# Junior Soldier Junior Soldier Renewal Day 2016



# Clean Hands - Pure Heart

PURPOSE: For the Junior Soldier to explore and understand that they can live a life of practical holiness and that their relationship with Jesus enables them to have 'clean hands and a pure heart.'

Who may ascend the mountain of the Lord?

Who may stand in His holy place?

The one who has clean hands and a pure heart.

Psalm 24:3-4 (New International Version)

# Consider and Prepare

#### Intro:

Junior Soldier Renewal Day is scheduled on the territorial calendar for **Sunday 19 June 2016**. Your corps may choose to celebrate on this day with a special worship service or include the renewal day segment on a different date or in another setting. The important thing is that all Junior Soldiers have an opportunity to renew their promise and be supported and encouraged by the wider Corps family in their discipleship journey.

#### Context:

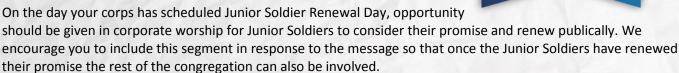
This year's theme is 'Clean Hands – Pure Heart' and the aim is to assist our Junior Soldiers as well as the wider congregation to recognise that their relationship with Jesus enables them to strive for a life of holiness and that it is possible to develop 'clean hands and a pure heart.'

The theme of 'clean hands – pure heart' comes from the section in the Junior Soldier Promise that states, 'To lead a life that is clean in thought, word and deed'. This part of the promise is not about doing 'good deeds' it is about living a life where our 'deeds are clean and pure.' We all need Jesus' help to live a life that is pure in every area.

This year we are using the Disney movie *FROZEN* and although there are obvious teaching themes within this movie such as the act of sacrifice and true love, the teaching will focus on the character, Prince Hans of the Southern Isles and centre on how things can go wrong when our motives are not pure.

Today we want to help children explore and understand the difference between 'good deeds' and 'deeds that are clean and pure.' We want them to understand that they can live a life of practical holiness and that their relationship with Jesus enables them to have 'clean hands and a pure heart.' We will spend time exploring strategies on how this can be achieved.

The Renewal Day notes include message outlines and other suggestions for a celebration service as the Junior Soldiers renew their promise and, possibly, where new Junior Soldiers can be enrolled. We have included family resources that will support the teaching and help reinforce it in a number of environments the Junior Soldiers interact in.





Below are the scriptures that will help us focus on this year's theme:

# Psalm 24:3-4 (THEME VERSE) (New International Version)

Who may ascend the mountain of the Lord? Who may stand in His holy place?

The one who has clean hands and a pure heart.

# 2 Timothy 2:20-22 (RENEWAL VERSE) (New International Reader's Version)

In a large house there are things made out of gold and silver. But there are also things made out of wood and clay. Some have special purposes. Others have common purposes. <sup>21</sup> Suppose someone stays away from what is common. Then the Master will be able to use them for special purposes. They will be made holy. They will be ready to do any good work.

Run away from the evil things that young people long for. Try hard to do what is right. Have faith, love and peace. Do these things together with those who call on the Lord from a pure heart.

# Mark 7:1-23 (MESSAGE/SERMON PASSAGE) Contemporary English Version (CEV)

Some Pharisees and several teachers of the Law of Moses from Jerusalem came and gathered around Jesus. They noticed that some of his disciples ate without first washing their hands. The Pharisees and many other Jewish people obey the teachings of their ancestors. They always wash their hands in the proper way before eating. None of them will eat anything they buy in the market until it is washed. They also follow a lot of other teachings, such as washing cups, pitchers, and bowls.

The Pharisees and teachers asked Jesus, "Why don't your disciples obey what our ancestors taught us to do? Why do they eat without washing their hands?"

Jesus replied: You are nothing but show-offs! The prophet Isaiah was right when he wrote that God had said, "All of you praise me with your words, but you never really think about me. It is useless for you to worship me, when you teach rules made up by humans." You disobey God's commands in order to obey what humans have taught. You are good at rejecting God's commands so that you can follow your own teachings!



Didn't Moses command you to respect your father and mother?
Didn't he tell you to put to death all who curse their parents?
But you let people get by without helping their parents when they should. You let them say that what they own has been offered to God. You won't let those people help their parents. And you ignore God's commands in order to follow your own teaching. You do a lot of other things that are just as bad.'

