

the way

Jesus-centred Spirit-led Hope revealed



Kids

THE WAY



Kids

11 week Kid's Ministry lessons

We have adapted **11 child-friendly lessons** from our Junior Soldiers material to align with the **five Key Principles** outlined in The Way. Each principle is explored through engaging, age-appropriate teaching themes:

- **Discipleship** – Who Is God? · You're the One God Needs
- **Mission** – Standing Up for Others · One Body, Many Parts
- **Evangelism** – Letting Your Light Shine · Creating Faith Pathways
- **Prayer** – Talking to God · Listening to God · Creative Prayer Stations
- **Spiritual Warfare** – Armour of God · Super-Human Power

Lesson Structure

Each lesson is designed to support leaders and actively engage children, and includes:

LEADER READY YOUR HEARTS & HAND

A reflection page to help leaders prepare spiritually and practically before teaching

CONNECT

A 5-minute activity that introduces the main teaching point in a fun and creative way - often includes two activity options

EXPLORE

Approximately 10 -15 minutes of teaching time where children engage deeply with the Bible story or theme

RECAP & REFLECT

An intentional space to bring together everything from CONNECT and EXPLORE, helping children reflect, respond, and apply what they've learned.

LIVE IT OUT PRAYER

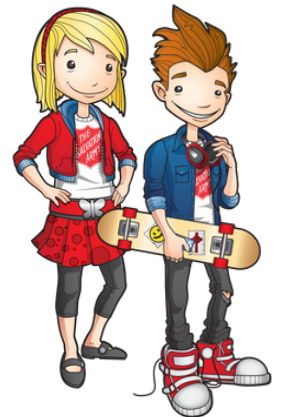
FOR SALVO KIDS



Kids

Creative Prayer Stations

based on Unit 10 lesson 6



LEADERS READY YOUR HEART AND HANDS

Before teaching this lesson, take time to reflect, prepare, and pray. You're not just delivering content, you're helping to shape young disciples for a lifetime of faith.

1. Pray first

- Ask the Holy Spirit to speak to you and through you
- Pray specifically for each child in your group, by name if possible
- Invite God to open their hearts to receive his truth and recognise the Holy Spirit's presence in their lives

Prayer prompt:

"Holy Spirit, guide me as I lead these children. Give me clarity, compassion, and wisdom. Help me to see each child's potential and speak life into it."

2. Know the purpose

This lesson shows children that prayer is simply talking with God, and that there are many ways to pray, not just one "right" way.

- That God invites us to talk to him about everything
- That prayer can be creative, quiet, active, or reflective
- That prayer can happen anywhere and anytime

- That different ways of praying may connect with us at different times in our lives

The goal is to help children feel free and confident to explore prayer in ways that feel natural to them.

3. Know the children

Reflect on the following:

- Which child might need extra encouragement?
- Who might be ready to step up and lead in prayer or discussion?
- Who needs to be gently drawn in to participate?

Ask:

"Holy Spirit, how can I affirm each child's gifts?"

4. Explore it for yourself

Before teaching, take time to reflect personally on the following:

- Which prayer station would you be drawn to first? Why?
- How do you normally pray, and what could stretch or refresh you?
- How have creative or quiet prayer moments helped you in the past?

Children learn best when leaders model openness and authenticity.

Lesson: Creative prayer stations

Focus: Exploring different ways to pray and connect with God creatively

Key Verses: Philippians 4:6-7

Time: 45 minutes

Connect

Option A. Every which way to pray (5 minutes)

Supplies needed:

- Book - Everyday Zoo: Every Which Way to Pray, by Joyce Meyer (Zondervan, 2012)

Leader:

There are so many ways we can pray. This book helps us see that prayer doesn't have to be complicated. (Read book)

This story reminds us that prayer is just talking to God like a friend — anywhere and anytime.

Link:

Today we're going to try something called prayer stations. We'll move around the room and pray creatively in different ways, about different parts of our lives.

Option B. I pray (5 minutes)

Supplies:

YouTube Clip:
[What is prayer](#)



Leader:

The kids in that clip had some great questions about prayer. I wonder — have you ever thought things like:

- Can God really hear me?
- Can I pray anywhere?

