

# the way

Jesus-centred Spirit-led Hope revealed



## Kids

# THE WAY



# Kids

## 11 week Kid's Ministry lessons

We have adapted **11 child-friendly lessons** from our Junior Soldiers material to align with the **five Key Principles** outlined in The Way. Each principle is explored through engaging, age-appropriate teaching themes:

- **Discipleship** – Who Is God? · You're the One God Needs
- **Mission** – Standing Up for Others · One Body, Many Parts
- **Evangelism** – Letting Your Light Shine · Creating Faith Pathways
- **Prayer** – Talking to God · Listening to God · Creative Prayer Stations
- **Spiritual Warfare** – Armour of God · Super-Human Power

### Lesson Structure

Each lesson is designed to support leaders and actively engage children, and includes:

#### **LEADER READY YOUR HEARTS & HAND**

A reflection page to help leaders prepare spiritually and practically before teaching

#### **CONNECT**

A 5-minute activity that introduces the main teaching point in a fun and creative way - often includes two activity options

#### **EXPLORE**

Approximately 10 -15 minutes of teaching time where children engage deeply with the Bible story or theme

#### **RECAP & REFLECT**

An intentional space to bring together everything from CONNECT and EXPLORE, helping children reflect, respond, and apply what they've learned.

# LIVE IT OUT EVANGELISM FOR SALVO KIDS



# Kids

Let your light shine

based on unit 5 lesson 1

## LEADERS READY YOUR HEART AND HANDS

Before teaching this lesson, take time to reflect, prepare, and pray. You're not just delivering content, you're helping to shape young disciples for a lifetime of faith.

### 1. Pray first

- Ask the Holy Spirit to speak to you and through you
- Pray specifically for each child in your group—by name if possible
- Invite God to open their hearts to receive his truth and recognise the Spirit's presence in their lives

Prayer prompt:

Holy Spirit, guide me as I lead these children. Give me clarity, compassion, and wisdom. Help me to see each child's potential and speak life into it.

### 2. Know the purpose

This lesson helps the children to explore and understand their responsibility to help others know and love God as they continue to grow as disciples.

- God calls us to share his love and good news with others.
- God wants our life to reflect God in us.
- How can we shine brighter for God?

### 3. Know the children

Reflect on the following:

- Which child might need extra encouragement?
- Who might be ready to step up and lead in prayer or discussion?
- Who needs to be gently drawn in to participate?

**Ask:** Holy Spirit, how can I affirm each child's gifts?

### 4. Explore the lesson in your life

As leaders, we can let our light shine by living out our faith in simple, everyday ways—showing kindness, serving others, and talking naturally about God. When children see us following Jesus with love and honesty, they learn that growing as a disciple also means helping others know and love God (Matthew 5:16).



## Lesson: Let your light shine

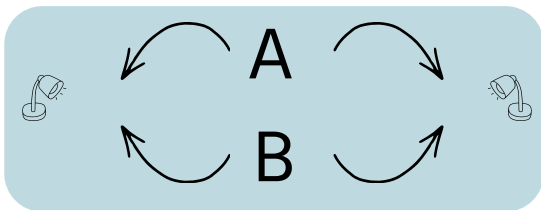
**Focus:** Children will learn that following Jesus means growing in their own faith while taking responsibility to show God’s love and help others know him through their words and actions.

**Key verses:** Matthew 5:16

**Time:** 45 minutes



### Connect



### Option A. On and off relay (5 minutes)

**Purpose:** To introduce the idea of light and why it is important.

**Supplies needed:**

- Two lamps

**Instructions:**

- Divide children into two or more teams
- Place a lamp at the far end of the room
- The first child runs to turn the lamp on, runs back, and high-fives the next child
- The next child runs to turn the lamp off, returns, and high-fives the next person
- Continue until everyone has had a turn
- When finished, teams sit in a line with hands on heads

**Leader:**

We’ve been turning a lamp on and off together.

- What is a lamp used for?
- Why is light helpful?
- When might you need one?

### Option B. Torch race (5 minutes)

**Purpose:** To explore how light helps us find God’s Word and guides us.

**Supplies needed:**

- Torches (without batteries)
- Batteries
- Printed Bible verses

**Set up:**

Before the lesson, hide batteries and printed Bible verses around the room.

(Optional: Print verses on different coloured paper and assign colours to teams)

**Instructions:**

- Divide children into teams and give each team a torch with no batteries
- On “go,” teams search for batteries, put them into their torch, and turn it on
- Once the torch works, they find their Bible verse
- Each team reads the verse together using the torch light
- They then sit in a circle to show they have finished

**Leader:**

We used torches today to help us find God’s Word.

