

HELPER

LEARNING OUTCOMES

Having completed this badge members will:

- Demonstrate how to correctly fold and store some clothes;
- Demonstrate how to tidy their bedroom;
- Be rewarded for actively helping at home and SAGALA.

BADGE REQUIREMENTS

1. Know how to store clothes tidily and how to sort dirty clothes from clean clothes.
2. Know how to tidy your bedroom.
3. Know how to dress yourself.
4. Make a list of ways you can help at home then choose at least 5 ways you can be a helper at home during the week.
5. Be a helper at Explorers/Moonbeams.

EXPLORERS
MOONBEAMS



TIME FRAME

Three weeks

AIM

To teach members how they can be productive members of the family and SAGALA group.





Teaching ideas



1. Know how to store clothes tidily and how to sort dirty clothes from clean clothes.

Dresses and some shirts/blouses go on hangers. Socks are rolled in pairs. Underclothes are folded and kept in a drawer.

Dirty clothes go straight into a dirty clothes basket or place.

Provide an assortment of clean and dirty clothes. Instruct members to look for stains and other dirty marks and to notice bad odours that indicate if clothes are clean or dirty. Provide a dirty clothes basket to store the dirty clothes.



2. Know how to tidy your bedroom.

Set the room up very untidily and ask members a) how to tidy it up and b) to work tidying it up. Consider doing this for every week of the badge to reinforce the need to keep a room tidy and how to tidy a room.



3. Know how to dress yourself.

Provide some dress up clothes for members to put on over their uniforms. Members should know how to tie shoe laces.



4. Make a list of ways you can help at home then choose at least five ways you can be a helper at home during the week.

Work with members to create a list. Provide a letter or note for parents/carers to complete indicating how their child helped during the week. School-age children should be capable of taking care of their own belongings, putting dirty clothes in the laundry basket, and picking up toys every night. Depending on their age, physical strength, and maturity, they also can be given more demanding tasks. Some ideas are:

- set the table for meals
- help with preparing meals, under supervision
- help put clean clothes into piles for each family member, ready to fold
- help with grocery shopping and putting away groceries
- hand you wet clothes to be hung out to dry
- water the garden and indoor plants
- take care of food and clean water for pets
- help carry garden refuse, under supervision
- clean bathroom sink
- wipe down kitchen benches
- dusting
- take out rubbish
- weeding, planting, and watering the garden
- washing the car
- carrying in firewood
- making their beds



5. Be a helper at Explorers/Moonbeams

Involve all members throughout the course of this badge as helpers at Explorers/Moonbeams. Assign members set tasks to do and praise them when they are completed.