Today, you'll get to try lots of different ways to pray. Some you might love, others you might not — and that's okay. Prayer is about spending time with God, not doing things perfectly.

Explore

LEARNING STYLES: VISUAL, KINAESTHETIC, INTERPERSONAL, INTRAPERSONAL

Prayer stations (25 minutes)

Leader guidance:

As children move through the stations:

- Model calm, thoughtful participation
- Encourage but don't pressure
- Let children pray silently, draw, or think

Provide **at least four stations**, more if time and space allow.

Supplies needed:

- Long strips of paper (10cm strips cut lengthways from an A3 sheet of paper)
- Textas
- Wristbands
- Fine permanent markers
- Cardboard people
- Picture/drawing of your church
- Paper Magiclay (plasticine or other modeling product)
- A couple of copies of the local newspaper
- Band-aids
- Church prayer list
- Paper
- Ribbon strands in orange, yellow and red
- Bibles

Explore

Prayer Stations

Option 1 – Schools

Concertina Prayer Book

Supplies needed:

- Long strips of paper (10cm strips cut lengthways from an A3 sheet)
- Textas
- Example concertina book (pre-made)

Purpose: To help children pray specifically for people in their everyday school world.

Instructions for children:

1. Fold your strip of paper back and forth to make a concertina.
2. On each section, write or draw the name of someone from your school.
 - Teachers
 - Friends
 - Classmates
 - Someone who might be lonely or bullied
3. As you write each name, quietly talk to God about that person.

Prayer prompt (display or say):

“God, please help the people at my school. Help them feel safe, loved, and cared for.”

Option 2 - Family

Two Wristbands: Thanks and Help

Supplies needed:

- Two different-coloured wristbands per child
- Fine permanent markers
- Bible verse printed: Deuteronomy 6:6–9 (MSG)

Purpose: To help children pray honestly about both joys and challenges in their families.

Instructions for children:

1. Read the Bible verse provided.
2. Use one wristband to draw or write things about your family you are thankful for.
3. Use the other wristband to draw or write things your family might need help with.
4. Put the wristbands on and keep them as reminders to pray.

Leader note: Explain gently that some families have hard things — this is a safe space to pray.

Option 3 - Church

People in God’s House

Supplies needed:

- Four cardboard people cut-outs per child
- Marker pens
- Large drawing or photo of your church on butcher’s paper

Purpose: To help children see themselves as part of the church community.

Instructions for children: Use one cardboard person for each prompt:

1. Someone I can pray for at church.
2. Something I’m thankful for about my church.
3. A way I could help or serve others at church.
4. A way I can worship God at church.

After praying, stick your people onto the church picture.

Prayer prompt: “God, thank You for my church. Help me be part of loving others here.”

Option 4 - Compassion/People who are sick

Band-Aid prayers

Supplies needed:

- Church prayer list (people who are sick or struggling)
- Paper and pens
- Printed verse: (3 John 1:2)
- Band-Aids (optional visual symbol)

Purpose: To teach care, empathy, and encouragement.

Instructions for children:

1. Look at the list of people who need prayer.
2. Choose one or more people.
3. Pray quietly for their health, comfort, or strength.
4. Write or draw a short note of encouragement for them.
5. You may include the verse provided.

Scripture: "I pray that all goes well for you..."
(3 John 1:2)

Option 5 - Big Bud/Mentor/Important people in your life

Three-strand cord (Plait)

Supplies needed:

- Three ribbon strands per child (red, yellow, orange)

Purpose: To reflect on supportive relationships and God's presence.

Colour meaning (explain simply):

- Yellow = God
- Red = An important adult (Big Bud, parent, teacher)
- Orange = You

Instructions for children:

1. Plait the three ribbons together (with help if needed).
2. As you plait, think about:
 - How God helps you
 - Who God has placed in your life to support you
 - What you're thankful for
3. Pray silently as you work.