- What is a torch used for?
- When does light help us most?

Lights help us see. They guide us and show us the way in the dark. Today we’re learning how we can be a **light for others**—showing love, kindness, and pointing people to Jesus.

# Explore

**LEARNING STYLES:** AUDITORY,  
INTERPERSONAL, VERBAL

## Option A. This little light of mine (15 minutes)

**Purpose:** To help children understand how they can let God's light shine through their lives and help others know him.

### Supplies needed:

- Lamp or torch
- Power cord and power point (if using a lamp)
- Music or lyrics for "This Little Light of Mine" or a YouTube clip - (choose other song as well )

### Start:

- Choose a familiar song about being God's light, such as "**This Little Light of Mine.**"
- Explain that you are going to sing together or listen to a song while using a lamp or torch.  
{Sing/listen to the song while holding the light, but don't plug it in or turn it on}

### Ask:

- Why isn't the light shining?
- What's missing now?

### Leader explanation:

For a light to shine, it needs to be plugged in and switched on.

In the same way, we shine when we are:

- **Plugged in to God**—When we pray, talk to God, listen to him, and know that he loves us
- **Switched on to Jesus' way of living**—When we follow Jesus, read the Bible, come to church, and try to live the way Jesus showed us

When we are connected to God and following Jesus, God's light shines through us.



We shine when we do the following:

- Speak kindly
- Make good choices
- Help others
- Show love and forgiveness

Just like a light helps people see where to go in the dark, when we live our lives following God it can shine others to Jesus.

### Going deeper:

Split into two groups (if you are a small group choose one of the scriptures):

- Group 1: Romans 10:9–15
- Group 2: Acts 8:26–35

Give each group a few minutes to talk about:

- What stood out to you?
- What does this say about helping others know God?
- What did the person do to share or show God's love?

### Share together:

Bring everyone back together and ask groups to share one or two key ideas.

Highlight these points:

- People often learn about God because **someone tells them**
- God may ask **ordinary people**, including kids, to help others know Him
- Like Philip, we can choose to listen and obey God
- Sharing God's love doesn't have to be hard or scary—God helps us

# Recap + Reflect

## What + WOW! 10 minutes

Ask the group what stood out to them today or something that made them think WOW!

### Recap:

- Jesus calls us to be a light to others
- Our light shines through our actions, words, and choices
- God helps us shine—we don't do it alone
- Even small acts can help others see God's love

### Leader:

This is a quiet moment to think about how today's lesson connects to our own lives. Remember, you don't have to do everything yourself. God simply asks you to be willing. You can shine your light in simple ways—by:

- Inviting a friend to church or Kids Club
- Sharing a Christian book or resource
- Choosing kindness and care each day
- Knowing Jesus is a gift, and God invites us to lovingly share that gift with others.

### Memory verse: Matthew 5:16 (CEV)

"Let your light shine before others that they may see your good deeds and praise your Father in heaven."

(Read together slowly or repeat line by line.)

### Final question to reflect:

- What is one way I can shine God's light this week?
- Who might God be asking me to care for or pray for?

Sit in a circle with the room lights dimmed or off. Pass a torch gently around the circle. When a child is holding the torch, invite them to say a short prayer (or listen quietly while the leader prays) asking God to help them shine His light. Encourage prayers for courage, kindness, and help with things that feel hard when sharing Jesus with others.

### Close in prayer:

"Jesus, thank You for being our light. Help us to shine Your love in what we say, think, and do. Give us courage to follow You and kindness to care for others. Walk with us this week as we shine for You. Amen."

# Notes + Follow up

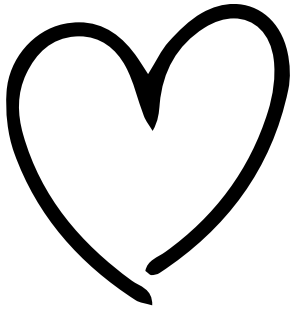


# FAITH IN ACTION

## LETTING YOUR LIGHT SHINE - EVANGELISM



God wants every Christian to live a life that reflects who he is. Because we have chosen to follow Jesus, the way we live should look a bit different from those who do not know or love God. Just like a shining torch or lamp that gives us light to navigate our way, living our lives in a way that shines God's love and Jesus' example can help others to navigate or find their way.



**At church:**



Chat to your Big Bud or leader and each share a short story about a time you saw someone show kindness or courage. Together thank God for people who shine his light.