Jesus called the crowd together again and said, "Pay attention and try to understand what I mean. The food that you put into your mouth doesn't make you unclean and unfit to worship God. The bad words that come out of your mouth are what make you unclean."



After Jesus and his disciples had left the crowd and had gone into the house, they asked him what these sayings meant. He answered, "Don't you know what I am talking about by now? You surely know that the food you put into your mouth cannot make you unclean. It doesn't go into your heart, but into your stomach, and then out of your body." By saying this, Jesus meant that all foods were fit to eat.

Then Jesus said: What comes from your heart is what makes you unclean. Out of your heart come evil thoughts, vulgar deeds, stealing, murder, unfaithfulness in marriage, greed, meanness, deceit, indecency, envy, insults, pride, and foolishness. All of these come from your heart, and they are what make you unfit to worship God.

## Renewal Day Items

The Renewal Day items for 2016 include one item per child:

- One 'hand sanitiser' with the Junior Soldier logo and verse printed on the front.
- A Renewal Day card for the Junior Soldier (with space for the Junior Soldier and Big Bud to sign).
- A Renewal Day card for the Big Bud (with space for the Junior Soldier and Big Bud to sign).

These Renewal Day items are provided to the Junior Soldiers to help reinforce the message that they have explored on their renewal day beyond the church walls. These items along with the Home & Beyond section will help to continue the conversation after the service in a variety of places.

# Display/Setting the theme suggestions

Create a display that includes items that will be referred to during the service. The movie *Frozen* is being featured so a display of *Frozen* picture/posters/items would be fitting. Soap, soap on tap, wash basins and towels would also add to the display. The red cardboard love hearts that will be used during the Message/Sermon could also be displayed.

## Options to create your service

In these notes we have provided you with a children's story/interactive message to introduce the theme, some prayer ideas, a sermon outline, details for the renewal segment and some 'Home & Beyond' suggestions. You might like to choose from these suggestions or use them all. We have placed the suggestions in order of where we might place them in the meeting, including the renewal segment as a response to the message, not only for the Junior Soldiers but for the whole congregation to be involved in and have an opportunity to respond to.

#### Introduction to the theme

For this activity you will need:

- A copy of Frozen DVD (see note on licencing below)
- Princess Anna and Princess Elsa costumes (borrow)

To introduce the theme of clean hands – pure heart at the beginning of the meeting it is suggested that you play an introduction clip from the Disney movie Frozen.

You may wish to investigate whether any children in your Corps have Princess Elsa and Princess Anna costumes that are willing to wear them and show the congregation during the service.



To show this DVD in whole or part in your corps building you must have a current Big Studio Licence. Details for purchasing an annual licence to view any Disney (and some other major movie houses) can be found here <a href="https://www.movieschangepeople.com/bigstudio">www.movieschangepeople.com/bigstudio</a>

A suitable alternative for Corps is to view the official *Frozen* movie trailer that can be found on YouTube, there are two Disney Studio versions that can be viewed:

- 1. https://www.youtube.com/watch?v=TbQm5doF\_Uc (2 minutes, 34 seconds)
- 2. https://www.youtube.com/watch?v=he7UEvHjqdk (1 minute, 14 seconds includes "Let it Go" song)

If you have the proper licence in place you may use the following clips:

Play the following clip:

Introducing Prince Hans of the Southern Isles (time during movie 16:18 to 17:47)

'Wow, isn't Prince Hans of the Southern Isles lovely. He appears so charming and nice.'

I wonder how many of you have seen the movie Frozen.

At this stage introduce the two children in their costumes to the congregation.

'For those who haven't seen it let me tell you a little something about it.'

'The movie is about two sisters, Elsa and Anna who are both princesses of the town Arendelle. Their parents died when the girls are young when a ship sinks in the ocean carrying the parents. Elsa has special powers of turning things into ice and she has been able to keep her powers a secret from her sister Anna. When they are older, Elsa is crowned Queen and Anna announces to her that she and Prince Hans (who she has just met) have fallen in love and wish to get married. Elsa is not happy and loses control of her powers at the coronation where she turns the town of Arendelle into winter forever by accident. Elsa flees in fear into the forest and it is Anna's job to bring her back to stop the eternal winter but not without snowmen and lots of singing throughout the movie.'