Scripture to display:

"A three-ply cord does not easily break."
(Ecclesiastes 4:12)

Leader reminder:

Some children will:

- Stay at one station the whole time
- Move quickly between stations
- Pray silently without "doing much"

All of these are okay. The goal is connection, not completion.

Recap + Reflect

LEARNING STYLES:

What + WOW!

Ask the group what stood out to them today or something that made them think WOW!

Recap:

Today we prayed about lots of different parts of our lives — our families, schools, church, community, and people we care about. There is no limit to what we can pray about, and there is no single right way to pray.

Memory verse:

Read together

Philippians 4:6-7 (CEV)

"Don't be anxious about anything; rather, bring up all of your requests to God in your prayers and petitions, along with giving thanks. Then the peace of God that exceeds all understanding will keep your hearts and minds safe in Christ Jesus."

Final questions to reflect:

- I wonder how this verse makes you feel?
- I wonder what you think it might be saying to you?

Close in prayer:

"God, thank You that we can talk to You about anything. Thank You that You listen and care about every part of our lives. Help us remember that prayer can happen anywhere, anytime, and in many different ways. Amen."

Notes + Follow up

FAITH IN ACTION

CREATIVE WAYS TO PRAY - PRAYER

We can pray anywhere and anytime we want - there are no strict guidelines on what prayer should look like. There are variety of ways to pray and connect with God to see what works best for you. This might also change depending on the situation or how you are feeling on a particular day. God just wants to spend time with you, anytime and anywhere.

At church:



You might like to talk to members of your church family or your Big Bud and see what ways they like to pray. You could also share some of the ways you enjoy .

LIVE IT OUT!

At home:

Maybe keep a list of the ways you like to pray and share them with your group the next time you meet.

Get creative:

Brainstorm some ways you could pray that you haven't tried before. Try out one new way this week.

Praying for my school

- Fold your strip of paper back and forth to make a concertina book.
- On each page, write or draw the name of someone from your school.

Teachers

Friends

Classmates

Someone who is lonely or bullied

- As you write each name, quietly talk to God about that person.

Prayer:

“God, please help the people at my school. Help them feel safe, loved, and cared for.” Amen

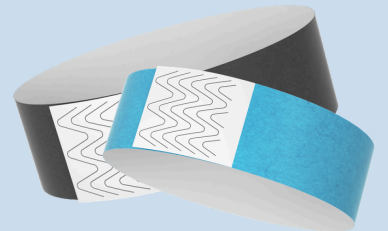


Praying for my family

Read the Bible verse below

“Write these commandments that I’ve given you today on your hearts. Get them inside of you and then get them inside your children. Talk about them wherever you are, sitting at home or walking in the street; talk about them from the time you get up in the morning to when you fall into bed at night.”

Deuteronomy 6:6-9 (MSG)



- **Choose 2 wristbands**
- **Use ONE wristband to draw or write things about your family you are thankful for.**
- **Use the OTHER wristband to draw or write things your family might need help with.**

Note: you might like to write things on the side no one can see.

- **Put the wristbands on loosely (so you can put them on and off easily). Every time you see it pray for your family.**



Praying for my Corps

Get 4 paper chain people and
write:

- First person: write one name of someone in your Corps.
- Second person: Something you are thankful for about in your Corps.
- Third Person: Write a way you could help serve in your Corps.
- Fourth Person: Write a way you can worship God in your Corps.



Praying for People who are sick

Look at the list of people who need prayer
Choose one or more people.

- Pray quietly for their health, comfort, or strength.
- Write their name on a bandaid and then stick the bandaid on so you remember to pray for them
- Write or draw a short note of encouragement for them.

You may include the verse provided.

“I pray that all goes well for you...”

3 John 1:2



Praying for special people in my life

Choose three ribbons, one red, orange and yellow.
Each of these colours has a meaning

Yellow = God

Red = Important adult in your life
(Big Bud/Prayer Pal, parent, teacher)

Orange = You

Plait the three ribbons together
(ask for help if needed).

As you plait, think about:

- How God helps you
- Who God has placed in your life to support you
- What you're thankful for

Pray silently as you work.

“A three-ply cord does not easily break.”

Ecclesiastes 4:12

