



Jesus-centred  
*Spirit-led*  
hope revealed



BELIEVE IN GOOD

# Family Mealtime Conversation Cards

These cards have been designed for use around the dinner table.

They are especially suitable for families with primary school-aged children.

Each night, choose one card and place it in the centre of the dining table. Then, as a family, follow the prompts on the card.

We pray that you enjoy connecting as a family and exploring what Jesus-centred, Spirit-led, hope revealed looks like.



## Play a game of Simon Says.

What are some things Jesus says we should do?

How easy do you find it to do what Jesus says?

*“If you love me, you will do as I command.” — John 14:15*

JESUS-CENTRED

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# Have a staring competition with the person next to you.

The first person to blink is out!  
Keep going until you have a family winner.

The Bible says we should fix our eyes on Jesus.

What helps you focus on Jesus?

*“We must fix our eyes on Jesus.” — Hebrews 12:2*

JESUS-CENTRED

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**What do you think the world  
would be like if everyone  
was Jesus-centred?**

**JESUS-CENTRED**

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**If you had a chance to tell the  
whole world about Jesus in a big,  
special, 30-second announcement,  
what would you say?**

**JESUS-CENTRED**

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**“If I keep Jesus at the centre of my life, I won’t have any problems.”**

**Do you agree or disagree? Why?**

**What are some things we can do to keep Jesus at the centre?**

**JESUS-CENTRED**

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# **Can you think of someone in your life who is Jesus-centred?**

**What do you notice about how they act or talk?**

**Who helps you keep Jesus at the centre of your life?**

**As a family, how can we help each  
other stay Jesus-centred?**

**JESUS-CENTRED**

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**Finish this sentence:  
“People should put Jesus at the  
centre of their lives because ...”**

**JESUS-CENTRED**

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# Play a game of Secret Whispers.

The Bible says the Holy Spirit sometimes comes like a gentle whisper (1 Kings 19:11-13).

How can we hear the Holy Spirit's whispers in a noisy world?  
As a family, how can we make space for the Holy Spirit to speak?

SPIRIT-LED

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**What is one thing you know  
about the Holy Spirit?**

**What is one question you  
have about the Holy Spirit?**

**SPIRIT-LED**

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# Do you think the Holy Spirit works in children?

Yes? Hands on hips.  
No? Hands on heads.

Why did you choose your answer?

SPIRIT-LED

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**Put a blindfold on someone  
and use your voice to guide  
them around the house.**

**Take off the blindfold.**

**What do you think it is like when the Holy Spirit guides us?**

**How does the Holy Spirit show us which way to go?**

**SPIRIT-LED**

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# **Play a game of Rock, Paper, Scissors in pairs.**

What do you do when you have  
to make a hard choice?

Have you ever felt the Holy Spirit steering  
you towards/away from an option?

**SPIRIT-LED**

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# **We can feel the Holy Spirit in many different ways.**

Share about a time when you felt the  
Holy Spirit through nature, music or  
when someone prayed for you.

**SPIRIT-LED**

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# When you have a guest stay at your house, how do you make them feel welcome?

The Bible says that God's Holy Spirit makes his home within us (1 Corinthians 3:16). What do you think this means?

How can we welcome the Holy Spirit into our hearts?

— SPIRIT-LED —



# Have you ever heard someone say, “Don’t get your hopes up?”

What do you think they meant?

Should we get our hopes up when it comes to Jesus? Why/why not?

HOPE REVEALED

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# What do people your age hope for?

Do you think these things will make them happy?

HOPE REVEALED

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**Who or what makes you feel  
hopeful or encouraged?**

**HOPE REVEALED**

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# In what ways does Jesus bring hope?

HOPE REVEALED

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**Finish this sentence:  
“Before I grow up, I hope ...”**

Do you think people who know Jesus hope for different things to people who don't know him?

HOPE REVEALED

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# **How can we bring hope to our neighbours/friends/ strangers we meet?**

How can our family bring hope to each other?

HOPE REVEALED

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**What advice would you give to  
someone who felt like giving up?**

**HOPE REVEALED**

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