is God asking you to take off (like David), and put on (like Christians are called to)?

ACTIVITY

Draw a picture of a soldier and a gardener, side by side. What do they share in common? What mistakes do they make? How might we be both as Christians — a gardener like our Creator God, and a soldier like Christ has called us to be in The Salvation Army?