

youth games

KNOBBY KNEES II

WORKS BEST

Minimum of 5 children.

NEEDS

A balloon already blown up for each team.

THE GAME

A relay ice breaker, you will need a balloon (previously blown up) for each team.

Simply have them clamp the balloon between their knees, run/waddle to the finish line, and race back to tag the next person on their team. First team finished wins.