

# GOOD HABITS



## Developing Good Habits

### Prayer

My goal is \_\_\_\_\_  
(example: to pray for ten minutes each morning then three times throughout the day)

Steps I will take to develop this habit:

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A habit I would like to stop is \_\_\_\_\_  
(example: reading text messages during the time I have set aside to pray)

### Reading the Bible

My goal is \_\_\_\_\_  
(example: to read one chapter and apply it each day)

Steps I will take to develop this habit:

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A habit I would like to stop is \_\_\_\_\_  
(example: reading without applying what I have read)

### Giving

My goal is \_\_\_\_\_  
(example: to be intentionally generous three times a week)

Steps I will take to develop this habit:

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A habit I would like to stop is \_\_\_\_\_  
(example: always wanting more)

### Sharing faith

My goal is \_\_\_\_\_  
(example: mention my faith to at least one person each week)

Steps I will take to develop this habit:

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A habit I would like to stop is \_\_\_\_\_  
(example: assuming that people don't want to hear about my faith)