

THE  
**good**†

NEWS OF EASTER



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Ever found yourself ‘doomscrolling’? The act of reading one bad, fearmongering, anxiety-inducing news story after the next is dangerous for our mental health and can leave us feeling afraid and hopeless.

That’s not how life is meant to feel.

God sent Jesus into the world to show us his incredible love, so we could experience hope, healing and deep joy.

This is good news worth knowing — and is what Easter is all about. Jesus came to Earth and died, but he rose back to life. Easter is a story about victory over death. Jesus brings us gladness where there was sadness.

This Easter, we invite you to press pause on the doomsday scroll and instead explore some good news with the Salvos.

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## **SALVATIONARMY.ORG.AU/EASTER**

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Jesus came to “give [those who mourn] a beautiful crown in exchange for ashes, to anoint them with gladness instead of sorrow, to wrap them in victory, joy, and praise instead of depression and sadness.”

Isaiah chapter 61 verse 3, The Voice Bible translation

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