**LIVE IT OUT!**



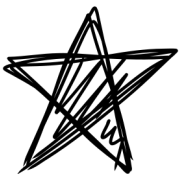
**At home:**

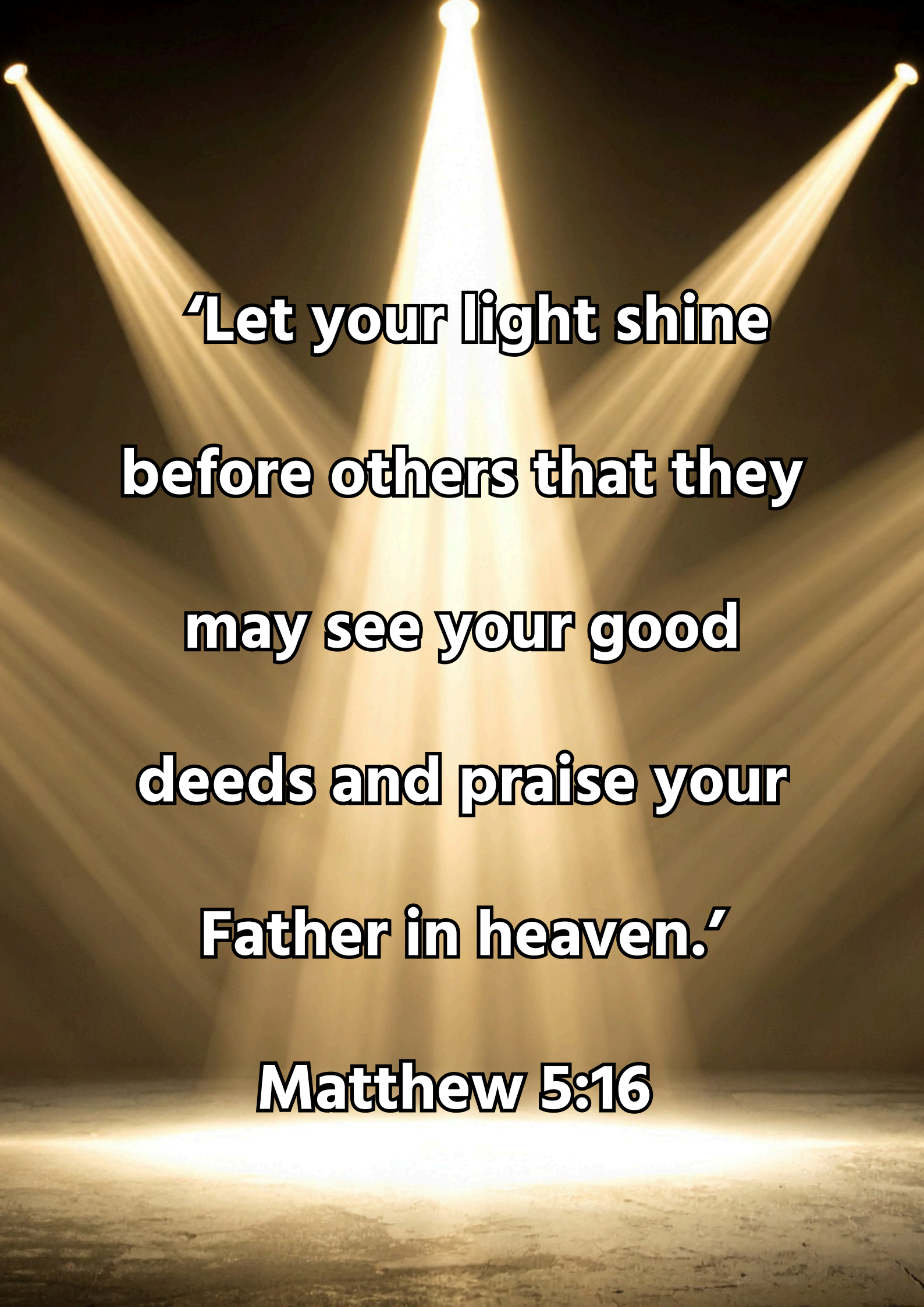
Walk around your home and look for things that give light, such as windows, candles or lamps. Each time you find one, say one way you can shine today.



**Get creative:**

Play the song - This Little Light of Mine and come up with some actions to it or just dance around!



The background of the image shows three bright spotlights shining down from the top, creating a dramatic, golden glow on a dark stage floor. The light beams are wide and fan out, illuminating the scene. The text is centered and written in a bold, white, sans-serif font with a black outline, making it stand out against the dark background.

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