'Today we are concentrating on the character in the movie Prince Hans from the Southern Isles. As we explore the section in the Junior Soldier promise that states, 'To lead a life that is clean in thought, word and deed', we will find out how Prince Hans handles leading a life that is clean in thought, word and deed. So let's get started.'

# Children's story/ Interactive message/ illustrations...

Below is the outline for an interactive message. It is important for the children to stay sitting amongst the congregation so that all are engaging together, you might like to encourage the younger children to sit up on their parent's knee if they cannot see during this time.

#### For this activity you will need:

- A copy of Frozen DVD (see note on licencing below )
- Blanket
- Tinned soup

#### Say:

'Let's watch some more of the movie to get to know Prince Hans a little bit more.' (Apologise to anyone who hasn't seen the movie for the spoiler alert.)

(If you don't have access to playing the DVD you need to set the scene verbally. The dot points below will help you set the scene.)

To show this DVD in whole or part in your corps building you must have a current Big Studio Licence. Details for purchasing an annual licence to view any Disney (and some other major movie houses) can be found here <a href="https://www.movieschangepeople.com/bigstudio">www.movieschangepeople.com/bigstudio</a>

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If you have the proper licence in place you may show the following clips (this will take approx. 7 minutes but important to show each clip).

#### CLIP 1

 Hans and Anna falling in love - play the song "Love is an Open Door" (22:43 to 24:34)

Comment on how nice it is that Hans and Anna have found each other and fallen in love.

#### CLIP 2

• Anna leaves Hans in charge of the town Arendelle while she goes and finds her sister, Elsa. (28:20 to 29:28) Comment on how Anna must have truly trusted Hans to leave him in charge of Arendelle while both her and Elsa and away.

#### CLIP 3

• Hans being nice to people in the town - handing our blankets and offering soup. (47:29 to 48: 34)

Comment on how Prince Hans is so lovely and kind looking after the people of Arendelle and doing all these amazing good deeds - handing our blankets and offering soup to help with the cold.

#### CLIP 4

• Hans finding Elsa. (106:44 to 107:02 then 108:23 to 109:11) Comment on what a hero Prince Hans is finding Elsa.



#### CLIP 5

Hans realising what he could have, turns nasty and betrays Anna.
 (111:51 to 113:48)

#### **SCRIPT:**

'Oh my, what has gone wrong with Hans? This isn't how he is supposed to act. He was meant to be the hero of the movie but he has ended up being the villain of the movie. I wonder what went wrong.'

What do you think went wrong?

(While you say this next sentence, hold up a blanket and a tin of soup.)
'You see Hans motives were not pure. He appeared kind to Anna and Elsa
and to the people of Arendelle, especially giving out the blankets and soup while they were freezing but he did not
have a pure heart.'

> I wonder what it means to not have a pure heart.

'Prince Hans did good deeds but he didn't live a life that is 'clean in deed.'

'Let's look at the word 'deed.' The word deed means something that is done, performed or carried out. It is our actions, activities, it is the way we conduct ourselves, the way we act.'

'I guess you have all heard of doing a 'good deed.'

- I wonder if anyone can tell me what it means to do a 'good deed.' (A kind act or action).
- I wonder if you can give some examples of what a good deed would look like. (Cooking a meal for a sick person, taking a neighbour's dog for a walk, helping someone with their homework etc.)
- What do you think this statement means 'everyday deeds in our life'? Can anyone give me an example? (Things that we do every day such as playing and hanging with our friends, going to parties, playingsport etc.) It is the way we live our life and we want to make sure we are doing these deeds with the right attitude – with a pure heart.
- > I wonder if you see a difference in 'good deeds' and 'leading a life that is clean in deed.'

'It is the thought process behind the deed. Everyone can do 'good deeds' but it is more important that our everyday deeds and actions need to come from a pure and clean heart. Our everyday actions in our life and the way we live our life need to be clean and pure. Our actions need to be driven from a pure heart. In the final moments of the movie Frozen, things started going wrong for Prince Hans because his motives behind his actions were not pure. His heart was not clean and pure which reflected in his actions.'

