



Jesus-centred
Spirit-led
hope revealed



BELIEVE IN GOOD

Family Mealtime Conversation Cards

These cards have been designed for use around the dinner table.

They are especially suitable for families with primary school-aged children.

Each night, choose one card and place it in the centre of the dining table. Then, as a family, follow the prompts on the card.

We pray that you enjoy connecting as a family and exploring what Jesus-centred, Spirit-led, hope revealed looks like.



Play a game of Simon Says.

What are some things Jesus says we should do?

How easy do you find it to do what Jesus says?

“If you love me, you will do as I command.” — John 14:15

JESUS-CENTRED



Have a staring competition with the person next to you.

The first person to blink is out!
Keep going until you have a family winner.

The Bible says we should fix our eyes on Jesus.

What helps you focus on Jesus?

“We must fix our eyes on Jesus.” — Hebrews 12:2

JESUS-CENTRED



**What do you think the world
would be like if everyone
was Jesus-centred?**

JESUS-CENTRED



If you had a chance to tell the whole world about Jesus in a big, special, 30-second announcement, what would you say?

JESUS-CENTRED



“If I keep Jesus at the centre of my life, I won’t have any problems.”

Do you agree or disagree? Why?

What are some things we can do to keep Jesus at the centre?

JESUS-CENTRED



Can you think of someone in your life who is Jesus-centred?

What do you notice about how they act or talk?

Who helps you keep Jesus at the centre of your life?

As a family, how can we help each other stay Jesus-centred?

JESUS-CENTRED



**Finish this sentence:
“People should put Jesus at the
centre of their lives because ...”**

JESUS-CENTRED



Play a game of Secret Whispers.

The Bible says the Holy Spirit sometimes comes like a gentle whisper (1 Kings 19:11-13).

How can we hear the Holy Spirit's whispers in a noisy world?
As a family, how can we make space for the Holy Spirit to speak?

SPIRIT-LED



**What is one thing you know
about the Holy Spirit?**

**What is one question you
have about the Holy Spirit?**

SPIRIT-LED



Do you think the Holy Spirit works in children?

Yes? Hands on hips.

No? Hands on heads.

Why did you choose your answer?

SPIRIT-LED



**Put a blindfold on someone
and use your voice to guide
them around the house.**

Take off the blindfold.

What do you think it is like when the Holy Spirit guides us?

How does the Holy Spirit show us which way to go?

SPIRIT-LED



Play a game of Rock, Paper, Scissors in pairs.

What do you do when you have
to make a hard choice?

Have you ever felt the Holy Spirit steering
you towards/away from an option?

SPIRIT-LED



We can feel the Holy Spirit in many different ways.

Share about a time when you felt the
Holy Spirit through nature, music or
when someone prayed for you.

SPIRIT-LED



When you have a guest stay at your house, how do you make them feel welcome?

The Bible says that God's Holy Spirit makes his home within us (1 Corinthians 3:16). What do you think this means?

How can we welcome the Holy Spirit into our hearts?

SPIRIT-LED



Have you ever heard someone say, “Don’t get your hopes up?”

What do you think they meant?

Should we get our hopes up when it comes to Jesus? Why/why not?

HOPE REVEALED



What do people your age hope for?

Do you think these things will make them happy?

HOPE REVEALED



**Who or what makes you feel
hopeful or encouraged?**

HOPE REVEALED



In what ways does Jesus bring hope?

HOPE REVEALED



**Finish this sentence:
“Before I grow up, I hope ...”**

Do you think people who know Jesus hope for different things to people who don't know him?

HOPE REVEALED



How can we bring hope to our neighbours/friends/ strangers we meet?

How can our family bring hope to each other?

HOPE REVEALED



**What advice would you give to
someone who felt like giving up?**

HOPE REVEALED
