

NORMALISING

**What was one
of your first
big purchases
with your own
money and
how did you
feel about it?**



NORMALISING

What did you
save up for
as a child or
teenager that
meant a lot
to you at the
time?



NORMALISING

What small,
inexpensive
purchase
brings you
disproportionate
joy?



NORMALISING

What's the
best deal or
bargain you've
ever found?
How did you
find it?



NORMALISING

What was
a 'splurge'
purchase
you've made
and absolutely
don't regret?



NORMALISING
MONEY
CONVERSATIONS

NORMALISING

**What is your
favourite
way to spend
\$20 on a
weekend?**



BELIEVE IN GOOD

NORMALISING

**What's a silly
or less useful
skill you have?**

**Have you
ever tried to
monetise it
just for fun?**



NORMALISING

**Is there
something
related to your
culture or
family that you
spend money
on?**



NORMALISING

**What song
best describes
your current
financial
philosophy or
situation?**



NORMALISING

If you could travel back
in time to spend a day
in another era, with
\$1000 from that time
period, when would
you go and what would
you buy?



INSIGHTS

What does financial contentment mean to you?

“Yet true godliness with contentment is itself great wealth. After all, we brought nothing with us when we came into the world, and we can’t take anything with us when we leave it” (1 Timothy 6:7-7, NLT).



INSIGHTS

What are some ways you lean on others for support in your life? Your support network can boost your resilience and provide a sense of connectedness and belonging.

“The Lord is my shepherd; I shall not want. He makes me lie down in green pastures. He leads me beside still waters. He restores my soul” (Psalm 23:1-3a, ESV).



INSIGHTS

What advice do you have for balancing generosity with your own needs and goals?

“Command them to do good, to be rich in good deeds, and to be generous and willing to share. In this way they will lay up treasure for themselves as a firm foundation for the coming age, so that they may take hold of the life that is truly life” (1 Timothy 6:18-19, NIV).



INSIGHTS

Can you share an example of how you've managed anxiety related to financial stress in the past?

“Jesus taught his disciples, saying, ‘Listen to me. Never let anxiety enter your hearts. Never worry about any of your needs, such as food or clothing. For your life is infinitely more than just the food you eat or the clothing you wear’ (Luke 12:11-23, TPT).



INSIGHTS

How can we support each other
during financial challenges?
What relationships in your life
could you nurture?

*“Carry each other’s burdens, and in
this way you will fulfill the law of Christ”
(Galatians 6:2, NIV).*



INSIGHTS

Financial distress is being felt across income brackets (from under \$50,000 to more than \$150,000, annually).

Why do you think financial stress affects people across income levels?



INSIGHTS

Shame and pride are top reasons people wouldn't seek support for financial difficulty.

How can we create a more open environment for discussing financial issues? Describe a time when you let shame stop you from seeking help in an area of your life.



INSIGHTS

*In a research study among 900
Australians, 88 per cent agreed
that if they were in financial
difficulty, they would try to
solve it themselves first before
seeking help*

**Why do you think people prefer to handle
financial problems on their own?**



INSIGHTS

From 2019-2021, Moneycare saw a 13 per cent increase in community members who have a mortgage.

What barriers might homeowners have accessing services like Moneycare?



INSIGHTS

Employees spend a total average of 10.8 hours a week dealing with financial matters and stress at work.

How can workplaces better support employees in managing financial stress?



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SCENARIOS

If you were
given \$1000,
what would you
do with it?



SCENARIOS

**What appliance
or thing would
be most
disruptive
to your life
if it stopped
working?**



SCENARIOS

If you could
have any
superpower to
help you save
money, what
would it be and
how would you
use it?



SCENARIOS

**A sibling's
birthday is
coming up and
you have a \$20
budget for their
gift. What do
you get them?**



SCENARIOS

**You need to cancel
one subscription
service to save
money — examples
include Netflix,
Spotify or your gym
membership.
Which one goes
and why?**



SCENARIOS

If you could commit
to just one positive
financial habit for the
rest of your life, what
would it be?



SCENARIOS

You're planning a weekend getaway but need to keep costs low. Describe how you could make the trip enjoyable without overspending.



SCENARIOS

If you were a philanthropist, what is something you'd love to fund?



SCENARIOS

Imagine you are the manager of a service that's about to run out of funding. What out of the box ideas could you try to keep the service running?



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