'Today we are going to explore how we can prevent this happening to us.'

# Message/Sermon

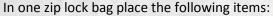
#### Sermon purpose...

For the congregation to explore and understand that God wants to make our life clean and pure so that he can use us for all sorts of amazing tasks and adventures in our lives.



#### For the message you will need:

- Chocolate pudding/custard
- Soap
- Basin of water
- Wash cloth
- Towel
- Two large red hearts made out of cardboard.
- Two large zip lock bags.
- Stethoscope to hear into the cardboard hearts (toy or real and borrow from a nurse in your Corps)
- Loud banging and crashing noise (this will be needed when the stethoscope is placed near the bad heart).
- Relaxing quiet calm Christian music (this will be needed when the stethoscope is placed near the good heart).



- To represent the Bible (God's word) place the following scripture verse in the heart. Philippians 4:8 (NIRV) 'Finally, my brothers and sisters, always think about what is true. Think about what is noble, right and pure. Think about what is lovely and worthy of respect. If anything is excellent or worthy of praise, think about those kinds of things.'
- A picture of Jesus
- Printed words 'The Holy Spirit'

Attach the zip lock bag to the red cardboard love heart – this will be the 'clean and pure' heart.

In the other zip lock bag place the following printed words:

- Lying
- Cheating
- Bullying
- Dishonesty
- Stealing
- Disobeying
- Bad thoughts
- Jealousy and Envy
- You may wish to add more words

Attach this zip lock bag into the other red cardboard love heart - this will be the 'bad' heart.

#### **SCRIPT:**

'We have explored today the difference between good deeds and deeds/acts that are clean and pure. So let's now explore delve into some ways that can help us accomplish holiness, clean hands – pure heart.'

'In the time when Jesus was on earth, the people of Israel had very strict rules about cleanliness. When they came home from the local market, they had to wash all their food before eating it. If they went to visit a sick friend or went to a funeral, they were considered "unclean" and had to take many baths to become clean again. They also had to wash everything like all the plates and cups, sometimes before and after they used them. The average person had a hard time keeping up with all the rules but the religious leaders insisted that they follow the rules.'



'One day, some of these religious leaders followed Jesus and his friends (the disciples) as Jesus went around the countryside teaching about the Kingdom of God. When it was time to eat, the religious leaders were upset because the disciples (the friends of Jesus) didn't follow all the rules about washing their hands. The actions of the religious leaders upset Jesus!'

'In Mark 7:14-15 it says, Jesus called the crowd together again and said, "Pay attention and try to understand what I mean. The food that you put into your mouth doesn't make you unclean and unfit to worship God. The bad words that come out of your mouth are what make you unclean."



What could Jesus possibly mean?

(Ask for a child volunteer to come up and help you - you may wish to pre arrange one of the kids before the service.)

'I have here a few items that will help me show what having 'clean hands' really means. (Show the chocolate pudding, the soap, wash cloth, basin of water and towel.)

'See (name of volunteer) hands? (Show their hands to the congregation.) They look pretty clean don't they? However, if you looked at them under a microscope, you would probably see lots of germs. Putting germs in your body is bad—they can make you sick but Jesus says that it isn't things outside your body that make you 'unclean', it is what comes out! Let me show you something.'

(Smear the chocolate pudding on one hand of the volunteer and let everyone see how dirty their hand is.)

'This looks pretty dirty, doesn't it? (Name of volunteer) skin isn't clean anymore! Even though their hand is pretty dirty, he/she is not unclean. Why? Because Jesus said it's not what gets on us that makes us unclean, it is what comes out of us.'

(Show the congregation the bad heart.)

I wonder what a heart that is full of unclean things sounds like. (Place the stethoscope up to the bad heart and arrange for the sound desk or a band member to play the loud crashing and banging noise).

'My goodness, what is in this heart?'

(Start taking items out of the bad heart and reading the words out loud.)

'These are the types of things in our heart that make us unclean and impure and when these things live in our heart they start to affect how we think and they will start to manifest (turn) our thoughts into unclean and impure deeds and actions. What's in our heart eventually comes out in our actions/deeds.'

