

youth games

ELBOW TAG

WORKS BEST

In a wide space.

NEEDS

No materials required.

THE GAME

Everyone splits off into two and finds a space within the play area. They then link arms. The youth leader picks a pair as volunteers! One member of the pair is IT and the other runs from IT. This works like a normal game of chasing except that the person who is running can grab the free arm of any person in any other pair at any point they like.

When they do this they become a part of the pair and the original member of the pair who was not grabbed must now run from IT and try and link up with another pair. If IT catches the victim, then the victim becomes IT and IT becomes the victim and must run and link up with another group.

SOURCE