

# youth games

## BALLOONS OVER + UNDER

### WORKS BEST

Icebreaker.

### NEEDS

2 blown up balloons.

### THE GAME

For this ice breaker you will need two blown up balloons. Divide the students into equal teams.

Each team must stand in a single file line with about a foot between each of them. Hand an inflated balloon to the first person on each time. When you say "GO," they must pass the balloon backwards over their heads to the team members behind them. That person then passes it under - through their legs - and they alternate over + under. Whichever team to get the balloon to the last person in line first wins.

### SOURCE

Jessica Poutawa