Do you think people can see in your heart?

'People can't see in your heart and they think your motives are pure and clean until you do something that makes them think otherwise.'

I am curious; do you think God can see into your heart? (Yes)

'God can see even the tiniest amount of dirt in us, even if others can't see it. The good news is God loves us and He wants to help us live a pure life. One that pleases Him. Who's ready to give that a try?'

(Use the soap, water and cloth to clean up the hands of your volunteer.)

'Just like I was able to clean up (volunteer's name) hands. We can clean our hearts too.'

I wonder how we can do this.

(Pull out the good heart.)

'First let's listen to what a 'good' heart could sound like.'

(Place the stethoscope up to the 'good' heart and arrange for the sound desk to play the relaxing, quiet and calm Christian music).

'Ah, that is much better. I wonder what is in this heart.'

#### (Take out the scripture verse)

'Here we have a verse of scripture. The verse represents God's word that is in the Bible. If we fill our hearts with God's word this can help us become clean, pure and holy. This particular verse from Philippians 4:8 says, 'Finally, my brothers and sisters always think about what is true. Think about what is noble, right and pure. Think about what is lovely and worthy of respect. If anything is excellent or worthy of praise, think about those kinds of things.'

THE SALVATION PRIMITY

This verse emphasises that we need to fill our hearts and minds with lovely thoughts. There are many verses in the Bible that can help us become 'clean, pure and holy.'

#### (Take out the picture of Jesus)

'Here is a picture of Jesus, isn't he handsome! When we have Jesus living in our lives and hearts we can develop characteristic of Jesus. It says in the Philippians 2:5 in the Bible, 'As you deal with one another, you should think and act as Jesus did.' (NIRV) We need to strive for this and as we achieve this our hearts will become 'clean, pure and holy.'

#### (Take out the words 'The Holy Spirt')

'Next we have the 'Holy Spirit.' When the Holy Spirit lives in our hearts the Holy Spirit offers us certain qualities that we can live by. They are called the 'fruit of the Spirit.' These fruits are listed in Galatians 5: 22-23, it says, 'God's Spirit makes us loving, happy, peaceful, patient, kind, good, faithful, gentle, and self-controlled. There is no law against behaving in any of these ways.' If we live striving to develop the fruit of the Spirit in our hearts we can become 'clean, pure and holy.'

So here are three things that can help us live a life that is clean in thought, word and deed. The scriptures, Jesus and the Holy Spirit can help our deeds and actions be clean and pure.

We are just going to pause for a moment and ask God to forgive us of all the things that make us unclean and ask the Holy Spirit to come in and help make us clean and pure.

## Prayer Suggestion

#### For the prayer segment you will need:

- Love heart shaped sticky notes (can purchase from Kmart in coloured blocks for approx. \$1.00).
- Sharpies or textas

Think of an act or action that you may do in your life that isn't pure or clean.

Give some examples such as bullying, teasing a friend or sister/brother, not keeping a promise, telling a lie, etc.

It is important that we acknowledge that sometimes our deeds or actions do not come from a pure and clean heart.

(Enlist a couple of Junior Soldier's to hand out the sticky notes and textas.)

Encourage the congregation to write their deed/action down on a sticky note and to just place it by their feet.

Ask the congregation to quietly pray in their hearts asking God to forgive them for and to help them with the particular deed/action that they have acknowledged.

Have someone finish this segment in prayer for the whole congregation.

## Renewal Segment

#### For this segment you will need:

- Renewal Day item (hand sanitiser)
- Renewal Day cards for both the Junior Soldier and the Big Bud.
- The Junior Soldier promise on a power point slide.
- Pens

It would be good to have the promise on a PowerPoint slide. Have one or all of the Junior Soldiers read/say the promise together before signing their renewal cards.

Invite the Junior Soldier and the Big Bud to come up and sign their cards together and while they are completing this provide the song Refiner's Fire

(Purify My Heart), song 517 (new Salvation Army songbook) or the music is available in the CRC books. Have the words up on the screen as it is being played and encourage the congregation to sing.

Once the Junior Soldiers and Big Buds have finished signing their cards and have taken their seats read the following scripture from 2 Timothy 2:20-22.

In a large house there are things made out of gold and silver. But there are also things made out of wood and clay. Some have special purposes. Others have common purposes. Suppose someone stays away from what is common. Then the Master will be able to use them for special purposes. They will be made holy. They will be ready to do any good work. Run away from the evil things that young people long for. Try hard to do what is right. Have faith, love and peace. Do these things together with those who call on the Lord from a pure heart.

- I wonder if you can think of some things in your house that are used for 'special occasions' and some that are using for 'everyday' use, such as the best dinner sets and cutlery.
- I wonder if the 'good stuff' gets brought out when you have visitors or there is a special celebration in the family, like a birthday or anniversary. These items have a special job to do on these occasions by making the event feel a little more special.

'When Paul was talking to Timothy, he was like his Big Bud. He was trying to encourage Timothy to 'grow up' in his Christian faith. He was trying to explain how God wanted him to be pure and holy. He described holiness as being set apart to be used for a special purpose – for a special job.'

I wonder if you think God may be calling you to do a special kind of job for him.

'The verse we read from 2 Timothy talked about that in a large house there are things made out of gold and silver. But there are also things made out of wood and clay. Some have special purposes. Others have common purposes. Suppose someone stays away from what is common. Then the Master will be able to use them for special purposes. They will be made holy. They will be ready to do any good work. Run away from the evil things that young people long for. Try hard to do what is right. Have faith, love and peace. Do these things together with those who call on the Lord from a pure heart.'

'God wants to make our lives clean, pure and holy so that he can use us for all sorts of amazing tasks and adventures in our life.'



The song that we sang before says (or use the song that you have chosen)

#### Purify my heart,

Let me be as gold and precious silver. Purify my heart, Let me be as gold, pure gold.

Refiner's fire, My heart's one desire is to be holy, Set apart for you, Lord. I choose to be holy, Set apart for you, my Master, Ready to do your will.

Purify my heart,
Cleanse me from within and make me holy.
Purify my heart,
Cleanse me from my sin, deep within.



Challenge the congregation if they are ready to be set apart for the Master and are ready to do His will? Are they ready for God to use them for all sorts of tasks and adventures in their lives? Make the offer for anyone to come and kneel at the holiness table if they have been challenged today.

'As a reminder today that what and who is in our heart influences how we live a life that is clean in thought, word and deed we are giving all the Junior Soldiers a 'hand sanitiser' with the verse printed on the bottle from Psalm 24:3-4.'

Who may ascend the mountain of the Lord? Who may stand in His holy place? The one who has clean hands and a pure heart.

'Place it somewhere where you can see it and be reminded of the resource we have on hand to help us live a clean, pure and holy life. Then God can use us for all sorts of amazing tasks and adventure in our lives.'

Pray, as a congregation, for not only the Junior Soldiers but everyone in the congregation to rely on the scriptures, Jesus and the Holy Spirit to love a clean, pure and holy life.

# Sending out/Benediction

Most of the children will know the tune to the theme song from the movie *FROZEN*, "Let it Go", expressing their intentions to go out with the spirit's power to help them to live a life of purity. Sing the chorus of the song together (with changed words) as the Benediction.

Let it grow, let it grow.
Let the love of Jesus grow,
Let it flow, let it flow,
Let the spirit's power flow,
Here I stand, and every day,
I will do clean deeds...
The devil never bothered me anyway!

## Home & Beyond

Supporting and growing our Junior Soldiers beyond the church environment is really important. This section helps to provide some activities that will help to continue the conversation about temptation and the tools that are available to each of us when we find ourselves in these situations. Please encourage your children and families to participate in one of the activities below and continue the discipling process.

#### **Hand Sanitiser**

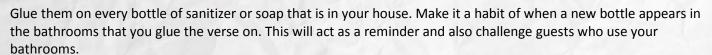
Print out several copies of the verse:

Psalm 24:3-4

Who may ascend the mountain of the Lord?

Who may stand in His holy place?

The one who has clean hands and a pure heart.



#### 'Good Plates' verse 'Everyday Plates'

This week ask one of your parents if you can use the "good plates" for one of your meals. As you eat an evening meal from your best crockery, discuss how God wants to use us for special jobs and purposes.



